



Application for Funding from Hampshire Action Teams

Organisation Details

Name of Organisation	Mill Chase Leisure Centre
Type of Organisation (Please tick or double click to check the appropriate box)	Community/Voluntary Group <input type="checkbox"/> Company limited by guarantee <input type="checkbox"/> District/Borough Council <input type="checkbox"/> Parish/Town Council <input type="checkbox"/> Registered Charity <input type="checkbox"/> School/College <input type="checkbox"/> Other (please describe below): <input type="checkbox"/> Leisure Centre, not for profit organisation.
Contact Name	Jimmy Miller
Contact Details	Address: Mill Chase Leisure Centre Mill Chase Road Bordon Hampshire GU35 OER
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Funding Details

Which HAT are you requesting funding from	East Central Hampshire HAT
Amount of Funding Requested (Please state if all or part of the funding will be spent on staffing costs)	£2,120 Part of the funding will be spent on staff for the duration of the project only, with the remaining amount spent on equipment, advertising and monitoring
Joint Funding (Please list any other funding secured for the project from other organisations)	Joint funding for the project has been met through : Mill Chase Leisure Centre Mill Chase Community School Totalling £495

Details of the Bid / Project

Title of Bid/ Project	Mill Chase fun and fitness club
Summary of Bid/ Project	<ul style="list-style-type: none"> ➤ The aim of the project is to support children and families to lead a more active and healthy lifestyle, by positively changing attitudes towards physical activity and healthy living based on government guidelines. ➤ The project will be based around nutritional education and physical exercise ➤ The initial project will consist of three courses running in October, March and June ➤ Each course will consist of 6 weeks of theory and practical session involving both the children and parents. After this there will be a 4 week drop in session aimed at the children and parents. ➤ During the duration of each course participant will be given vouchers for activities for themselves and parents to use at the centre. ➤ Participants will be encouraged to keep diaries throughout the duration of the course detailing exercise and food consumption. ➤ Pathways into sports provision by the centre will be the focus of the physical activity side including swimming, gymnastics, netball, football and multi sports.
How does the Bid meet the HATs Term of Reference? 1) To tackle economic, social and health inequalities in the local area 2) To support the delivery of Hampshire's improvement priorities within the Hampshire Local Area Agreement* 3) To support local highways and transport priorities**	<ul style="list-style-type: none"> ➤ The project is designed to educate both the children and parents with regards to healthy living and healthy lifestyles. ➤ The project will also demonstrate various pathways in affordable leisure activities that participants may not have been aware of before the project. <p>The project will support the LAA in the area's of:</p> <p>Theme A;</p> <ul style="list-style-type: none"> ➤ Improving the mental and emotional health ➤ Tackling childhood obesity <p>There could also be indirect contribution to :</p> <ul style="list-style-type: none"> ➤ Attainment at school <p>The project does not cover this area.</p>

Timescale (What is the anticipated period over which the money will be spent?)	Commencement Date: Oct 2010 Completion Date: July 2011
Intended Outcomes (How will the success of the bid/project be measured?)	<ul style="list-style-type: none"> ➤ Feedback on the programme will be gained throughout the course through the use of diaries held by each child. ➤ There will also be various questionnaires completed by each participant at the start and completion of the course ➤ Questionnaires will also be sent to participants 6 and 12 months after the completion of their course ➤ The four week drop in programme will also be a good indicator as to the success of the project. ➤ Success will be measured by 5 people improving their health and wellbeing by the end of each six week course. The overall success of the 3 courses will be measured by 15 people improving their Health and well being.
Future Funding Arrangements (If the project is to last more than a year how will it be funded in subsequent years? How will any outcomes achieved by the project be sustained in the longer term? If it is a capital scheme how will the equipment be maintained?)	<ul style="list-style-type: none"> ➤ The aim of the project is to make lasting links with the local junior schools in the area, resulting in the project becoming sustainable. ➤ Funding for future projects will come directly from the centre. ➤ Any equipment brought to the project will be used for activities at the centre for future projects of this type.

* Further information on the LAA can be found at the following website - <http://www3.hants.gov.uk/localareaagreement.htm>

** Any approved bids for highways/transport projects will require liaison with the Executive Member for Environment.

Declaration

I declare that the information supplied in this application is true and that any funding received from Hampshire County Council will be used for the purposes described in this form. The Council reserves the right to reclaim any funding not used for the purposes stated on this form.

I agree to provide a report detailing the outcomes of this bid/project (a form will be sent out for completion at the relevant time).

Signed

Jimmy Miller

Date

10/08/10

Position in organisation

General Manager

Please return your completed form to: The HAT Team, Room 105, Elizabeth II Court, Winchester, S023 8UJ, or email: members.services@hants.gov.uk