

Tuna & Heinz Beanz Pasta Bake

Serves 4

INGREDIENTS

1x 145g tin Heinz
no added sugar beanz
500g pasta spirals
185g tinned tuna
100g grated cheese
170g sweetcorn



METHOD

1. Preheat the oven to 180°C/gas mark 5.
2. Parboil the pasta spirals in boiling water for 6 minutes or until tender.
3. Drain the pasta, and place in a baking dish. Mix in the Heinz no added sugar beans.
Beans, drained tuna and drained sweetcorn.
4. Top with grated cheese, cover with tin foil and place in the oven for 30 minutes.
5. Remove the tin foil and place back into the oven for 10 minutes until golden.

Serving suggestion- garnish with fresh parsley.

