



Application for Funding from Hampshire Action Teams

Organisation Details

Name of Organisation	Community First New Forest
Type of Organisation (Please tick or double click to check the appropriate box)	Community/Voluntary Group <input checked="" type="checkbox"/> Company limited by guarantee <input checked="" type="checkbox"/> District/Borough Council <input type="checkbox"/> Parish/Town Council <input type="checkbox"/> Registered Charity <input checked="" type="checkbox"/> School/College <input type="checkbox"/> Other (please describe below):
Contact Name	Marie Shotbolt
Contact Details	Address: Public Offices 65 Christchurch Road Ringwood Hampshire BH24 1DH
	Telephone: 01425 482773
	Email Address: marie.shotbolt@cfnf.org.uk

Funding Details

Which HAT are you requesting funding from	New Forest HAT
Amount of Funding Requested (Please state if all or part of the funding will be spent on staffing costs)	<p>£9,200</p> <p>Staffing costs do form part of the funding required for this project.</p> <ul style="list-style-type: none"> • YC coordinator/Lead facilitator • Programme delivery team • Support staff for activities <p>Based on our staffing costs these will total approximately £3,000 but this figure is subject to change depending on variable co-facilitator costs and the number of support staff needed to ensure age-appropriate child/adult ratios.</p> <p>Other costs will include</p> <ul style="list-style-type: none"> • Venues for out of school groups £800 • Initial training and set-up costs £1,500 • Transport/travel/operational costs £1,200 • Activity costs £2,000 • On-going support for vulnerable YC £700

	<p>The training needed to run this programme is an intensive three day course with additional residential and transportation costs incurred.</p> <p>Initially we propose to have our YC Co-ordinator trained to deliver the programme. If demand increases as much as we anticipate we will look at additional staff training and/or partnership working with other providers.</p> <p>Where costs come in under our proposed budget, we would look to use these to expand the pilot out to other groups and therefore work with more Young Carers.</p>
<p>Joint Funding (Please list any other funding secured for the project from other organisations)</p>	<p>None. However, we hope to be able to utilise some of our existing funding to help expand this project.</p>

Details of the Bid / Project

Title of Bid/ Project	New Forest Young Carers SAP emotional support programme.
Summary of Bid/ Project	<p>The New Forest Young Carers Service run by Community First New Forest currently supports over 70 Young Carers (YC) and their families. However, we are very aware that this is just the tip of the iceberg – a recent questionnaire carried out by a member of our steering group at the school she works at identified almost 30 young people with caring responsibilities. Around half of them were not previously known to the school.</p> <p>As we expand on our work within schools, we expect to see these numbers be replicated having an obvious impact on our service. We therefore propose to offer a new form of light touch support which has been trialed by two other Hampshire-based Young Carers services (Winchester and Andover).</p> <p>The Student Assistance Programme (SAP) emotional support has proved to be a very effective way of empowering vulnerable young people and equipping them with the life skills they need to cope with the challenges they face. It also means that the YC Services aren't overwhelmed by the number of referrals they receive but can instead prioritise according to need, and use this programme to support and monitor additional young people.</p> <p>We plan to run SAP as a six week course, five of the sessions will address what being a carer means, coping mechanisms etc, and the sixth will be a celebratory activity to encourage and foster the friendship groups formed during the sessions. Any young person identified as being a high priority will of course receive additional one-to-one support from our service and our partners.</p> <p>Initially, we would aim to run 2 pilot programmes targeting two different age ranges of children and young people so we can use their feedback and experiences to shape future delivery plans. We would envisage between 12 and 18 YC taking part in this pilot.</p> <p>However, we have already lined up several schools who would like to participate in this scheme, and we are also seeking additional out-of-school locations to target young people who are NEETS (Not in education, employment or training) or wary of school knowing about their family life. Therefore we would expect to be rolling out this programme to many more YC very quickly following the pilot phase and would therefore see this funding as an investment in expanding YC support in the New Forest on a long term basis.</p>

<p>How does the Bid meet the HATs Term of Reference?</p> <p>1) To tackle economic, social and health inequalities in the local area</p> <p>2) To support the delivery of Hampshire's improvement priorities within the Hampshire Local Area Agreement*</p> <p>3) To support local highways and transport priorities**</p>	<p>This bid will offer support to children and young people between the ages of 8 and 18 living in the New Forest area. As they will have been identified as having caring responsibilities, it is highly likely that a large proportion of them will be suffering from social and/or economic inequalities –at the current time, approximately 70% of the YC already on our books receive free school meals.</p>
<p>Timescale (What is the anticipated period over which the money will be spent?)</p>	<p>Commencement Date: March 2011</p> <p>Completion Date: following an initial pilot, we aim to make this an ongoing programme</p>
<p>Intended Outcomes (How will the success of the bid/project be measured?)</p>	<p>SAP programmes are now being run by two of our Hampshire Young Carer Alliance (HYCA) partners. They have shown that this kind of emotional support is a fantastic tool for Young Carer services. Young people are assessed at the beginning of the course through specially designed questionnaires. At the end of the course, these questionnaires are re-visited and the results compared. In the vast majority of cases, the young person feels they have gained the skills and emotional tools necessary to deal with their caring responsibilities. For those that don't, additional support and intervention is put in place. All participants are given contact details for the Young Carer Service in case they need support in the future. They are also monitored by their school for any changes. This means their progress at school can also be measured and improvements post SAP programme can be shown.</p>
<p>Future Funding Arrangements (If the project is to last more than a year how will it be funded in subsequent years? How will any outcomes achieved by the project be sustained in the longer term? If it is a capital scheme how will the equipment be maintained?)</p>	<p>Once the initial outlay for the training and set-up costs of this emotional support programme are in place the ongoing costs can be kept to a minimum – particularly if we drop the activity sessions. It is very adaptable and can be scaled up or down depending on demand and staff/venue availability. We therefore feel, this programme is sustainable and that in addition, the outcomes it can achieve make it a highly effective and therefore attractive proposition to future funders.</p>

* Further information on the LAA can be found at the following website - <http://www3.hants.gov.uk/localareaagreement.htm>

** Any approved bids for highways/transport projects will require liaison with the Executive Member for Environment.

Declaration

I declare that the information supplied in this application is true and that any funding received from Hampshire County Council will be used for the purposes described in this

form. The Council reserves the right to reclaim any funding not used for the purposes stated on this form.

I agree to provide a report detailing the outcomes of this bid/project (a form will be sent out for completion at the relevant time).

Signed

Date

Position in organisation

Please return your completed form to: The HAT Team, Room 105, Elizabeth II Court, Winchester, S023 8UJ, or email: members.services@hants.gov.uk