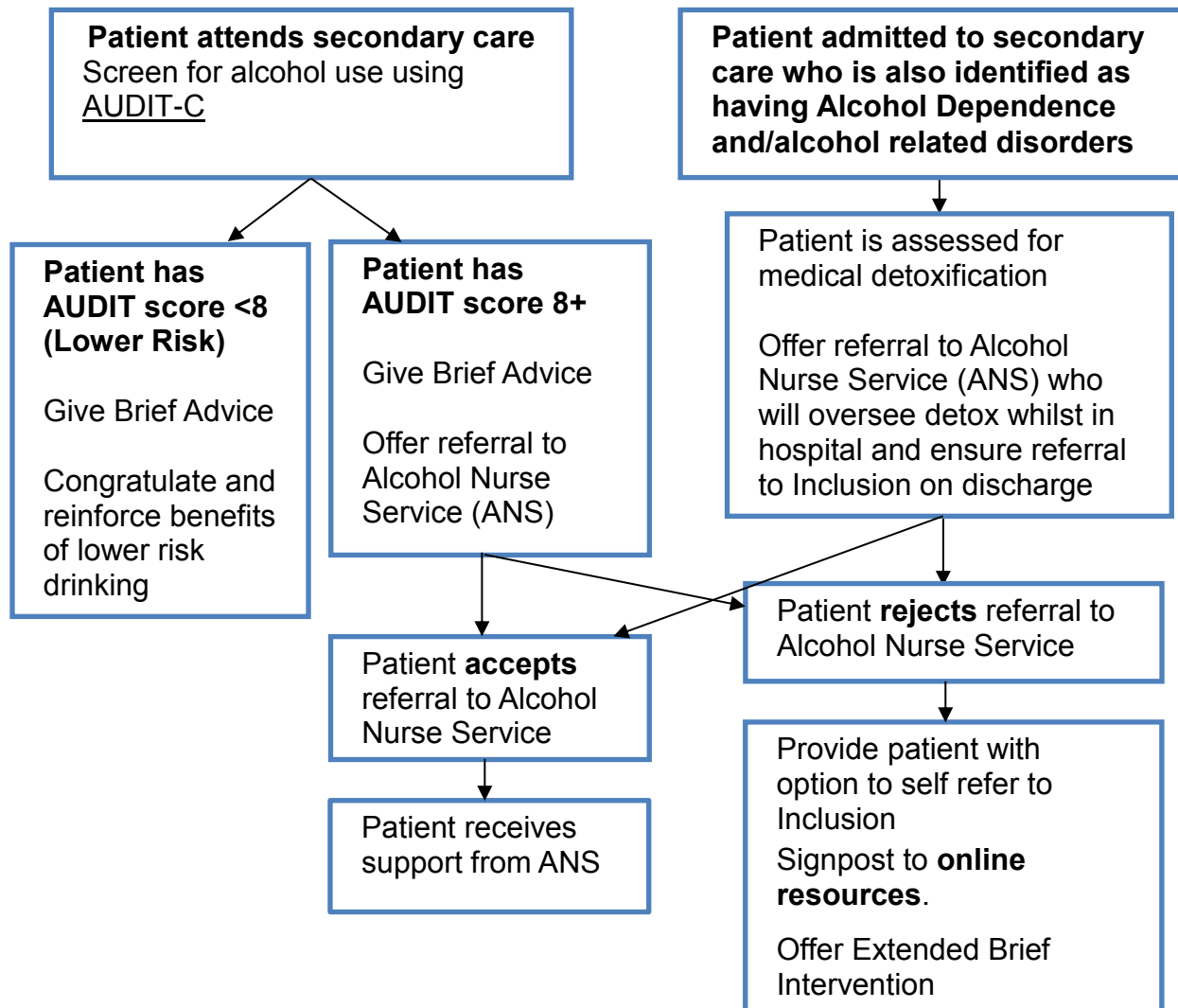


Alcohol services for Hampshire residents

Secondary care pathway

The most effective treatment for higher risk drinkers is specialist support



- Patients in hospital can be referred to the Alcohol Specialist Nurse Service
 - Royal County Hospital – Tel: 01962 825944
 - Basingstoke and North Hampshire Hospital – Tel: 01256 313518
 - Frimley Park Hospital
 - » ED - 01252 649208 (Internal number 3208)
 - » Wards - 01252 64209 (Internal number 3209)
 - Southampton General Hospital – Tel: 02381 205721
 - Queen Alexandra Hospital – Tel: 02392 286000 Ext: 5403
- Patients can also self refer to Inclusion Recovery Hampshire

Tel: 0300 124 0103

Email: Inclusionhants@sssft.nhs.uk

How to refer

- GPs can refer directly to Inclusion Recovery Hampshire
Patients can also self-refer:

Email: Inclusionhants@sssft.nhs.uk

Tel: 0300 124 0103

Self help resources

- Breaking Free Online (GPs can give the patient an access code)
www.breakingfreeonline.com
- NHS Choices www.nhs.uk/Livewell/alcohol/Pages/Alcoholhome.aspx
- Change4Life Choose Less Booze www.nhs.uk/Change4Life/Pages/drink-less-alcohol.aspx

Resources for practitioners

- Download AUDIT-C from www.alcohollearningcentre.org.uk
- E-learning module in Alcohol Identification and Brief Advice is available from Public Health England:
www.alcohollearningcentre.org.uk/eLearning/IBA/