

How might Ben be affected by the secondhand smoke in this room?

How will the smoke affect his hair and clothes?

- His clothes and hair will smell of smoke, even when they have been washed.
- The harmful chemicals from the cigarettes will cling to his clothes and he will breathe some in.

How will the smoke affect his heart and lungs?

- He will have coughs and colds more often.
- He might get asthma.
- He will breathe in lots of dangerous chemicals.
- He might get more chest infections.

How does seeing his parents smoking affect what he thinks about cigarettes?

- He may think all adults smoke.
- He may worry about them and their health.
- He may be tempted to try smoking if he sees cigarettes around the house.
- He is more likely to smoke himself as he looks up to his parents.
- He might think that smoking relaxes people, but it doesn't.

How else might he be affected?

- He will not be able to smell things as well as other children can.
- He might get more ear infections and be ill more often.
- When he grows up he might be more likely to get more serious illnesses (such as cancers).
- Other people might find that he smells of cigarettes and this could bother him.
- Smoking in the home increases the risk of a house fire. Never play with matches or lighters.

