

Presentation to the Safe and Healthy People Select Committee

The Joint Hampshire Adult Mental
Health Commissioning Strategy
2012-2017



Hampshire
County Council

Background

- No health without mental health
- No wellbeing without mental wellbeing
- Touches all aspects of our lives
- A spectrum of outcomes
- Impacted by early experiences



Key facts

- 1 in 6 people
- Depression now largest cause of incapacity benefit claims
- 1.5 million carers
- £77.4 billion cost to the country



New approach in Hampshire

- Recovery approach
- Personalisation
- Move away from illness based approach
- Partnerships and Co-Production
- Outcome based

The strategy

- Joint health and social care for adults
- Informed by wide consultation
- Draws on JSNA
- Reflects national policy
- Launching June 2012



Consultation

- World Café event October 2009
- Local discussions
- Formal consultation Aug to Nov 2010
- Follow up event March 2011
- Strategy Board
- CCG discussions

Commissioning Intentions

- Partnerships with service users, carers and providers
- Wellbeing Networks
- Care pathways
- Access rather than exclusion criteria
- Earlier intervention
- Improved link between primary and secondary services



Implementation Examples

Wellbeing Centres

- What stakeholders asked for
- Co-Production
- Part of local communities
- Contracts tendered
- Operational 1 September 2012



Implementation Examples

Support for families and carers

- Triangle of care
- Carers' Support Workers
- Direct Payments and Take a Break
- E-Learning resource

Implementation Examples

Secondary care service re-design

- Acute and community care pathways
- Hospital at home
- Intensive day support
- Therapeutic environments

Implementation Examples

Improving Access to Psychological Therapies

- Talking Therapies services that offer (NICE approved) treatments for depression and anxiety
- Expansion to achieve full roll out across Hampshire by 2014/15
- Increased patient choice and satisfaction



Implementation Examples

Armed Forces Veterans

- GP awareness
- Court Diversion Scheme
- Transition protocol
- Identifying vulnerable groups