

HAMPSHIRE JSNA SPOTLIGHT

Neighbourhood Health

Why is this important for our population?

Where we live, work, and the opportunities available to us play a vital role in shaping health and wellbeing. In Hampshire, **healthy life expectancy differs by up to nine years** between the most and least deprived areas. Health outcomes are closely linked to wider social and environmental factors: **13% of working age people report their health as not good, and anxiety, depression and low back pain cause the most ill health.** Access to opportunities for good health can be challenging, particularly in rural and deprived communities. 291,000 people live in a rural area and 75,300 people live in areas which fall within the 20% most deprived. **94% of rural areas are among the most deprived for housing and services access. People living in deprived areas are four times more likely to not work due to sickness or disability.** Taking a neighbourhood-focused approach that addresses both local services and the wider determinants of health is essential to helping communities live well and thrive.

Neighbourhood health is July's spotlight topic as there is a growing focus on neighbourhood health to help people stay well in their communities and reduce the need for hospital care. Health and Wellbeing Boards are working with partners to define local neighbourhoods and understand their needs, guided by the 10 Year Health Plan and Neighbourhood Health Framework.



What is happening in Hampshire?

Neighbourhood working is already happening. Public Health are working with NHS, local authorities, voluntary sector and community groups to develop ways of working to improve health for all our neighbourhoods. Local programmes include [Hampshire FFP](#), [Pride in Place Rowner](#), [Pride in Place Havant](#), [Pride in Place programme Rushmoor](#), [Get Hampshire Working](#), [SE NHS England – local accelerator program in Gosport](#)

Where can I learn more?

Visit our JSNA reports to explore more about health and wellbeing in our communities. The [JSNA data glossary](#) can help guide you to explore different topics. National reports [10 Year Health Plan](#), [Neighbourhood Health Framework](#).

If you have a question and would like to get in touch with Hampshire's Public Health Intelligence Team, you can use the QR code or email PHIT@hants.gov.uk

