

Planning ahead, working together

**Transforming Older People's
Mental Health Services in
South Hampshire and Southampton**

Today we will explain...

- **The history and detail of our proposal**
- **Our current service model**
- **Engagement to date**
- **Next steps**

PCT/HCC Joint Commissioning Strategy for Older People's Mental Health

- **Published in 2008**
- **Wide involvement and engagement across all stakeholders**
- **Identified a range of challenges in the provision of local mental health services**
- **Identified changes in the population and the growing demand for services**

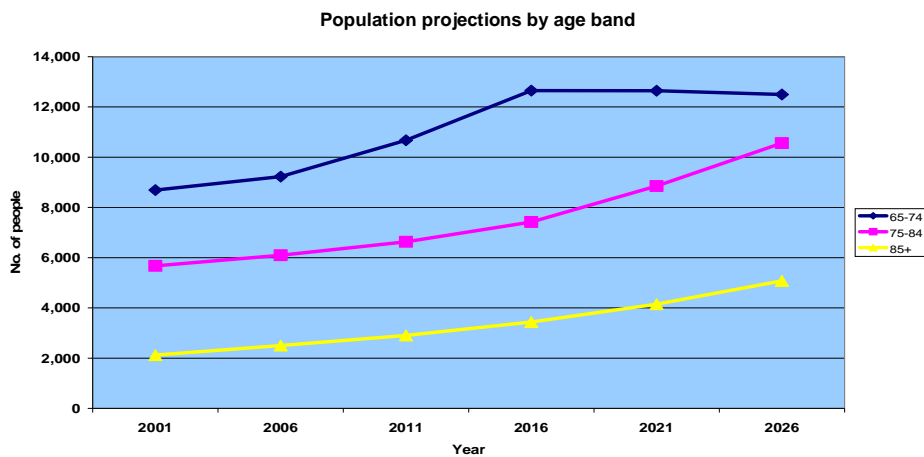
Key priorities within the Joint Strategy for OPMH services

- **Support for carers**
- **Promoting independence and access to wellbeing services**
- **Achieving a balance between specialist and other services**
- **Providing pathways into and out of hospital**
- **Enabling organisations and individuals to work together towards shared goals**

This strategy reflects the national picture



Population projections for the local area



Dementia is common

- 1 in 4 people over age 80 have dementia, but...
- For people with dementia only 33%-50% receives a diagnosis locally
- Older people with mental health needs use significant health and social care resources



Functional mental illness is common



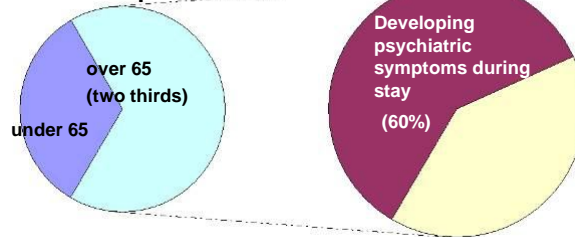
- One in four older people have significant depression



- One third of people who care for an older person with dementia also have depression

The picture in acute hospitals

Acute Hospital admissions



- Older people occupy two thirds of acute hospital beds with 60% developing a mental health disorder during their stay

Rolling out the OPMH strategy

- Mid Hampshire chosen as a starting place
- Population trends reflected across Hampshire
- Broad engagement prior to change
- Evaluation and feedback has demonstrated significant satisfaction

Evaluation of the model in Mid Hants

- Hampshire Partnership NHS Foundation Trust and NHS Hampshire will together build upon the learning from experiences in Andover
- The detailed evaluation has led to the PCT deciding to undertake further developments in Andover and to extend service developments across Hampshire
- The assessment against the National Dementia Strategy was positive

The proposal for South Hampshire and Southampton

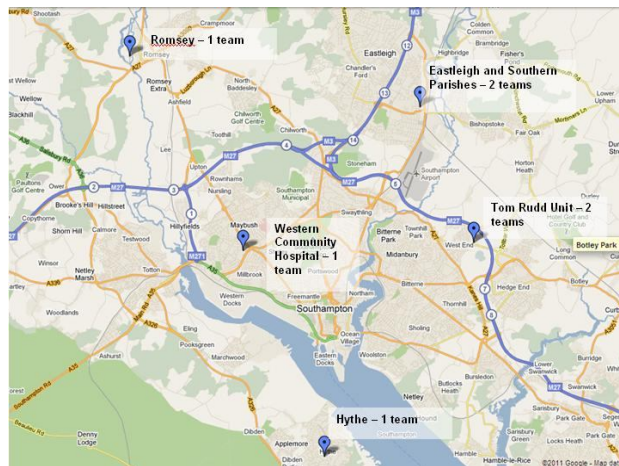
- Early diagnosis and early intervention, working together with other sectors and ensuring ongoing person centred care and support
- Improved support for people in crisis in the community
- Admission when required to specialist mental health beds
- Improved liaison to acute hospitals
- Improved care in nursing and residential homes
- Improved end of life care



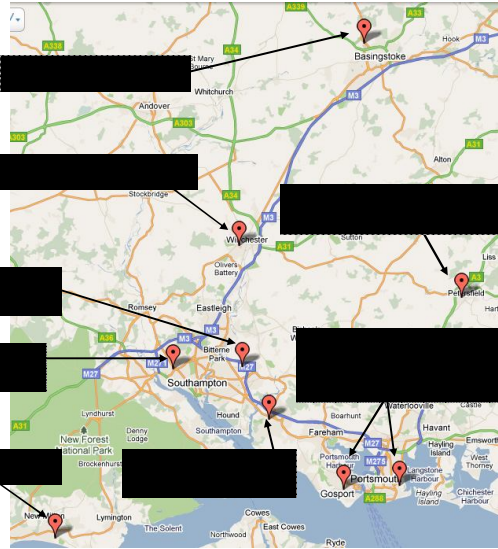
Current service arrangements

- **Community Mental Health Teams**
- **In-patient wards**
- **Memory assessment and Memory Services**
- **Outpatient clinics**
- **Psychology**
- **Community Mental Health Nursing**
- **Occupational Therapy and Physiotherapy**

Community Mental Health Teams serving local area



Inpatient wards in Hampshire



Key messages from engagement activity

- Support for carers through improved input and communication from services and better information
- Managing with fewer beds through enhanced community-based services
- Improving admission and discharge processes when a hospital bed is required
- Improving earlier diagnosis and care for people with dementia
- Improving services for people with complex dementia, either at home or in a care home
- Supporting service users with a functional illness, and their carers