

There are three continence services in Hampshire to support people to reverse or better manage incontinence. The service Hampshire residents should use depends on where you live/ which GP Practice you use.

- 1) The majority of people in Hampshire would access support from the [Southern Health Continence service](#). Referral can be made via an online form, email or telephone. Individuals can self-refer.
  
- 2) For those living in the South West of Hampshire, your service may be the [Solent Bladder and Bowel Service](#). Contact can be made via telephone or email. Individuals can self-refer. This includes:

**All GP Practices in the New Forest and:**

Area	GP name
Eastleigh- Southern Parishes	Bursledon Surgery
Eastleigh- Southern Parishes	Goodison and Partners (was Blackthorn)
Eastleigh- Southern Parishes	Hedge End Medical Centre
Eastleigh- Southern Parishes	St Lukes and Botley Surgery
Eastleigh- Southern Parishes	West End Surgery
Romsey	Abbeywell Surgery (Abbeymead & Nightingale)
Romsey	Alma Road Surgery
Romsey	North Baddesley Health Centre

- 3) For those living in the North East of Hampshire, your service may be the [NHS Surrey Continence Treatment and Promotion Service](#). Referral can be made through your doctor or a health care professional. This includes:

**All GP Practices in Rushmoor and:**

Hart- Fleet	Branksomewood Health Care Centre
Hart- Fleet	Cron dall New Surgery
Hart- Fleet	Fleet Medical Centre
Hart- Fleet	Richmond Surgery