







Improving Outcomes for Hampshire's Adult Mental Health Services

Katrina Percy, CEO
Dr. Lesley Stevens, Clinical Director



Purpose:

-  To summarise progress
-  To provide Centre for Mental Health feedback
-  To illustrate the proposed pathway with patient stories
-  To provide service user and carer views
-  To describe the proposed future use of Woodhaven
-  To set out a proposed timeline for implementing service change



Progress

Acute Care Teams:

- **Intensive day support programmes** – established in Woodhaven and rolling out across the Areas, delivering a psychological model of care with an emphasis on working with family and carers.
- **Discharge facilitators** - in post in the East and North areas with plans in place to recruit to the West and South areas, working to improve communication between teams and with carers to ensure safe and timely discharge.
- **Crisis funds** – available in all teams.
- **Hospital at home teams (H@H)** – detailed implementation plans in place

Community Teams:

- Implementation of Access and Assessment teams (including single point of access) and Community Treatment teams is progressing, including plans for staff induction and development of outcome measures and performance indicators. The teams will 'go live' in March.





Progress Update

- **National Recovery project** – a wide ranging programme of work progresses, including development of service user led recovery training, a peer support worker project, development of a recovery toolkit for staff, development of a spirituality pathway, and introduction of recovery outcome measures
- **Carer project** – we are working with Solent Mind to recruit to a project co-ordinator post to lead work across the service to develop skills of our workforce with regards to carers
- **Supported Housing project** - we are working with the SHA and commissioners to ensure services work together to deliver individual packages of care and enhance the range of community services available to reduce dependence on residential care. This will increase the flow through the supported housing system, and getting packages of care right helps avoid readmission to hospital
- **Development of Standard Operating Procedures**
- **Development of Clinical Pathways**
- **Medical Staff Changes**

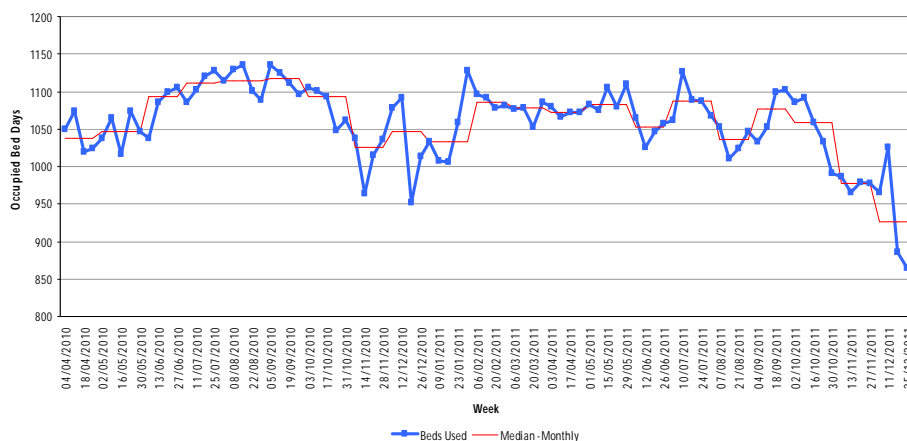


Progress Update

-  Stakeholder engagement meetings continue, with attendance including representatives of HCC, LINKs, an MP in the West group, Princess Royal Trust for Carers and other carer groups, Trust governors and service user groups. There has been constructive discussion about the intensive support programme, carers' issues, communications regarding service changes and the supported housing project.
-  We plan to continue these meetings, and establish them as 'business as usual' in the Areas.



Bed Usage:



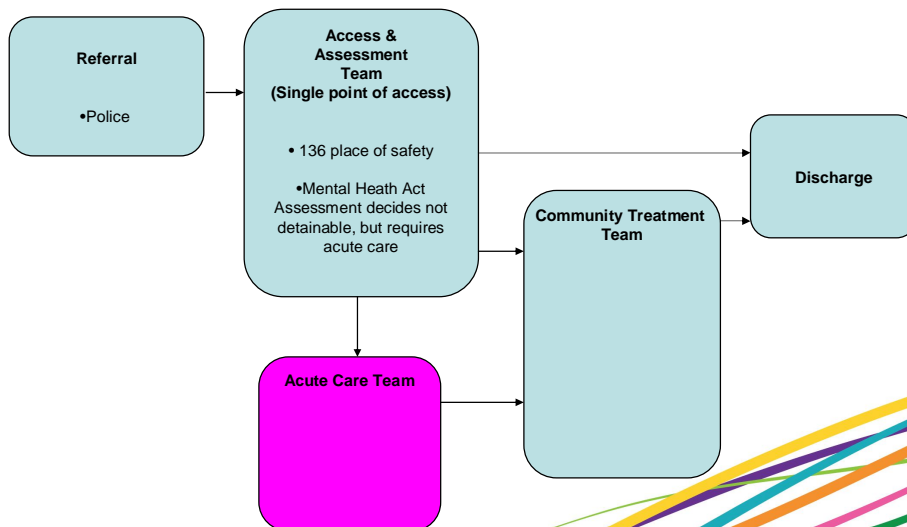
Review of Evidence for Change:

The Centre for Mental Health have independently reviewed our evidence for change. Their report concludes:

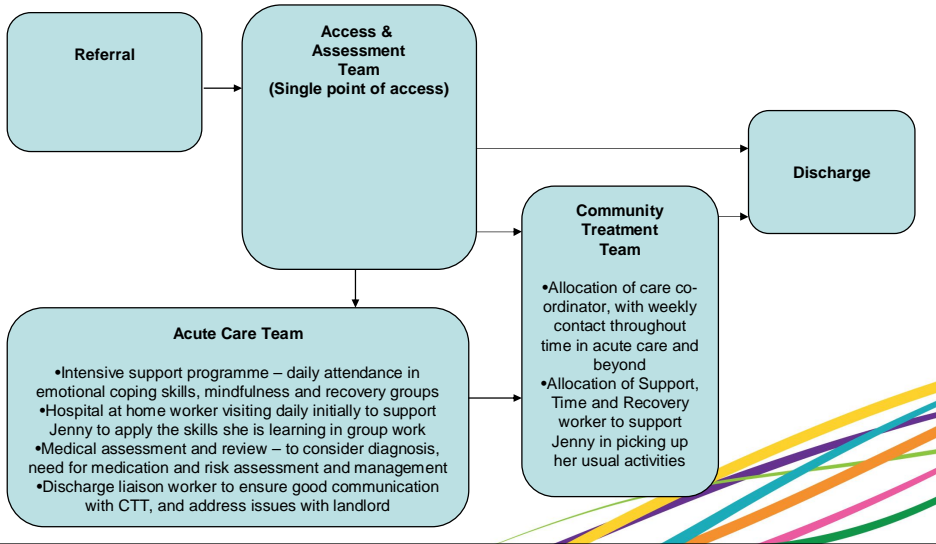
'It is our conclusion that these proposals are necessary if SHFT is to be able to provide safe, clinically effective and responsive services and meet its obligations to ensure good governance clinically and financially. Only by shifting the pattern of provision to a more community based service, coupled with a more flexible and responsive inpatient bed base that more appropriately matches the defined need, can the Trust deliver the improvements needed to meet those complex challenges.'



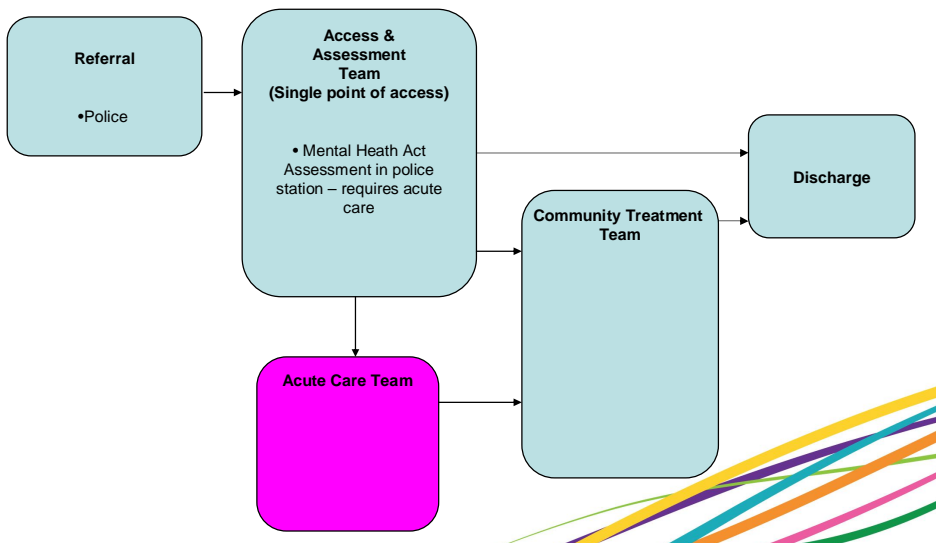
Jenny, 21 years, single and lives alone



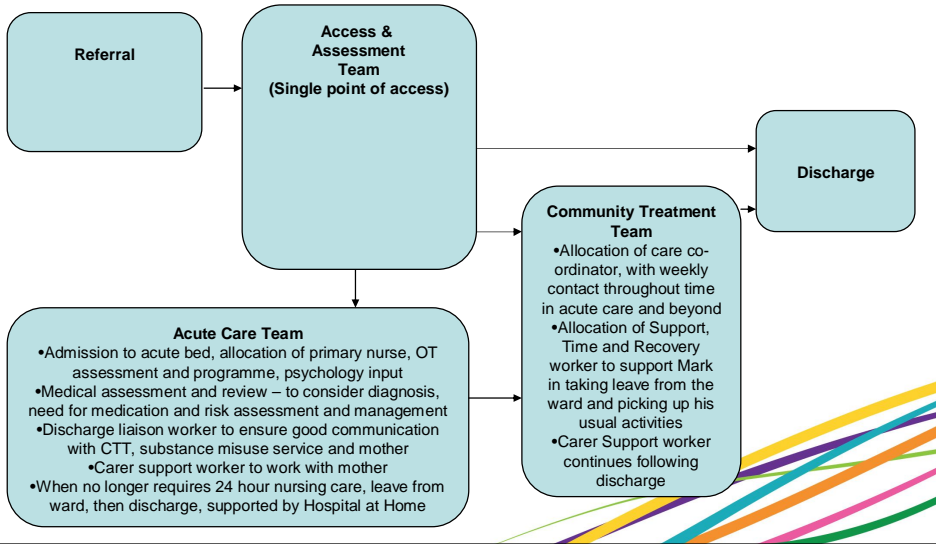
Jenny



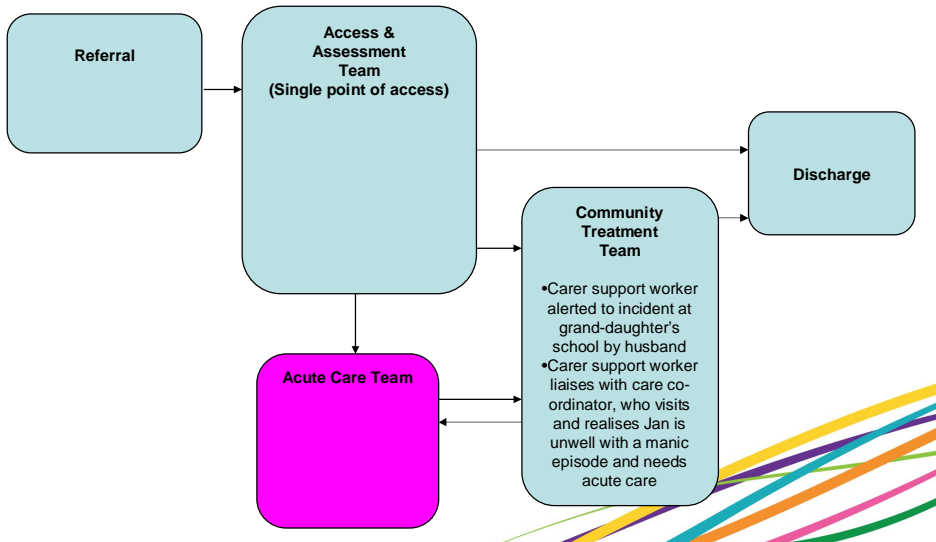
Mark, 19 years, single and lives with his mother



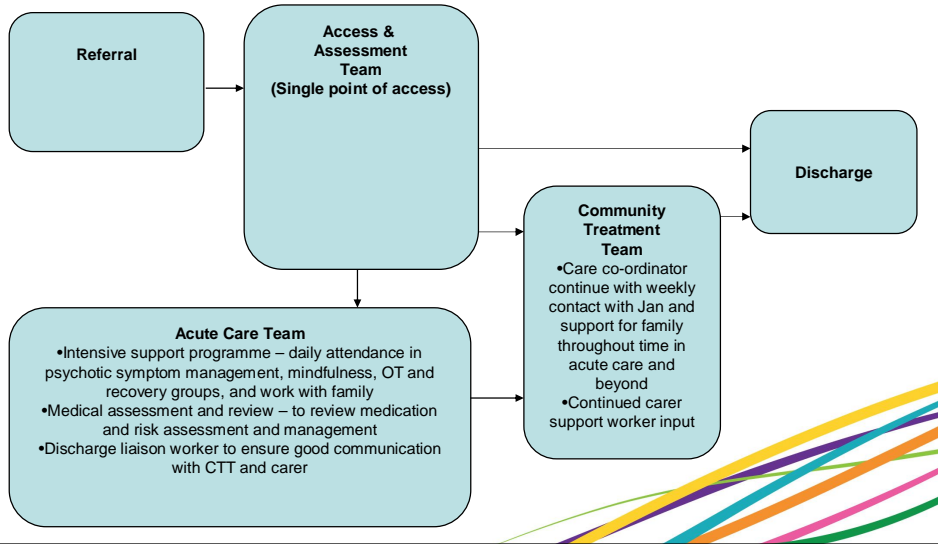
Mark




Jan, 52 years, married and lives with husband and son



Jan



 Service users' views – Tracy Nicholls, Team Manager, East Area Service User Network

 Carers' views – Kerry Hearsey, CEO of Princess Royal Trust for Carers

Future Use of Woodhaven:

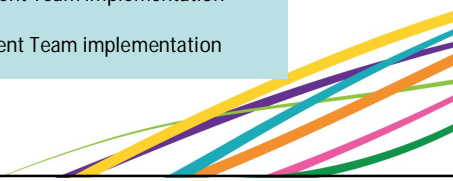
Proposal for low secure unit:

- Many Hampshire residents requiring low secure provision are currently placed in units out of the County
- Proposal to provide acute low secure, taking patients from the independent sector (placed out of Hampshire), step down from medium secure units and from adult mental health services (most of whom are in Psychiatric Intensive Care Units awaiting suitable placement).
- The clinical specification is in development.
- Woodhaven is the preferred site for this service



Proposal for Implementing Service Change:

Unit	Jan-12	Feb-12	Mar-12	Apr-12	May-12	Jun-12
Meadows		Close to admissions		Transfer remaining patients		
Woodhaven			Phased reduction in bed capacity			
		Acute Care Team implementation including roll out of Hospital at Home, Intensive Support Programme, discharge liaison workers, and crisis house in Basingstoke Access and Assessment Team implementation Community Treatment Team implementation				



Summary:

- 🔄 Plans to support the transition to the new model of service are progressing well, and resulting in sustained reduction in bed use over the past 3 months.
 - 🔄 Independent review of our plans by the Centre for Mental Health has supported our proposals
 - 🔄 Constructive engagement with stakeholders is continuing
 - 🔄 Plans for alternative use for Woodhaven are progressing
 - 🔄 We request that HOSC consider support for the phased reduction of beds in the Meadows and Woodhaven
 - 🔄 We wish to return to HOSC soon to report on progress
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