

# Inclusion Health Groups : Isle of Wight

Inclusion Health is a 'catch all' term used to describe people who are socially excluded. People in inclusion health groups frequently experience multiple and complex health issues. All information is taken from the 2023 JSNA Inclusion Health Groups Report.

National data = dark blue  
Hampshire & IOW data = light blue  
IOW data = orange

In maps, darker colours indicate a higher count

## Coastal communities

Built up areas within 500m of high tide

- High deprivation
- Higher rates of physical and mental health issues
- Lower life expectancy, healthy life expectancy and disability-free life expectancy

**0** Left Behind Neighbourhoods

● = coastal communities

## People in contact with the justice system

Association between youth crime, school absence and low educational attainment

**1** 14.1% of prisoners are in crowded conditions

Prison (in Newport) 4.1 children per 1,000 enter the Youth Justice System

- High rates of common and severe mental illness and self harm
- TB and Hep C are common in prison
- Vulnerable to homelessness upon release
- High rates of smoking and substance misuse

Most common in 30 - 39 year olds for men

## Gypsy, Roma and Irish Traveller community

All three are ethnic minority groups

12% aged <25

143 people on the Isle of Wight

- High smoking rates
- High maternal and infant mortality
- High rates of physical and mental health issues
- More likely to only access healthcare at point of emergency

## People with drug and/or alcohol dependency

1.44% of adults have alcohol dependency

Successful completion of treatment is higher in non-opiate users

- Higher rates of mental and physical health issues, such as liver disease and diabetes
- Health outcomes differ by substance and method
- Social and economic issues e.g. homelessness, loneliness, unemployment and family breakdown

55% are structured clients who receive more intense treatment

2021 Inclusion clients

## Veterans

7,198 veterans

2,661 are working age (16 - 64 years old)

35% are disabled

46% of disabled veterans say they are limited a lot

- PTSD and mental health
- Social isolation and loneliness
- Difficulties hearing and seeing with age
- More likely to self-report their health as poor

85% male

63% aged 65+

## Vulnerable migrants

Highly dynamic population who move frequently

e.g. language barriers and cultural beliefs and practices

Especially for women, who may be illiterate or dependant on men

- Challenges when accessing healthcare
- Impacts of migration (emotional and physical)
- PTSD and mental health, which is stigmatised

The most vulnerable migrants will likely not be captured by NINo data

Majority of NINo registrations are for people aged 18 - 44

have anxiety or depression

## People experiencing homelessness

198 houses in temp accommodation 2021/22

5 people identified in the rough sleeping snapshot (ONS, 2022)

Majority are of UK nationality

Majority are male

Rough sleeping

Hidden homelessness

- Less likely to attend screenings
- Lower life expectancy
- 9x more likely to die by suicide
- More likely to have substance misuse or addiction or smoke

## Sex workers

Three main types:

1. In the street
2. In massage parlours
3. Online

Sexual abuse and domestic abuse

Increased rates of substance misuse and homelessness

Important to distinguish between consensual and non-consensual sex work

Demographics of online sex workers may reflect what is in demand, rather than sex workers' actual demographics

63% aged 18 - 29

The same sex worker can create duplicate adverts & ages and nationalities are changed frequently

## Victims of modern slavery

Four main types:

1. Sexual exploitation
2. Domestic servitude
3. Forced labour
4. Criminal exploitation

40 cases between 2021 & 2022

118 potential victims (Hampshire and IOW, 2022)

Includes county lines where boys aged 9 - 17 are most vulnerable

Impacts depend on the type of modern slavery

- Sexual abuse
- Loss of financial independence
- Poor physical and mental health, including humiliation
- Tied accommodation and having documents taken away

Victims may have learning disabilities or drug dependency