

Calshot Breakfast Menu 2025

Beverages

Selection of fruit Juices and chilled water

Filter coffee

Selection of teas including English breakfast, Earl grey, peppermint and fruit infusions

Available daily:

Selection of yoghurts

Seasonal fresh fruits

Fresh apple or orange Juice

Toast

Malted wheat and white bloomer with butter and a choice of jams, marmalade or marmite

Choice of Cereal

Multigrain Cheerios, Cornflakes, and Rice Krispies

Breakfast – Start the day in the right way

Pre-order required on a Monday Wednesday and Thursday

Monday –

Bacon bap & Hash Brown

Sausage bap & hash brown

Vegetarian sausage bap & hash brown

(GF/V/Dairy Free)

Friday – Full English choose from

Bacon

Sausage/ Hashbrowns

Scrambled egg, Baked beans

Toast

(GF/V/Dairy Free)

Tuesday – Full English choose from

Bacon

Sausage/ veggie sausage Hashbrowns

Scrambled egg, Baked beans

Toast

(GF/V/Dairy Free)

Saturday - Full English choose from

Bacon

Sausage, Hashbrowns

Scrambled egg, Baked beans

Toast

(GF/V/Dairy Free)

Wednesday – Half Full English Sausage, Egg, Beans,

Hashbrown Sausage (GF/V/Dairy Free

Toast

Sunday – Full English Choose From

Bacon

Sausage, Hashbrown,

Scrambled egg, Baked Beans

(GF/V/Dairy Free)

Thursday – Pancakes, Egg, Sausages, Beans Toast (V/

GF/D)

Calshot Lunch Menu 2025

Main Meals ON THE SIDE OF ALL MAIN DISHES Vegetables of the day or salad SALAD BAR SELECTION Lettuce, cucumber, tomato, beetroot, peppers Coleslaw, potato salad, pasta salad Vegan Options available to pre order Gluten free or Dairy free options to pre order	
MONDAY CHOOSE FROM Fish Cake (GF/ Dairy Free) Butternut Squash with peppers and breadcrumbs (V) ON THE SIDE Diced Potatoes & Peas	TUESDAY CHOOSE FROM Chicken Goujons Vegetable Goujons (GF/V/Dairy Free) ON THE SIDE Sauté Potatoes, onion rings & baked beans
WEDNESDAY CHOOSE FROM Chicken Fajitas (Dairy Free) Quorn Fajitas ON THE SIDE Nachos & Carrots	THURSDAY CHOOSE FROM Beef Burger (GF/Dairy Free) Chicken Burger Vegetable Burger ON THE SIDE French Fries & Baked beans
FRIDAY CHOOSE FROM Handmade Pizza Topped with Vegetable Feast (GF/V) BBQ Chicken (GF) Meat Feast (GF) ON THE SIDE Steakhouse style chips & Beans Ask about Dairy Free Options	SATURDAY CHOOSE FROM Spaghetti Bolognese (GF/Dairy Free) Vegetarian Bolognese (V) ON THE SIDE Garlic Bread & Broccoli
SUNDAY CHOOSE FROM Roast of the day Beef (GF/ Dairy Free) Cauliflower Cheese (V) ON THE SIDE Roast Potatoes, Seasonal Veg, Yorkshire Pudding & Gravy	DAILY ALTERNATIVE DISHES Tomato Pasta with cheese or Jacket Potato with a choice of Grated Cheese / Baked Beans / Tuna mayonnaise / Sliced Ham

Choose from a selection of puddings

Calshot Dinner Menu 2025

Main Meals ON THE SIDE OF ALL MAIN DISHES Vegetables of the day or salad SALAD BAR SELECTION Lettuce, cucumber, tomato, beetroot, peppers Coleslaw, potato salad, pasta salad Vegan Options available to pre order Gluten free or Dairy free options to pre order	
MONDAY CHOOSE FROM A Giant Yorkshire Pudding Sausages (GF/V/Dairy Free) ON THE SIDE MASH Peas & Gravy	TUESDAY CHOOSE FROM Traditional Beef Lasagna (GF) Vegetarian Lasagna Pasta Bake (Dairy Free) ON THE SIDE Garlic Bread & Broccoli
WEDNESDAY CHOOSE FROM Roast of the day chicken (GF/Dairy Free) Cauliflower Cheese (V) ON THE SIDE Roast potatoes, seasonal Veg, Yorkshire pudding & gravy	THURSDAY CHOOSE FROM Spaghetti Bolognese (GF/Dairy Free) Vegetarian Bolognese ON THE SIDE Fresh bread
FRIDAY CHOOSE FROM Battered sweet/sour chicken balls (Dairy Free) Quorn chicken style strips (V) Chicken sweet/sour (GF) ON THE SIDE Savoury rice & prawn crackers	SATURDAY CHOOSE FROM Chiefs' choice of curry Tikka/ Madras/Korma (GF/V) ON THE SIDE A blend of white/brown rice onion bhaji / samosa & naan Ask about dairy free options
SUNDAY CHOOSE FROM Steak Slice or chicken slice Vegetarian Slice Veggie Goujons (GF/Dairy Free) ON THE SIDE Steakhouse chips & beans	DAILY ALTERNATIVE DISHES Tomato Pasta with cheese or Jacket Potato with a choice of Grated Cheese / Baked Beans / Tuna mayonnaise / Sliced Ham

Choose from a selection of puddings