

Transformation to 2021 proposal details

Name of Transformation to 2021 proposal: Healthy Lifestyles – NHS Health Checks
T21 Opportunity Reference: PH5 Healthy Lifestyles – NHS Health Checks
Name of the accountable Officer: Fatima Ndanusa
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Department:

Adults' Health and Children's Services
Care

Corporate
Services

Culture,
Communities and
Business Services

Economy,
Transport and
Environment

Date of assessment: 8/4/2019

Detailed

Overview

Is this a detailed or an overview EIA?

Description of service / policy and the proposed change

Describe the current service or policy, giving a brief description of the current services in scope and the user demographic:

The NHS Health Check service is a mandated programme for adults aged 40-74 that aims to help prevent cardiovascular disease. Health Checks will be delivered at GP Practices across Hampshire. Health Checks are offered at five yearly intervals to patients who aren't diagnosed with specific pre-existing health conditions. A universal invite approach will be offered with an incentivised element to increase uptake by patients considered to be at a higher risk. Higher risk patients are those that; are obese, are current smokers, reside in more deprived communities, have a family history of coronary heart disease, are people of non-white British ethnicity.

Geographical impact:

All Hampshire

Basingstoke & Deane

East Hampshire

Eastleigh

Fareham

Gosport

Hart

Havant

New Forest

Rushmoor

Test Valley

Winchester

Describe the proposed change, including how this may impact on service users or staff:

The current annual budget is £1.2m. The proposal is to reduce the total budget in 2020/21 by up to 13%. The Health Checks programme is activity based; a budget reduction would result in a reduced number of Health Checks delivered. A reduction is unlikely to affect the national target to invite 100% of the eligible population, however, it would impact on capacity to deliver Health Checks effectively and an identification of heart disease. This could be balanced because Health Checks is a five-year rolling programme.

Who does this impact assessment cover?

Service users

HCC staff (including partners)

Engagement and consultation

Has any pre-consultation engagement been carried out?

Yes

No

No, but planned to take place

Describe the consultation or engagement you have performed or are intending to perform. Describe who was engaged or consulted. What was the outcome of the activity and how have the results influenced what you are doing? If no consultation or engagement is planned, please explain why.

No specific consultation has been carried out on this proposal – however, the County Council ran a major public consultation exercise over the Summer 2019 on a range of options for finding further budget savings including increasing Council Tax, using reserves and making changes to the way services are delivered, which may mean reducing or withdrawing certain services. The outcome of this consultation will be presented to the County Council’s Cabinet in October 2019. When decisions are made to pursue the options, further specific consultation will be carried out with stakeholders on the detailed options where required.

Consideration of impacts

Indicate whether the proposed change is expected to have a positive, neutral or negative (Low, Medium or High) impact on people who share the following characteristics.

For any characteristics with a positive, low negative, medium negative, or high negative impact, please describe this impact in the box provided.

For any characteristics with a medium negative, or high negative impact, please describe any mitigations in the box provided.

Statutory considerations

| | Positive | Neutral | Low negative | Medium negative | High negative |
|---------------------------|--|-------------------------------------|-------------------------------------|--------------------------|--------------------------|
| Age | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | NHS Health Checks is a service for eligible patients aged 40-74. A potential reduction in capacity could mean that patients may have to wait longer than would be expected to actually receive their Health Checks or restrict to high risk groups. This could mean that existing conditions may be diagnosed and treated later, and also that lifestyle advice would be offered / taken up later reducing impact of healthy behaviours. | | | | |
| Mitigation: | The NHS Health Checks targeted service model should enable a continued focus on at-risk groups, ensuring that overall effectiveness of the service is maintained and contributes to reducing health inequalities in Hampshire. | | | | |
| Disability | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |
| Sexual orientation | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |

| | Positive | Neutral | Low negative | Medium negative | High negative |
|--------------------------------------|--|-------------------------------------|-------------------------------------|--------------------------|--------------------------|
| Race | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | Patients from ethnic minority groups are a priority for take up of NHS Health Checks. A potential reduction in capacity could mean these patients may miss out on a check or have to wait longer than would be expected to actually receive their Health Check. This could mean that existing conditions may be diagnosed and treated later, and also that lifestyle advice could be offered / taken up later. | | | | |
| Mitigation: | The NHS Health Check targeted service model should enable a continued focus on at-risk groups, ensuring that overall effectiveness of the HCs service is maintained and contributes to reducing health inequalities in Hampshire. | | | | |
| Religion or belief | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |
| Gender reassignment | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |
| Gender | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |
| Marriage or civil partnership | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |
| Pregnancy and maternity | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Impact: | | | | | |
| Mitigation: | | | | | |
| Other considerations | | | | | |
| Poverty | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Impact: Patients residing in more deprived communities are a priority for take up of NHS Health Checks. A potential reduction in capacity could mean these patients may have to wait longer than would be expected to receive their Health Check. This could mean that existing conditions may be diagnosed and treated later, and that lifestyle advice could also be offered / taken up later.

Mitigation: The NHS Health Check targeted service model should enable a continued focus on at-risk groups, ensuring that overall effectiveness of the service is maintained and contributes to reducing health inequalities in Hampshire.

| | Positive | Neutral | Low negative | Medium negative | High negative |
|----------|--------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|
| Rurality | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Impact:
Mitigation:

If you have only identified neutral impacts, please state why:

Additional information

[Click here for guidance on any other factors to consider.](#)

Include any other brief information which you feel is pertinent to this assessment here:
(optional)

The NHS Health Check targeted service model should enable a continued focus on at-risk groups, ensuring that overall effectiveness of the service is maintained and contributes to reducing health inequalities in Hampshire. This is supported by GP practices receiving higher payments for delivering Health Checks to at-risk population groups. However, potential reduced capacity for delivery of Health Checks could impact on the ability to provide Health Checks in a timely manner. The focus is to increase uptake by patients in the at-risk groups; living the most deprived communities, obese (BMI 30+), current smokers, immediate family history of coronary heart disease, from non-white British ethnicities. Patients from these groups may not benefit from timely appropriate clinical and lifestyle interventions. The new targeted element of the Health Checks provision came into effect from April 2019, as such no service patterns for this model have been established yet. The service could be reviewed at 6 months and 12 months to check for any patterns that might unduly disadvantage the prioritised sub-groups.