

HAMPSHIRE COUNTY COUNCIL

Decision Report

Decision Maker:	Executive Member for Adult Social Care
Date:	21 September 2016
Title:	The Commissioning of Mental Health Wellbeing Centres
Reference:	7714
Report From:	Director of Adult's Health and Care

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1. Executive Summary

- 1.1 The purpose of this paper is to seek approval from the Executive Member for Adult Social Care to spend up to £10 million over a five year period on the procurement of Wellbeing Centres across Hampshire.
- 1.2 Current contracts for Wellbeing Centres are due to expire on 31August 2017 and a procurement process is required to extend the delivery of the services from September 2017 and beyond.
- 1.3 This paper sets out the development of Mental Health Wellbeing Centres that were established in Hampshire in 2012, and the potential to further develop the services over the life of the proposed contracts.

2. Contextual information

- 2.1 The County Council, in partnership with the Hampshire 5 Clinical Commissioning Groups (CCG's), have a strong track record in jointly commissioning services that provide support to individuals with mental health problems in their local communities.
- 2.2 Wellbeing Centres were commissioned as a direct response to service users' wishes following a consultation exercise where they requested a "one stop shop" with a menu of support services, covering support around employment, housing, and other specific activities to enable individuals to better manage their physical and mental health.

- 2.3 Wellbeing Centres provide a range of services to support individuals with Mental Health problems. Where possible they focus on prevention, are time limited, cost effective and outcome focussed. They encompass a strengths based assessment of individuals care and support needs and develop and encourage peer support to create greater capacity, mutual support and self reliance.
- 2.4 Wellbeing Centres are jointly commissioned by Hampshire County Council and the Hampshire 5 CCG's and operate throughout Hampshire. There will be further work with the Hampshire 5 CCG's on the new service specification to further develop the role and scope of Wellbeing Centres.
- 2.5 As well as supporting people with more serious mental health conditions who are supported by their local Mental Health Team, Wellbeing Centres also have a preventative role through providing support to people who self refer due to their own mental ill health or who are referred by their local GP.
- 2.6 Wellbeing Centres have demonstrated that they prevent the need for more costly interventions from Health and Social care agencies, and support individuals through assessments that work on a strengths based approach.

3. Future development of Wellbeing Centres

- 3.1 The developmental service specification for the Wellbeing Centres included the option of the co-location of health and social care staff within the buildings to provide the "one stop shop" for service users across all care groups that had been a clear aspirational outcome of the consultation exercise in 2009. The developmental nature of these services will continue with the new service specification.
- 3.2 There is an opportunity to include co-location of Hampshire County Council staff and other agencies within the new service specification for Wellbeing Centres, the requirement to provide specific workspaces or "hot desks" for Mental Health professionals to spend part of their time located in Wellbeing Centres. This development could enable a more streamlined service for Service Users and go some way to providing the "one stop shop" approach previously requested by Service Users and Carers.
- 3.3 The revised specification for Wellbeing Centres would place greater emphasis on support for individuals during evenings and at weekends which is often when individuals are most in need of support.

- 3.4 Work with colleagues in Public Health to ensure the physical health of clients with mental health problems are improved by continuing to work around smoking cessation, improved levels of physical exercise for clients, and work as key partners to the County Council in its suicide prevention strategy and help to deliver health behavioural change interventions.
- 3.5 Wellbeing Centres would be required to continue to work with colleagues including Children's Services working to support families and in particular parents with Mental Health problems, in order to support the work of the programme's long term aim to make lasting positive changes to the lives of families and communities across Hampshire.

4. Location of Wellbeing Centres

- 4.1. Wellbeing Centres are currently organised through six contracts and located in Winchester, Eastleigh, Romsey, Andover, Hythe, New Milton, Basingstoke, Fareham, Gosport, Havant and Aldershot, with other public buildings such as Community Centres used in more rural areas to deliver Wellbeing services.
- 4.2. One of the most successful developments of Wellbeing Centres has been the move from buildings that had been traditionally used to host Mental Health day services, into shop fronted buildings based in town centre locations. These services in Aldershot, Fareham and Gosport have been very successful and helped reduce stigma associated with Mental Health. They have been successful in their preventative work due to their accessibility and prominence of the services in the local community.
- 4.3. Where possible, it will be a requirement of the providers of Wellbeing Centres that they look to move services into buildings located in high street locations at the heart of their local communities.

5. Performance and resourcing

- 5.1 The County Council would contribute £1,158,000 to Wellbeing Centres, and the CCG's contributions are £450,000 per annum.
- 5.2 Wellbeing Centres worked with approximately 2,200 clients in a typical quarter at an average cost of under £14 per week per service user. Some 451 Clients positively moved on from the Wellbeing Centres in the last quarter of 2015/16 of whom: 427 reported they were better at self managing their own mental health, 83 were volunteering in the community, 35 had re-established contact with friends and family, 30 had found employment, 54 were in contact with other agencies and 23 were reducing their levels of self harm.

- 5.3 There is evidence that Wellbeing Centres are critical in keeping clients well in the community and that they prevent significant numbers of care and support packages from breaking down which would otherwise result in a risk of individuals requiring more costly and personally restrictive care and support such as residential care.
- 5.4 Having sufficient capacity within community support services will be critical in delivering against one of the Joint Hampshire Mental Health Commissioning key strategic objectives of reducing the numbers of individuals in out of county and residential care placements. Reducing the use of residential care will be reliant on the availability of both alternative supported housing and community support.

6 Added value

- 6.1 Wellbeing Centres are all currently provided by voluntary sector organisations with mental health expertise, they also provide additional services often funded through charitable donations, and grant funding. Consequently, they bring in additional added value to the services and this has enhanced the offer available to service users in a number of Wellbeing Centre services.

7. Financial Implications

- 7.1 This proposal is for the continuation of the current service at the existing funding levels. The current funding available is £1,608,000 annually and £8,040,000 over the five year life of the contract. However, the approval sought for £10m allows for further development of the service that is subject to securing additional funding of up to £2m. As this additional funding is not currently secured the contract will not exceed the £8m that is available until this situation changes.
- 7.2 The £8,040,000 that is currently available comprises of £5,790,000 of available resources within County Council budgets and a contribution of £2,250,000 from the Hampshire 5 CCG's.
- 7.3 The Papers were presented to the Hampshire 5 CCG's in April and May 2016 requesting agreement for the continued funding of Wellbeing Centres. Whilst broadly supportive in principle of continued funding, the decision of the Board was to defer the decisions to each of the individual CCG's. Subsequently all individual Clinical Commissioning groups have confirmed in principle agreement to maintain investment for the life of the proposed contract and this will/has been formerly confirmed via each CCG Executive Board during July and August.

7.4 These arrangements with the Hampshire 5 CCG's will be formalised through the extension or creation of five year agreements for the funding transfer under S256 of the National Health Service Act 2006.

7.5 The recommendation of this paper is that the County Council continues to provide funding for Wellbeing Centres at the current level for the new contracts from September 2017 onwards. Hampshire County Councils' funding for Wellbeing Centres can be met from the existing Adult Services budget, and any additional investment in Wellbeing Centres will not exceed Adult Services' current financial contribution.

8. Performance

8.1 Performance of the Wellbeing services will be monitored through meetings between providers and other stakeholders including service users and carers.

9. Workforce

9.1. Although the Hampshire County Council workforce are not directly impacted by the provision of these services, Wellbeing Centres do have a positive influence on the employment prospects of individuals with Mental Health problems in Hampshire .

10. Consultation and Equalities

10.1. A consultation exercise that built on the consultation with Mental Health clients carried out during the housing and support review in 2015 took place during the summer of 2016 and the results will be used when developing the new specification to ensure as far as possible that it meets the requirements of service users.

10.2. An Equality Impact Assessment has been completed and the impact has been recorded as low as this is the continuation of existing services and therefore there will be little impact on the users of the services. This builds upon the original positive impact the development of Wellbeing Centres has had on people with Mental Health problems in Hampshire. Contract monitoring with providers will continue to ensure Wellbeing Centres are accessible to people with protected characteristics.

11. Future direction

11.1. Consideration is being given to broaden the scope of Wellbeing Centres to complement the work of key strategic partners in Children's Services, Public Health, and further work in partnership with CCG's on developing crisis support.

12. Carers and Service Users

- 12.1 Wellbeing Centres are uniquely positioned to provide a framework for capturing the views and experiences of service users and carers. Providers would be required to establish and facilitate service user and carer meetings that meet at least quarterly and contribute to consultations when required. These groups will be well placed to contribute to the broader service user and carer engagement work of the County Council.

13. Recommendation(s)

- 13.1 That the Executive Member for Adult Social Care gives approval to spend up to £10 million in order to procure Wellbeing Centres across Hampshire for up to five years, on a three years plus one plus one basis (3 +1 +1). Contracts commencing from 1 September 2017.

CORPORATE OR LEGAL INFORMATION:

Links to the Corporate Strategy

Hampshire safer and more secure for all:	yes
Maximising well-being:	yes
Enhancing our quality of place:	yes

Other Significant Links

Links to previous Member decisions:		
<u>Title</u> Permission to undertake a competitive tendering exercise for Mental Health Community Support Services	<u>Reference</u> 2165	<u>Date</u> 16 th May 2011
Direct links to specific legislation or Government Directives		
<u>Title</u>	<u>Date</u>	

Section 100 D - Local Government Act 1972 - background documents

The following documents discuss facts or matters on which this report, or an important part of it, is based and have been relied upon to a material extent in the preparation of this report. (NB: the list excludes published works and any documents which disclose exempt or confidential information as defined in the Act.)

Document

Location

None

IMPACT ASSESSMENTS:

1. Equality Duty

1.1. The County Council has a duty under Section 149 of the Equality Act 2010 ('the Act') to have due regard in the exercise of its functions to the need to:

- Eliminate discrimination, harassment and victimisation and any other conduct prohibited under the Act;
- Advance equality of opportunity between persons who share a relevant protected characteristic (age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, gender and sexual orientation) and those who do not share it;
- Foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

Due regard in this context involves having due regard in particular to:

- a) The need to remove or minimise disadvantages suffered by persons sharing a relevant characteristic connected to that characteristic;
- b) Take steps to meet the needs of persons sharing a relevant protected characteristic different from the needs of persons who do not share it;
- c) Encourage persons sharing a relevant protected characteristic to participate in public life or in any other activity which participation by such persons is disproportionately low.

1.2. Equalities Impact Assessment:

An Equalities Impact Assessment has been carried out in relation to this proposal and will be published under the following link:

<http://www3.hants.gov.uk/as-equality-ia-archive.htm>

2. Impact on Crime and Disorder:

2.1. Wellbeing Centres are key partners in reducing the stigma associated with Mental Health problems. Reducing negative stigma around Mental Health will have a positive impact on reducing hate crimes against individuals with Mental Health problems in Hampshire.

3. Climate Change:

- a) How what does is being proposed impact on our carbon footprint / energy consumption?

No impact.

- b) How does what is being proposed consider the need to adapt to climate change, and be resilient to its longer term impacts?

No impact.