

**Voices** 

People with Living  
Experience of Suicide

**JOIN US**



**Hampshire**  
County Council



ISLE of  
**WIGHT**  
COUNCIL



**Portsmouth**  
CITY COUNCIL



**SOUTHAMPTON**  
CITY COUNCIL

# Join us and make a difference

We have all been affected by suicide, we understand how it changes lives forever.

We welcome anyone who has experience of suicide to broaden our influence and strengthen our voice. We exist to make a difference and to create change, no matter how small, which can improve the environment for those impacted by suicide.

If this is you and you have a desire to make things better, then we'd love to hear from you.

We all find value in the purpose that being a representative of Voices gives us. Other benefits of joining us include:

- autonomy to work on the things that matter most to you
- advice and guidance from a peer community
- direct link to and facilitation by Hampshire County Council



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Voices is a powerful force for change and hope. It also supports my ongoing healing and understanding that I can apply to other areas of work in suicide prevention, postvention and bereavement support.

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**ELLIE HATTO, VOICES REPRESENTATIVE**

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As a founding member of Voices I'm proud of the work we've done, helping to make changes and contributions to local suicide prevention and bereavement initiatives.

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**LIZ SLINN, 1953 – 2023  
VOICES FOUNDING REPRESENTATIVE**

We look forward to the growing influence of the group and to supporting and welcoming future representatives.

# Q&A

## What is the key remit for a Voices Representative?

We welcome and support new people into the group. New representatives must be 18+ years of age, have been impacted by suicide, suicidal thinking or suicide behaviour, be willing to participate in work programmes and be committed to fulfilling the mission of Voices.

## Are you a voluntary organisation?

Yes - we are non-profit driven. Voices representatives will be paid an allowance for participating in meetings which have been agreed as being in line with Voices work

## How do you operate?

We meet monthly online and liaise closely with Public Health across the Hampshire, Isle of Wight, Portsmouth and Southampton (HIPS) area, and the Suicide Prevention Integrated Care System (ICS). We jointly agree work programmes and ensure these represent our aims and objectives.

## How do we work together?

We support each other, listen and learn from one another, and work with respect, confidentiality and empathy in a warm, welcoming, safe and inclusive environment. We use a mix of online and face-to-face contact.

## Is training provided?

New and existing representatives will be offered training and development opportunities as agreed by Voices in partnership with the ICS, and participation in these opportunities is encouraged.

## What is the time commitment?

Representatives can commit to a programme of work which balances with their life and skill set.

## How do I find out more?

Please get in touch with our Voices Co-ordinator at [public.health@hants.gov.uk](mailto:public.health@hants.gov.uk) who will answer any further questions.

Contact Voices

[public.health@hants.gov.uk](mailto:public.health@hants.gov.uk)

