

Smoking related illnesses – for the person who smokes.

Below are some examples of smoking related illnesses for the actual smoker. This list is not exhaustive and pupils may come up with others that are not listed.

Lung diseases including COPD (chronic obstructive pulmonary disease)

This has the effect of not being able to breath easily and sometimes needing an oxygen tank.

Tooth decay

Smoking can affect gums and teeth

Heart disease

People who smoke are more at risk of having a heart attack

Stroke

People who smoke are more likely to suffer from a stroke

Cancer

Many cancers, including lung cancer, are strongly related to being a smoker