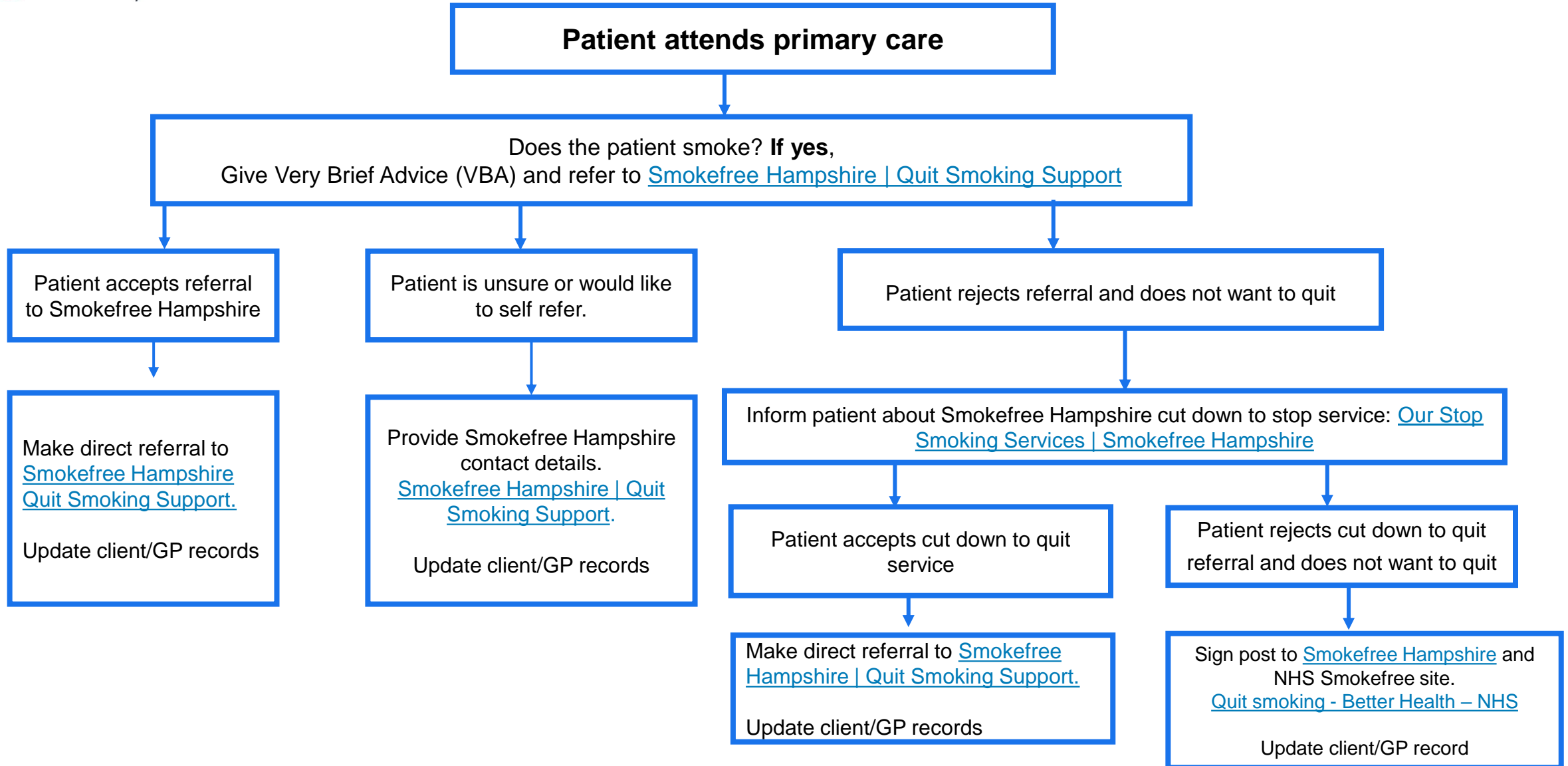


# Hampshire Stop Smoking Service: Primary care pathway

People who want to quit smoking have a higher chance of quitting with specialist stop smoking support. [Smokefree Hampshire](#) provides tailored specialist support for people aged 12 and over who live or work in Hampshire.



## Referral outcomes

Patient accepts referral to [Smokefree Hampshire](#)

Patient receives support to quit smoking from [Smokefree Hampshire](#) who will inform GP of outcome for patient records to be updated

Patient is unsure and would like to self refer.

Patient self-refers to [Smokefree Hampshire](#) and receives support through their services. [Smokefree Hampshire](#) will notify the patient's GP of the outcome for patient record to be updated

Patient rejects smoking cessation/cut down to quit referral

Give information leaflet for [Smokefree Hampshire](#) and signpost to [NHS smokefree](#) site. Advise patient to update their GP or if patient consents, inform GP of outcome for patient record to be updated

# How to refer to Smokefree Hampshire

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## For health and social care professionals

- Make a secure **professional referral online** here [Smokefree Hampshire](#) (*press Ctrl and click for hyperlink*)
- Alternatively **use EMIS or SystemOne**, under *Smoking referral*, if available
- **Contact numbers:** Telephone 01264 563039 or 0800 772 3649
- **Email address:** [tt1.smokefreehampshire@nhs.net](mailto:tt1.smokefreehampshire@nhs.net)

## For patients (self-referrals)

- Patients can visit [Smokefree Hampshire | Quit Smoking Support](#) to self-refer
- **Contact numbers:** 01264 563039 or 0800 772 3649
- **Text** 'Quit' to 80011
- Signpost to additional support at [NHS Smokefree](#) (*press Ctrl and click for hyperlink*)

## Further resources for practitioners:

- For other training options including VBA and level 2 training, please contact Smokefree Hampshire, contact details above.
- Online training in Very Brief Advice (VBA) is available online from National Centre for Smoking Cessation Training (NCSCT) [www.ncsct.co.uk](http://www.ncsct.co.uk)