

Hampshire Specialist Child and Adolescent Mental Health Services

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Overview of CAMHS in Hampshire

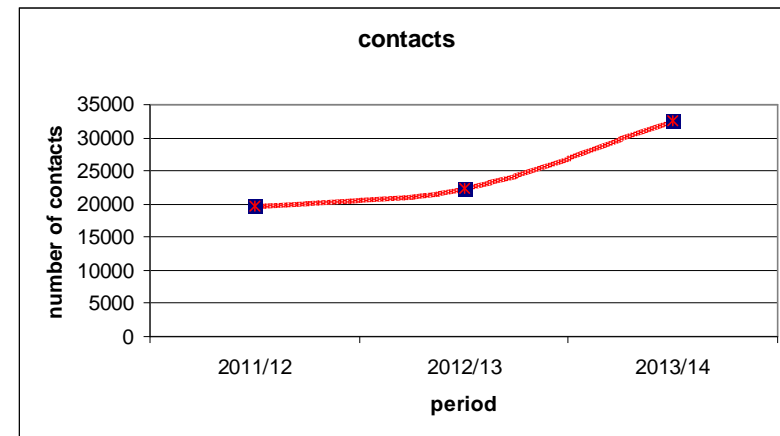
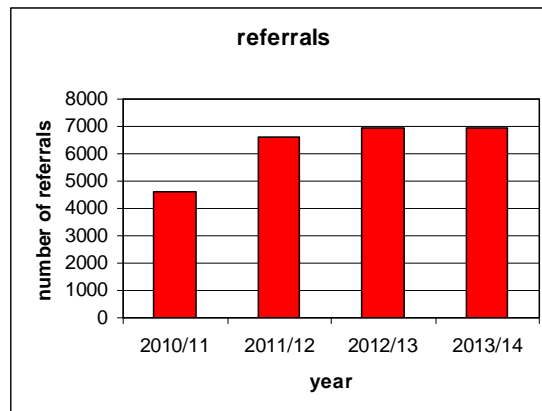
- CAMHS offers 'Tier 3' specialist mental health services and input into 'Tier 2' services through primary mental health work.
- The service consists of:
 - Psychiatry
 - Mental Health Nursing
 - Family Therapy
 - Looked After Children Therapists
 - Psychology
 - Learning Disability Nursing
 - Creative Therapies
 - Psychotherapists

Overview of CAMHS in Hampshire

- The service has 8 locality based teams across Hampshire.
- There are approximately 160 clinical staff within the Service.
- The service receives approximately 550 referrals a month.
- The service has, on average, an open case load of 6,700.
- Sussex Partnership NHS Foundation Trust have been responsible for specialist CAMHS since April 2011.

Overview of CAMHS in Hampshire

- Referrals to specialist CAMHS over the last 4 years:



- Total number of contacts by the Service have also increased

Progress

- Reviewed and re-structured teams across Hampshire to provide more equitable access to services with consistent thresholds.
- Implementation of a Hampshire wide Intensive Community Treatment Service (i2i).
- Implementation of Choice and Partnership Approach (CAPA).
- Implementing 'Increasing Access to Psychological Therapies Programme' (IAPT).

Progress

- Improving/establishing clinical governance arrangements.
- Reduction in admissions to inpatient units.
- Embedded participation in delivery and development.
- Development of agreed multi-agency clinical pathways.
- Implementation of consultation line for professionals.
- Implementation of Looked After Children's pathway.
- Development of Mental Health Forums.

Challenges

- Some children and young people are waiting unacceptably long periods of time for treatment due to change in demand. We are working with commissioners to address this.
- Increasing number of urgent referrals and differences in case complexity.
- Recruitment of additional staff due to a lack of suitable applicants, a national issue.
- Reported capacity issues within Tier 1 and 2 Services leading to an increase in referrals to Tier 3.
- Improving understanding of when direct specialist CAMHS input is appropriate.
- National shortage of inpatient psychiatric beds.

2014/2015 priorities

- Reduce waiting times for children and young people.
- Reduce Autism Assessment Waiting List to acceptable levels.
- Implement County-wide programme of groupwork for children and young people.
- Implement County-wide training programme available to all professionals working with children and young people.
- Review and implement revised referral pathways, to be aligned to the Early Help Hubs.

2014/2015 priorities

- Introduction of non medical prescribing.
- Improve the experience of young people moving from CAMHS into adult services by the development of a Hampshire wide multi agency mental health transition protocol.
- Continued development of multi-agency clinical pathways.
- Improved performance reporting, with a greater focus on Quality and Outcomes.
- Reduce average length of time cases remains open to the service through innovation (e.g. better coordination and manage step-down arrangements).

Commissioning Intentions

Lao Cooper, Commissioner, Hampshire 5 CCGs

Commissioning Intentions



- Emotional Wellbeing and Mental Health Needs Analysis undertaken by Public Health.
- Consultation with stakeholders.
- Development of Joint Emotional Wellbeing and Mental Health Strategy.
- Re-commissioning of the Child and Adolescent Mental Health Service.

