








Early years Learning

New
Edition

A guide for parents and carers

Top Tips

-  Keep to a routine, with structured bed times
-  Make a plan, make it as structured or flexible as it needs to be and change it when required
-  Have lots of fun, games, arts and crafts activities
-  Engage in children's interests, hobbies or obsessions (everything might need to be about dinosaurs!)
-  Don't forget to think about and include everyday tasks in your plan – cooking, washing, tidying, looking after pets etc

This is a guide to support parents and carers develop fun learning activities for younger children.

Make sure to manage and provide the level of support and supervision your child needs to keep them safe.

This is only a guide and not a manual. You should always consider your child's needs and any medical or health conditions they have before you do any activity or make any plans. This is intended for parents/carers to use.

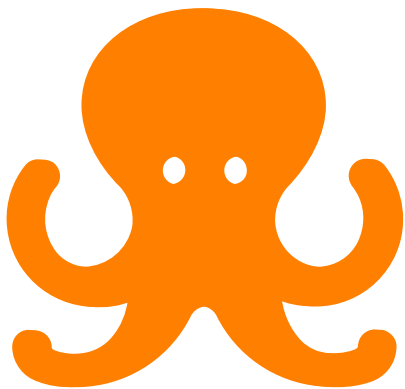
Please consider any other current Government public health advice also.



www.hants.gov.uk/educationandlearning/virtual-school

www.iow.gov.uk/virtualschool

support
&
nurture



These ideas, resources and links have all been provided by the Hampshire and Isle of Wight Early Years Service. Many are from their websites. Please do explore these more for further resources and support. If you need any help or assistance, please do get in contact through the website.



Children learn and develop through playing, exploring, being active, creative and being asked questions to help their thinking.



Activities and games for all ages and stages

<http://www.ichild.co.uk/>



Children can learn, play and explore the world through many everyday objects, as much as they can with toys. You could gather up some wooden spoons, boxes and anything else you have (that is safe and age appropriate) and let your child explore.

Even just a small washing bowl of water and some objects to play with sitting on a towel will entertain for some time. As always **never leave your child alone with water.**



Hampshire Early Years – Website links for home learning

<https://documents.hants.gov.uk/childrens-services/Homelearningweblinks.pdf>

Isle of Wight Early Years – Helping your child to Learn webpage

<https://www.iow.gov.uk/Residents/Schools-and-Learning/Early-Years-Service/Early-Years-Service-Information-for-Parents/Helping-Your-Child-to-Learn>

Hampshire Early Years Service

<https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/childcare>

What to expect and when

What to expect and when during your child's growth and development...

https://www.foundationyears.org.uk/files/2015/03/4Children_ParentsGuide_2015_WEB.pdf





Hampshire & Isle of Wight Early Years Service

Home Learning Guide 1

<https://documents.hants.gov.uk/childrens-services/EYFS-ParentActivityGuide-SfYC-Issue1.pdf>

Home Learning Guide 2

<https://documents.hants.gov.uk/childrens-services/Home-Learning-booklet-Issue2.pdf>

Home Learning Guide 3

<https://documents.hants.gov.uk/childrens-services/HomeLearningbooklet-issue3.pdf>



Language & Communication

BBC Nursery Rhymes

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx>

BBC Tiny Happy People

<https://www.bbc.co.uk/tiny-happy-people>

Hungry Little Minds

<https://hungrylittleminds.campaign.gov.uk/>

Literacy Trust

<https://literacytrust.org.uk/family-zone/>

Book Trust

<https://www.booktrust.org.uk/>



Keeping Active

Joe Wicks Daily PE 9-9.30

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Yoga for children

<https://www.cosmickids.com/category/watch/>

Activities to develop physical skills

<https://activeforlife.com/activities-for-babies-and-toddlers/>

Parents Toolkit SEND

<https://www.bbc.co.uk/bitesize/articles/zh9v382>

Learning through landscapes

<https://www.ltl.org.uk/parents/>

Arts & Crafts

<https://theimaginationtree.com/category/activities/>

Home Science Experiments

<https://family.co/blog/inspiration/10-eyfs-science-experiments/>

