

Title	Introduction to PE Subject Leader
Length of course	7.5 days of taught sessions covering theory and practical.
Cost per delegate	£750 (Non SLA £1000)
Cost of a bespoke course	Please contact peandsport@hants.gov.uk for further details or to discuss your requirements.
Overview	<p>Are you new to the role of PE Subject Leader? Do you feel that you need some help and support developing the PE within your school? Then our brand new Introduction to PE Subject Leader course is here to help!</p> <p>Providing children with access to engaging, high-quality Physical Education, School Sport and Physical Activity (PESSPA) within the curriculum has never been more important. The early experiences we provide in primary schools are key building blocks in supporting children to have positive attitudes towards PE and sport and encourage them to sustain healthy, active lives.</p> <p>This course will equip you with the knowledge and skills to develop, lead and deliver a high quality primary physical education curriculum in line with current guidance, legislation and good practice.</p> <p>It will be delivered through a blend of online and in-person theory sessions where we will explore topics including inclusion, curriculum, planning, assessment and sports premium. The course will also include a series of full or half-day in-person practical sessions to support the teaching of skills:</p> <ul style="list-style-type: none"> • Fundamental Movement Skills • Gymnastics • Dance • Sensory Circuits • Cycling in the Curriculum • OAA • Swimming <p>In addition to this, you will also have access to the PE Subject Leader Network meetings over the course of the 2025-26 academic year. These meetings will help you will be able to keep up to date with the latest guidance, develop your skills further and share good practice with other PE Leaders. These meetings are a blend of online and in-person meetings once each half term.</p>
Learning Outcomes	<ul style="list-style-type: none"> • Develop their knowledge of primary school physical education including the national curriculum requirements, child development, legislation and pedagogy, • Be able to confidently plan, deliver, assess, and evaluate units of work. • Practical ideas to develop the teaching and learning of PE within their school towards the aim of providing an engaging, high quality experience for all children.
Assessment	N/A
Course Schedule	7.5 days – blend of full and half day theory and practical sessions

<p>Dates</p>	<p>Starting in Autumn 2025</p> <p>1st October 2025 – 3.30pm-4.30pm – Online</p> <p>9th October 2025 – 9am-12pm – FMS theory – Online</p> <p>15th October 2025 – 9am-3pm – FMS practical – Venue TBC</p> <p>4th November 2025 – 9.30am-2.30pm – Gymnastics – Venue TBC</p> <p>3rd February 2026 – 3.30pm-5pm – Sensory Circuits – Venue TBC</p> <p>10th March 2026 – 9.30am-2.30pm – Dance – Venue TBC</p> <p>11th May 2026 – 9.30am-12pm – Theory – Venue TBC</p> <p>11th May 2026 – 1pm-3pm – OAA – Venue TBC</p> <p>9th June 2026 – 1pm-4pm – Swimming theory part 1 – Online</p> <p>11th June 2026 – 1pm-4pm – Swimming theory part 2 – Online</p> <p>15th June 2026 – 10.30am-2.30pm – Swimming practical – Venue TBC</p> <p>Please contact peandsport@hants.gov.uk for future courses</p>
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