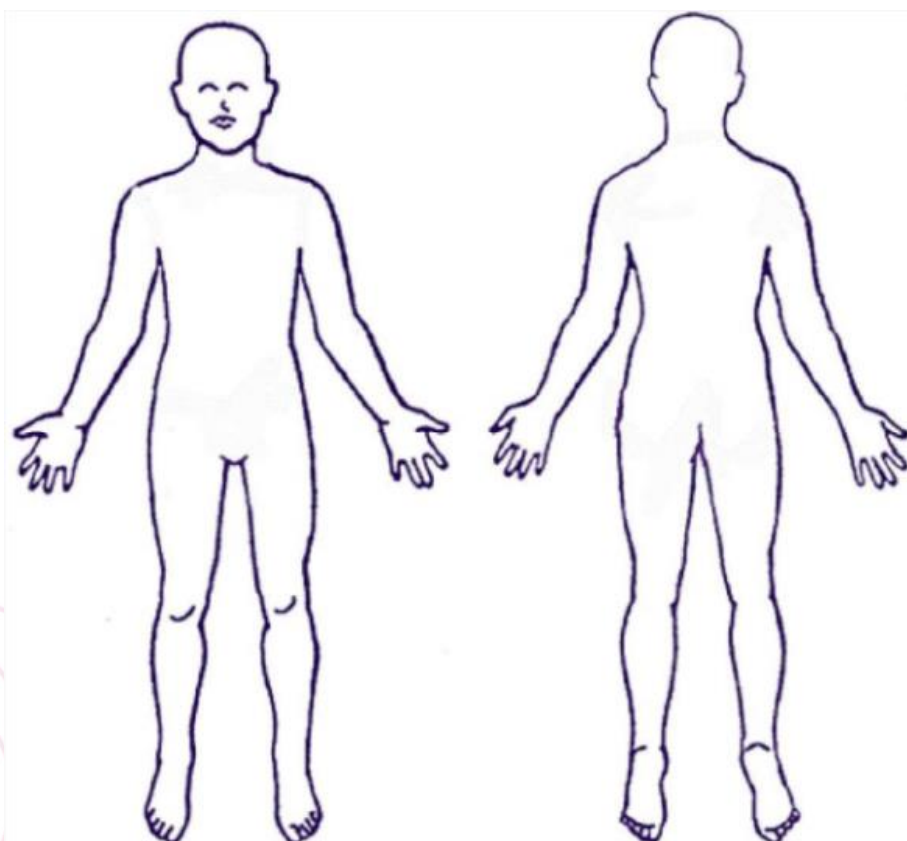


Casualty Monitoring Sheet – **Pass to Expedition Lead**

Section 1 - Incident and Casualty details

Date	Time	Location
Name (of injured party)	Address	
Phone no		
ICE name (In Case of Emergency)	Ice Relation	Ice Number
History of incident/event		
Name of First Aider	Contact number	Instructor Name (if different)

Indicate injury site on diagram and any comments



Section 2 – Casualty Monitoring

- Ask what happened
- How are you feeling?
- Do you mind if we have a look?
- I've got a monitoring card that will remind me to ask for some important information, do you mind if I use it?

Letter	Information	Question to ask	Casualty reply
S	Signs Symptoms	Do you mind if I make a record? How are you feeling? Can we look at the injury?	
A	Allergies Age	Is this the first time this has occurred?	
M	Medication	Have you recently taken any medication?	
P	Past History	When did you last visit the doctor or hospital?	
L	Last meal	What have you eaten recently?	
E	Events	What happened?	

Any other comments:

	Time (24hr):						
Pulse	Rate (per min)						
	Character						
Pulse character can be described as Strong (S), Weak (W), Bounding (B), Regular (R), Irregular (I)							
Breathing	Rate (per min)						
	Character						
Breathing character can be described as Regular (R), Deep (D), Shallow (S), Wheezy (W), Bubbly (B), Noisy (N)							
Temperature							
Observations can be described as Warm/Dry (WD) – Hot/Wet (HW) – Hot/Dry (HD) – Cold/Wet (CW) – Cold/Dry (CD)							
Colour							
Consciousness	AVPU						
Levels of consciousness can be described as Alert (A), Voice (V), Pain (P), Unresponsive (U)							