Aim, objectives, outcomes and measures

HEALTH & WELLBEING
AIM
Hampshire people are more active as part of a healthy lifestyle

Services for everyone

Targeted work

Objective
Improved access to sport and physical activity opportunities for adults in Hampshire

Objective
Improved availability of sport and physical activity opportunities for children and young people in schools and colleges, clubs and community settings (especially C&YP)

Objective
Improved access to sport and - physical activity opportunities for:
- Disabled children and young people, their families and carers
- Other disadvantaged groups

Outcome
Increased physical activity levels of adults in Hampshire
Disparities in physical activity levels of adults across Hampshire are reduced

Outcome
Increased physical activity levels of children and young people in Hampshire
Disparities in physical activity levels of children and young people across Hampshire are reduced

Outcome
Increased physical activity levels of disabled children and young people and other disadvantaged groups in Hampshire

Measure
NI 8 - Adult participation in at least 3x30 minutes physical activity per week (Active People Survey)

Measure
NI 57 – Children's and young people's participation in high quality PE and sport
NI 56 – Obesity in Year 6 children

Measure
Number of participants in "Aiming High for Disabled Children" programme
Number of participants in other targeted programmes