

Building Mental Health and Well Being

Joint Hampshire Mental Health Commissioning Strategy 2012 - 2017

Andy Wilshire
Jessica Berry

Strategy

- **5 Year Strategy**
- **Moving on from NSF**
- **Powerful and credible joint commissioning to achieve fundamental change and cost savings within the context of:**
 - **Equity and Excellence: Liberating the NHS**
 - **Economic downturn**
 - **Foundation Trusts**
 - **Big Society**

National Picture: Mental health problems are common

- 1 in 6 adults experience mental ill health at any time**
- 10% of children have a mental health problem, continued into adulthood**
- 10% of new mothers suffer from post natal depression**
- 19% of women and 13.5% of men are affected by depression or anxiety at any one time**
- 4% of the population has a personality disorder**

National Picture

- **1% of the population has a serious mental health problem**
- **50-60% who require acute in patient treatment will have been physically or sexually abused as children**
- **30% of GP time is spent with people with mental health needs**
- **Costs £12.5 billion a year to Health and social care, lost earnings a further £23 billion projected to double over next 20 years**

Our Vision Our Pledge

- **In Hampshire we will build mental health and well being through personalised services that meet the needs of all our residents and all our communities.**
- **We will work together to create services, facilities and opportunities that are responsive, flexible, effective and provide value for money.**

World Café Consultation

10 things that our stakeholders wanted:

- **Community support / social groups**
- **Complementary and alternative therapies**
- **Early intervention / preventative support**
- **Employment services / benefits advice**
- **Family and carer support, including respite**
- **Psychological / talking therapies**
- **Services that are accessible both in regard to time and place**
- **Services out-of-hours – specialist and third sector**
- **Service user involvement**
- **Wellbeing Centres / One-stop shops**

(in alphabetical order)

Cross Government: No Health without Mental Health: value base and direction

- Parity of Esteem
- Be in control of their/our lives
- Have services that are equitable, consistent and value human rights
- Have valuing relationships
- Reaching their/our full potential

Achieving a balance

- **Experience and choice**
- **Safe and effective services**
- **Cost effectiveness**
- **Outcomes – jobs, homes etc**
- **County vs local**

Central themes

- **Continue to improve clinical quality**
- **Transform services to a well being and recovery approach**
- **Integrate specialist care with health promotion, earlier intervention and prevention**
- **Develop equal partnerships with service users and carers**
- **Improve the service quality, maintain safety and effectiveness and reduce costs**
- **Develop an outcome based governance system**

Cultural change

- **Sophisticated co-operation in a competitive market environment**
- **Changes in attitudes and practices across the work force**
- **Co-produced delivery with people, patients and communities**
- **Joint health & social care commissioning with stakeholders – Integration Transformation Fund**

Implementation Plan

- **With stake holders - WINs**
- **Authorised by NHS Hampshire
Commissioning Board and Hampshire
County Council Executive in 2011**
- **Implementation from 1st April 2012**

What have we achieved so far

- ✓ WINS set up with new clinical leadership in CCGs
- ✓ Well Being Centres, IAPT, Advocacy and Appropriate Adult services commissioned
- ✓ Social care and health outcomes in contract specifications being monitored together
- ✓ Futures Programme, refreshed s75 agreements supporting integration
- ✓ CQUIN for psychiatric liaison
- ✓ Recovery College set up
- ✓ Linked in veterans issues



West Hampshire
Clinical Commissioning Group



North Hampshire
Clinical Commissioning Group



Fareham and Gosport
Clinical Commissioning Group



South Eastern Hampshire
Clinical Commissioning Group



North East Hampshire and Farnham
Clinical Commissioning Group



Hampshire
County Council

Questions ?