

AT A MEETING of the SAFE AND HEALTHY PEOPLE SELECT COMMITTEE of the COUNTY COUNCIL held at The Castle, Winchester on Tuesday, 30 April 2014.

PRESENT

Chairman:
p Councillor Patricia Stallard

Vice-Chairman
p Councillor Chris Carter

Councillors:

p Alan Dowden
p Keith Evans
p David Harrison
a Marge Harvey
p Roger Huxstep
p Chris Lagdon

p Fiona Mather
a Andy Moore
p George Ringrow
p Steve Rippon-Swaine
p Frank Rust
p Martin Tod

Also in attendance at the invitation of the Chairman:
Councillor Liz Fairhurst, Executive Member for Adult Social Care and Public Health
Councillor Jonathan Glen, Chairman of Policy & Resources Select Committee
Councillor Andrew Joy, Executive Member for Communities and Partnerships;

48. **APOLOGIES FOR ABSENCE**

Apologies for absence were received from Councillors Marge Harvey and Andy Moore.

49. **DECLARATIONS OF INTEREST**

Members were mindful that where they believed they had a Disclosable Pecuniary Interest in any matter considered at the meeting they must declare that interest at the time of the relevant debate and, having regard to the circumstances described in Part 3, Paragraph 1.5 of the County Council's Members' Code of Conduct, leave the meeting while the matter was discussed, save for exercising any right to speak in accordance with Paragraph 1.6 of the Code. Furthermore Members were mindful that where they believed they had a Non-Pecuniary interest in a matter being considered at the meeting they considered whether such interest should be declared, and having regard to Part 5, Paragraph 2 of the Code, considered whether it was appropriate to leave the meeting whilst

the matter was discussed, save for exercising any right to speak in accordance with the Code.

Councillor Martin Tod declared a non-prejudicial interest in Item 6, as he is the Chief Executive of the charity Men's Health Forum, which receives funding from the Department of Health, NHS England and Public Health England.

50. **MINUTES**

The Minutes of the Select Committee held on the 14 March 2014 were confirmed as a correct record and signed by the Chairman.

The following matters arose from the minutes:

A supporting people briefing would be taking place on 23 June from 2-4pm. This would also include an item on the future of the welfare fund. Details would be confirmed with members following the annual council meeting.

Details of the briefing to be circulated in early June.

A response had been received from the Executive Lead Member for Children's Services and Deputy Leader on the Committee's request for parenting skills to be considered as a taught subject in Hampshire schools. This response would be circulated to Members. Any further scrutiny of this topic would be undertaken by the Children and Young People Select Committee (C&YP SC), and the letter would be forwarded to the relevant Chairman.

Response to be circulated to members and the C&YP SC Chairman.

A letter had been sent to the Executive Member for Communities and Partnerships following the Crime and Disorder scrutiny meeting held on 14 March, which contained the recommendations made by the Committee. A copy of this communication would be circulated to Members.

Letter is circulated to Members.

51. **DEPUTATIONS**

There were no deputations to the Select Committee.

52. **CHAIRMAN'S ANNOUNCEMENTS**

The Future of the Safe & Healthy People Select Committee

The Chairman announced to the Committee that it was expected that this meeting of the Safe & Healthy People Select Committee would be the last under the current constitutional arrangements. It was noted that the Better

Care Fund and increased integration of health and social care had led to the County Council's overview and scrutiny functions and its Executive functions to be redefined in a consistent, coherent and comprehensive manner which takes account of these changes.

It was therefore agreed by Cabinet in April 2014 that the following recommendations be made to County Council at the AGM on 30 May 2014:

- That the Health (Overview and Scrutiny) and the Safe and Healthy People Select (Overview and Scrutiny) Committees are disbanded.
- That the County Council delegates the function of health scrutiny to a new Health and Adult Social Care Select (Overview and Scrutiny) Committee.

The Chairman gave her sincere thanks to Members for their input to the work of the Committee over its lifespan, and to the previous Chairmen of the Committee. Members thanked Councillor Stallard for her hard work and robust Chairmanship of the Committee over the previous year.

Care Homes

A briefing note would be circulated to Members on progress made with the closure of the three residential care homes and one day centre in Hampshire, and proposals for developing extra care.

Briefing circulated to Members of the Committee.

Care Bill

An update was provided by the Vice Chairman on the progress made by the Care Bill working group, which would next be meeting on 29 May. The Care Bill was expected to reach Royal Assent at the end of May. It was reported that officers were continuing to consider the impact of the final Bill on the County Council, and it was expected that the working group would feed into this work.

53. **COMMUNITY NUTRITION STRATEGY**

The Committee welcomed a representative of the Director of Adult Services to present the progress of the implementation of the community nutrition strategy, including the new meals on wheels service, in Hampshire.

(Take in presentation, Item 6 in the Minute Book)

Members heard:

- That the new 'meals of wheels' service is part of the Community Nutrition Strategy. It launched on 1 April 2013, and runs 365 days per year. A hot lunchtime meal

and dessert costs £3.60 per day, subsidised by Hampshire County Council, and is part of the 'universal offer', helping to maximise independence for as long as possible.

- Since its launch, the service has grown to 34 delivery rounds, up from 19, and the number of individuals requesting the lunchtime meal has increased significantly. Seven days per week delivery had also increased the number of meals provided at weekends.
- The 'meals on wheels' service is provided by Apetito, whose drivers are trained to perform health and wellbeing checks on service users and notify appropriate channels should they feel that an individual required assistance or assessment.
- A 'food and friendship' scheme, linked to 'meals on wheels', is now in place across all District and Borough Council areas (with the exception of New Forest District Council), co-ordinated by Age Concern. This service sees local volunteers become befrienders of 'meals on wheels' recipients, spending at least 45 minutes per week with service users in order to provide companionship when eating and drinking.
- There have been some challenges to overcome with the service, but these have been monitored through regular contract liaison with Apetito.

In response to questions, Members heard:

- That nationally 93% of the 14% of malnourished (undernourished) older people live in the community. It is often assumed that it is 'normal' for older people to lose weight as they get older – but this is often a sign of malnourishment.
- That Hampshire figures were available on malnourishment and this would be provided to the Committee. Meals contain 33% of the daily intake of nutrition, evened out across the week.
- A malnutrition taskforce had been set up nationally, aimed with understanding and preventing undernourishment in older people. It was agreed that the recent report published by this group be circulated to Members.
- That a lower number of meals were provided at the weekend in comparison to weekdays. This was usually because family members, friends or other individuals provide meals to the service user at this time.
- That rehydration is as important as nourishment and delivery drivers check that a drink is available to an individual when performing their health and wellbeing check.
- Health and wellbeing checks are able to review whether previous meals have been eaten. If there is a concern that a service user has not been eating their meals, this can be raised with the appropriate family member or

Hampshire figures on malnourishment provided to Members.

Malnutrition taskforce report circulated to Members.

social worker.

- The 'meals on wheels' service now has criteria that allows for individuals to have meals when they are discharged from hospital. Hampshire figures on the use of this service were available and would be provided to the Committee.
- That 96% of meals have so far been delivered on time, but occasionally an error may result in an individual not receiving their meal at the prescribed lunchtime. If this happens, Apetito are expected to communicate with the service user to inform them of the delay (or a carer if this is appropriate). All complaints are raised at liaison meetings between Adult Services and Apetito and appropriate action is undertaken.

Hampshire figures on hospital discharge meals on wheels provided to Members.

Members held a discussion on the information heard, and welcomed the success of the Community Nutrition Strategy and the new 'meals on wheels' service. It was noted that this strategy and the contained meals service were available to the older person's demographic (i.e. those over 55). Discussion was held on whether work could be undertaken to see if the aims of the Strategy could be directed at other vulnerable groups, such as those with a learning disability.

RESOLVED:

That it be recommended to the Health and Adult Social Care Select (Overview and Scrutiny) Committee that it receives a future item on work taking place with vulnerable adults to maximise independence, to include detail on nutrition and extra care.

54. **DEMENTIA FRIENDLY COMMUNITIES**

The Committee welcomed a representative of the Director of Adult Services to present on dementia friendly communities in Hampshire. Members were informed that this item followed on from the Select Committee's presentation on Dementia in January, and aimed to enable Members to understand through a presentation the steps being taken by the Adult Services department to help develop dementia friendly communities that will support people in their homes and neighbourhoods in Hampshire.

(Take in presentation, Item 7 in the Minute Book)

Members heard:

- That a dementia advisor service was rolled out County-wide in October 2012, with Andover Mind providing the service in Basingstoke and Deane, Eastleigh, Hart, Rushmoor, Test Valley and Winchester Districts and Boroughs, and the Alzheimer's Society providing the service in East Hampshire, Fareham and Gosport and the New Forest.

- That the 'dementia advisor service' supports anyone with a diagnosis of dementia, or individuals with possible dementia, offering support through the diagnostic process. The aim of the service was to support people to come to terms with and live well with dementia, offering advice, signposting and support to access services.
- That the 'dementia friendly communities' pilot launched in March 2013 and will last for two years. A toolkit has been designed to assist with this project and aims to engage with people with dementia and their carers. A 'dementia action alliance' was formed on 3 September 2012 as part of this, with organisations signing up to bring about a society-wide response to dementia.
- In addition, the project aimed to pilot a dementia friendly high street scheme. Any high street can become dementia friendly, so long as at least 20 shops or other retail stores sign up to the scheme. Fareham, Fleet and Lyndhurst had all become 'dementia friendly' high streets thus far, and Lymington would be next.
- That Hampshire County Council's dementia ambassador is Councillor Liz Fairhurst, as the Executive Member for Adult Social Care and Public Health.
- That all 'meals on wheels' delivery drivers receive dementia awareness training.

Dementia Advisor Service link sent to Members.

Dementia toolkit provided to members.

In response to questions, Members heard:

- That the Alzheimer's Society was due to launch an awareness drive as part of the Prime Minister's Challenge on Dementia, and this may lead to more of the public being aware of what dementia is and where to get help.
- That anyone can self-refer or refer an individual to the dementia advisor service.
- That figures provided to Members showed current and future prevalence rates. Currently the diagnosis rate for dementia was around 50%.
- That Hampshire County Council was working to become more dementia friendly, and work was currently ongoing with corporate communications to improve this.

Members discussed the importance of Councillors receiving dementia awareness training in order to be able to assist those in their local community. The good work of dementia cafes was also raised. In addition, representative of adult services raised the possibility of some Members becoming dementia ambassadors with the Executive Member for Adult Social Care and Public Health.

Dementia awareness training for members explored.

Dementia café locations provided.

Councillor Martin Tod left the meeting at this point.

55. **OLDER PEOPLE'S DAY OPPORTUNITIES**

The Committee welcomed a representative of the Director of Adult Services to set out the strategy for the provision of older people's day services in the County, following the Executive Member for Adult Social Care and Public Health's recent decision to go out to tender for such services.

(Take in report, Item 8 in the Minute Book)

Members heard:

- That older people's day services had been subject to an informal engagement process, where service users and other stakeholders were asked to comment on their priorities for what day opportunities in Hampshire should look like in the future. It started on 16 September 2013 and ended on 23 November 2013.
- That the aim of this review was to make the service more central to what the core adult social care priorities were; to achieve maximum independence for service users (i.e. not just somewhere to give carers respite).
- That the change in what would be required by providers of day services led to the need to try and stimulate the local market. Adult Services had held a stakeholder event where a wide range of organisations were invited to find out more about how they could get involved in providing day opportunities.
- That a new service specification for day services had been developed, and the service was agreed to go to tender by the Executive Member for Adult Social Care and Public Health in March 2014. The tender was now open at the Pre Qualification Questionnaire stage (PQQ). It was expected that new contracts would start in January 2015.

Councillor Roger Huxstep left the meeting at this point.

In response to questions, Members heard:

- That it will be the responsibility of the service provider to ensure that individuals can access the day service. Travel and access of service users would be included within the costings of the contract.
- That service providers would be expected to employ a mix of staff who were able to cater to both dementia and non-dementia service users. Day opportunities should be organised to allow for similarly-grouped service users to interact together.
- It was expected that new day opportunities would be open to self-funders.

56. ADULT SAFEGUARDING

The Committee received a report from a representative of the Director of Adult Services on Adult Safeguarding within Hampshire.

(Take in report, Item 9 in the Minute Book).

Members heard:

- That Hampshire County Council will have responsibility for adult safeguarding in prisons under proposals contained within the Care Bill. In order to plan appropriately for this change, regular liaison had taken place between the Governor of HMP Winchester, David Rogers, and Adult Services, and a Memorandum of Understanding has been agreed between the two organisations.
- That a BBC Panorama programme was due to be broadcast showing care failings in a care home in Essex. It was expected that calls would increase to the adult safeguarding line in Hampshire due to the heightened awareness of the public.

Councillor Fiona Mather left the meeting at this point.

In response to questions, Members heard:

- That work with prisons will involve identifying the needs of those inmates with learning disabilities or mental health issues, and helping to create care plans for these individuals. Work would also be undertaken to educate prison staff on avoiding bullying behaviours.

A discussion was held on whether, once the Care Bill had received Royal Assent, the Health and Adult Social Care Select (Overview and Scrutiny) Committee may wish to consider inviting the Governor of HMP Winchester to answer questions on the implementation of this legislation.

RESOLVED:

That it be recommended to the Health and Adult Social Care Select (Overview and Scrutiny) Committee that it continues the biannual scrutiny of adult safeguarding in Hampshire County Council.

Chairman HASC, XX Month 2014