

Italian Tomato Pasta

Serves 4 child size portions

INGREDIENTS

- 1 onion, chopped
- 1 clove garlic, crushed
- ½ tin chopped tomatoes
- 300 ml water or stock if available
- 100g mild grated cheddar cheese
- 225g pasta



Place in an oven proof dish and melt the cheese under the grill or in the oven for a delicious pasta bake.

METHOD

1. Soften onion and garlic in a little oil if available, if not a splash of water.
2. Add chopped tomatoes.
3. Add water or stock and bring to the boil.
4. Simmer gently for 20 minutes.
5. In a separate pan cook the pasta in boiling water for approximately 10 mins.
6. Drain the pasta and mix into the tomato sauce.
7. To serve, sprinkle with the grated cheese.

Serving suggestion- serve with seasonal vegetables.