



Application for Funding from Hampshire Action Teams

Organisation Details

Name of Organisation	Partnership Bid from the Mountbatten School Sports Partnership and Test Valley Borough Council.
Type of Organisation (Please tick or double click to check the appropriate box)	Community/Voluntary Group <input type="checkbox"/> Company limited by guarantee <input type="checkbox"/> District/Borough Council <input checked="" type="checkbox"/> Parish/Town Council <input type="checkbox"/> Registered Charity <input type="checkbox"/> School/College <input type="checkbox"/> Other (please describe below):
Contact Name	Verna Brown (Health Policy Manager) Joint Appointment, NHS Hampshire and Test Valley Borough Council
Contact Details	Address: Test Valley Borough Council Beech Hurst Weyhill Road Andover Hants SP10 3AJ Telephone: 01264 368810 Email Address: vbrown@testvalley.gov.uk / lblake@testvalley.gov.uk

Funding Details

Which HAT are you requesting funding from	Test Valley
Amount of Funding Requested (Please state if all or part of the funding will be spent on staffing costs)	£5,000 A small part of funding may be spent on staff time. The majority of the funds will be use to supply equipment and educational information, to run active lifestyles with the year R cohort in schools. Each resource and equipment bag costs approximately £500
Joint Funding (Please list any other funding secured for the project from other organisations)	£2,000 from TVBC/NHSH £3,000 from the Wellbeing fund held in the Sport Hampshire Isle of Wight.

Details of the Bid / Project

Title of Bid/ Project	Active Lifestyles
Summary of Bid/ Project	<p>Active lifestyles is a family based approach to increasing physical activity and healthy lifestyles to families with year R children in Test Valley.</p> <p>Active Lifestyles originated as a pilot project from the Youth Sports Trust in Early 2010. Providing 10 “kitbags” for sports partnerships to distribute in schools. The aim of this kitbag was to add an additional hour of activity for year R’s.</p> <p>The Mountbatten SSP have worked with Test Valley Borough Council, Hampshire Catering service and primary school PE teachers to develop Active Lifestyles.</p> <p>With our approach the “Kit Bag” which contains equipment such as, cones, balls, floor lines, hoops and ribbons, target mats, and small parachutes. Has been broken down onto 30 separate pieces of equipment, one for each week of the academic year. So for each week of the year, pupils get a smaller draw sting bag which contains</p> <ul style="list-style-type: none"> ✓ A piece of play equipment. ✓ Three play options for the piece of equipment. ✓ A Healthy Eating Recipe. ✓ A Physical Activity idea. ✓ A diary to record their activity in. <p>Pupils and families are asked to do 10 minutes of activity a day and record this in the diary. There is also space for them to comment on the healthy eating recipe and fill in if they did the physical activity idea. It is these diaries that form the evidence for evaluation.</p> <p>The draw sting bags are then returned to school at the end of the week and the next activity is taken home.</p> <p>The Schools selected for the first phase, which is funded by YST and the additional TVBC/NHSH funds are</p> <p>Portway Infants (3 bags as 90 pupils in Yr) Vigo Infants (2 bags a 60 pupils in Yr) Anton Infants (2 bags as 60 pupils in Yr) Roman Way (1 bag as 30 pupils in Yr) Norman Gate (1 bag as 30 pupils in Yr) Shipton Bellinger (1 bag as 30 pupils in Yr)</p> <p>The HAT funding would pay for the programme to be rolled out in the Rural schools in Andover</p> <p>Abbots Ann Amport Clatford Grateley</p>

	<p>Hatherden Kimpton Appleshaw</p> <p>The Funding from the Wellbeing fund will pay for Active Lifestyles to be rolled out in</p> <p>Balksbury Infant (2 bags) Knights Enham Infant (2 bags) St John the Baptist</p> <p>We are hoping to get funding to take this programme to</p> <p>Smannel and Enham and Andover C of E. This would mean every year r pupil in Andover and its surrounding rural feeder schools will have Active Lifestyles</p> <p>The YST specifically stated that this project is to be focused in Andover. However if we can get the funding we will be looking to run this in every school that hosts year R pupils in Test Valley.</p> <p>Our approach to active lifestyles is gaining momentum in Hampshire. Gosport have taken this approach and are implementing it into all 17 of their schools that host this age group.</p>
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<p>How does the Bid meet the HATs Term of Reference?</p> <p>1) To tackle economic, social and health inequalities in the local area</p> <p>2) To support the delivery of Hampshire's improvement priorities within the Hampshire Local Area Agreement*</p> <p>3) To support local highways and transport priorities**</p>	<p>1) This work forms part of a larger project funded by the Youth Sport Trust that targets schools in areas of deprivation. If successful this bid fund work to support schools in rural areas, which will not necessarily be economically deprived, but will have limited access to facilities.</p> <p>2) This work aims to reduce childhood obesity and increase all age participation in physical activity. It also contributes towards the priority areas laid down in the Hampshire County Councils, Children and Young Peoples Plan, and includes LPSA 2 schools.</p> <p>3) By positively reinforcing healthy lifestyles and increased activity we can support schools travel plans.</p>
<p>Timescale (What is the anticipated period over which the money will be spent?)</p>	<p>Commencement Date: Summer/Autumn 2011.</p> <p>Completion Date: Summer 2012</p>
<p>Intended Outcomes (How will the success of the bid/project be measured?)</p>	<p>To increase the amount of physical activity that Year R pupils get by at least 1 hour. This complements the 5 hour offer.</p> <p>To educate parent and pupils on how to get active and play with their children.</p>

	<p>To educate parents and pupils on how to lead a healthy lifestyle for themselves and their families.</p> <p>To reduce the number of overweight / obese pupils in year R.</p>
<p>Future Funding Arrangements (If the project is to last more than a year how will it be funded in subsequent years? How will any outcomes achieved by the project be sustained in the longer term? If it is a capital scheme how will the equipment be maintained?)</p>	<p>Sustainability</p> <p>After initial funding of equipment the project requires no additional major outlay. Additional/ replacement equipment can do ordered through Davies Sports (who accept supermarket equipment for schools vouchers).</p> <p>Schools are being provided with electronic copy written versions of the diaries and activity cards to they can be re printed by the schools as required.</p> <p>Achievement of Outcomes</p> <p>Children and families will complete a diary each week to show their feedback and uptake of each activity. A questionnaire will also be sent to a sample group of families at the end of the 30 week programme to evaluate the project against its outcomes</p>

* Further information on the LAA can be found at the following website - <http://www3.hants.gov.uk/localareaagreement.htm>

** Any approved bids for highways/transport projects will require liaison with the Executive Member for Environment.

Declaration

I declare that the information supplied in this application is true and that any funding received from Hampshire County Council will be used for the purposes described in this form. The Council reserves the right to reclaim any funding not used for the purposes stated on this form.

I agree to provide a report detailing the outcomes of this bid/project (a form will be sent out for completion at the relevant time).

Signed **Date**

Position in organisation

Please return your completed form to: The HAT Team, Room 105, Elizabeth II Court, Winchester, S023 8UJ, or email: members.services@hants.gov.uk