

# College Insight Activity

## Insight Activity To Influence College Policy

This task should be undertaken informally, by a small group of students during the college day. It may fit as an activity for a Health and Social Care Course or an Extended Project Qualification.

The purpose of the task is for students to speak to their peers to find out what they think and feel about smoking in college. This information can then be presented to the senior staff at college for consideration. It may influence the policy and identify any areas that may need addressing through tutor sessions/education.

Students should speak to a mixture of smokers and non-smokers in all year groups to gain their views. The students should take care not to ask leading questions or to try and influence opinions of those they speak to.

This is purely an information gathering exercise.

They should make notes and then try to summarise the opinions of students.

### Areas to ask about:

- What do you think about the number of students who smoke on site?
- Do you think it is ok for students to smoke on site?
- Did you smoke before you attended college?
- What was it that got you into smoking at college?
- Do you find that the teachers ever smoke with students?
- How do you afford to smoke?
- What do you think about vaping?
- Do you smoke cannabis ever?
- Do you know much about the effects of cannabis?
- How many do you smoke a day?
- If you only smoke one cigarette a day, would you class yourself as a smoker?
- What would you say to the senior staff about smoking?
- What changes do you think they could make to reduce the number of smoke?