

Planning ahead,  
working together



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**Transforming Older People's  
Mental Health Services in  
South Hampshire and Southampton**

Planning ahead,  
working together



## Developing older people's mental health services – the national picture

The collage features several key documents:

- Living well with dementia: A National Dementia Strategy** (Department of Health)
- Our health, our care, our say: a new direction for community services** (HM Government, Department of Health)
- Modern Standards and Service Models** (Department of Health)
- Older People** (National Service Framework for Older People)
- national service framework** (Department of Health)
- Everybody's Business** (Integrated mental health services for older adults: a service development guide) (Centres for Innovation Partnerships, NHS)

Additional text in the collage includes: "Putting People First", "Health and social care working together in partnership", and "www.everybodysbusiness.org.uk November 2015".

## Local Action

**National policies have translated locally into the following agreed commissioning strategy:**

Hampshire Joint  
Commissioning Strategy for  
Older People's Mental Health  
Services (2008)



## Hampshire Joint Commissioning Strategy – Key priorities

- Support for carers
- Promoting independence and access to universal wellbeing services
- Achieving a balance between specialist and generic services
- Providing pathways into and out from hospital
- Developing mechanisms to enable organisations and individuals to work together towards shared goals

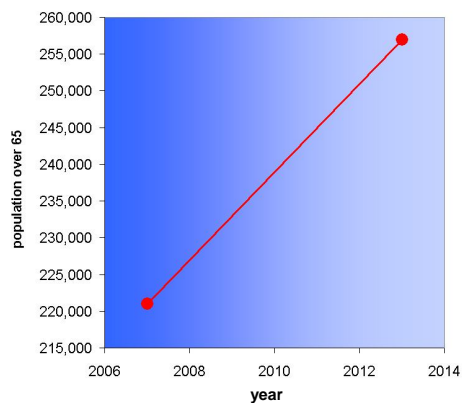
## What people have been telling us



Previous engagement has highlighted the following key areas for development:

- Enhancing our services to provide improved access and more community based support to patients
- Improving the information and support we provide for patients and carers
- Improving our joint working across partner organisations

## Why do we need to do this?



A significant rise in the over 65 population with **double-digit** increases estimated across Hampshire.

## Why do we need to do this?



- One in four older people have significant depression



- One third of people who care for an older person with dementia also have depression

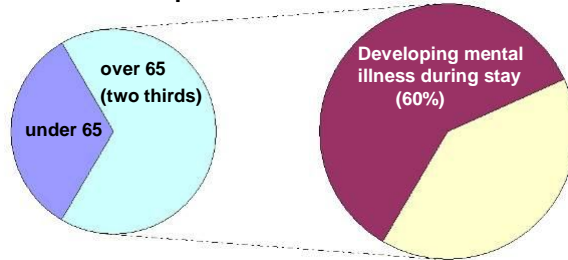
## Why do we need to do this?

- For people with dementia only 33%-50% receives a diagnosis
- Older people with mental health needs account for a significant proportion of health and social care services



## Why do we need to do this?

### General Hospital admissions



- Older people occupy two thirds of acute hospital beds with 60% developing a mental health disorder during their stay

## What are we doing about this?

**Improvements have already begun in response to national and local strategies, and what people have been telling us**

- Improved patient information
- More focussed memory services
- Service redesign in Andover

**However there is more we can do**

## Improving the care pathway

**To deliver the local commissioning strategies we need to change our care pathway to provide:**

- Early diagnosis and intervention
- Improved support in the community
- Admission when required to specialist mental health beds
- Improved intermediate care
- Improved care in nursing and residential homes
- Improved end of life care



## What this will look like

**The new service will provide:**

- A more recovery focused, care planning approach providing treatment and therapy following diagnosis
- Specialised in-patient beds
- Improved case management for people with complex needs
- Stronger links and joint working with providers of 'rapid response' services
- A bespoke care home support service
- Targeted mental health liaison service to support Southampton General Hospital
- End of life care which is dignified and provided in partnership



## How this will benefit patients and carers



- Enhanced community support will help people avoid inappropriate admission to a hospital or care home
- Additional services will reduce the length of stay and assist patients to return home more quickly
- Earlier diagnosis and memory support will allow people to live well with dementia
- Improved support for carers will help to avert a crisis
- Working with voluntary sector organisations to provide a range of services
- Patient choice will be enhanced through an increased range of services

# Thank you for listening

**We're happy to take questions**