Appendix 2
Alternative activities available in the community

Type of activity Under 5's	Potential providers	Basingstoke	East Hants	Eastleigh	Fareham	Gosport	Hart	Havant	New Forest	Rushmoor	Test Valley	Winchester	Indicative costs per session
Pre school provision													
Pre school provision	Private / Voluntary / Independent / other	√	√	√	√	√	√	√	√	√	√	√	Dependant of age of child
Family groups													
Parent & Toddler groups	Volunteers/ RAF	√	√	√	√	√	√	√	√	√	√	√	under £5
Relax babies / Baby Yoga	PVI				√					√		√	under £5 / over 5
Music and rhyme sessions	Maracca Jacks, Boogie Mites, libraries/ private orgs some through Hampshire Futures/ Amandas action club	√		√	√	√		√	√	√	√	√	free / under £5
Health and wellbeing													
Ante natal and post natal parenting support	NCT / NHS / Volunteers	√	√	√	√	√	√	√	√	√	√	√	free / donation/ under £5
Volunteer led breastfeeding	Voolunteers who are trained			√	√		√	√	√	√	√	√	FREE
Baby massage	Private orgs	√		√	√		√	√		√	√	√	over £5
Adult Fitness	community centres/buggy blast/ leisure centres	√			√			√		√	√		Over £5
Baby gym	Leisure centre									√	√	√	under 5
Healthy eating	Organic Cookery School		√										Under 35
Specialist family and child support support													
SEN support groups	Kids SEN provider	√			√	√			√		√	√	under £5
Foster carers groups	Voolunteers who are trained		√	√									FREE
Simon Says (bereavement group)	Volunteers who are trained / Faith groups					√						√	FREE
Young parents group	Handy trust / The source/ Stoneham Housing								√	√	√		FREE
Twins clubs	Tamba / volunteers		√		√				√	√	√	√	under £5
Individual family support	Homestart	√	√	√	√	√	√	√	√	√		√	FREE
Dads Groups	Volunteers	√				√					√		FREE
Grandparents groups	Volunteers					√							FREE/ dontation
Tiny talk / Sing and sign	Private									√	√	√	Under and Over 3%
Support for victims of Domestic Abuse (Freedom Programme	Freedom / SDAS/ stoneham housing	√	√	√	√			√	√	√	√	√	FREE
Adult, Family and children's Learning													
Adult and Family Learning	Local colleges, Romsey Community School / yellow brick road	√	√	√	√	√	√	√	√	√	√	√	free/under £5
Language clubs for young children (Spanish / German classes)	Private providers		√			√	√	√				√	Over £5
CAB /advice services	CAB	√	√		√			√	√	√	√	√	FREE
Other													
Childminder groups	Prospects	√	√	√	√	√	√	√		√	√	√	FREE
Parent support groups	Individual schools	√	√	√				√	√		√		FREE
Over 4 years													
School clubs													
Breakfast Clubs	Schools / Private / Voluntary/Nursery	√	√	√	√	√	√	√	√	√	√	√	under £5
After School Clubs	Schools / Private / Voluntary/Nursery	√	√	√	√	√	√	√	√	√	√	√	Over £5
Holiday Schemes	Schools / Private / Voluntary/Nursery	√	√	√	√	√	√	√	√	√	√	√	Over £10 a day
Fun and Fitness Clubs	Leisure Centres	√	√	√	√	√	√	√	√	√	√	√	
Over 11 years													
Youth clubs													
Youth clubs for 11- 25 yr olds	Charities/ Faith Groups/ Community associations/The Hhandy Trust/ Youth Services IOW and HCC /Motiv8/ parent link / 4Youth	√	√	√	√	√	√	√	√	√	√	√	Various