

## The Solent Way, Gosport to Langstone



**HAMPSHIRE  
COUNTRYSIDE  
SERVICE**

<b>Distance:</b>	<b>12 miles</b>
<b>Start:</b>	<b>Gosport</b>

The Solent Way is a 60-mile long-distance coastal walking route from the seaside town of Milford-on-Sea past the hustle and bustle of seafronts, quiet yachting harbours, deserted marshland and saltings to finish at Emsworth Harbour.

The Way has been divided into 8 sections, each providing a really good day out. Choose between deserted coastal marshes or promenades and candy-floss, seaside picnics or cosy riverside pubs, and shingle beaches with exhilarating views.

There are castles and forts to explore, ships, submarines and museums to visit - and always with the smell and sound of the sea beside you. Walk past some of the finest marshes and lagoons in the south with rare species to look for such as foxtail stonewort, lagoon shrimp and starlet sea anemone.

The route is well waymarked with a Tern on a green arrow and is shown on Ordnance Survey maps Explorer OL22, 119 and 120 at 1:25 000 scale and indicated on these maps with a green diamond and the name of the route.

### **Directions**

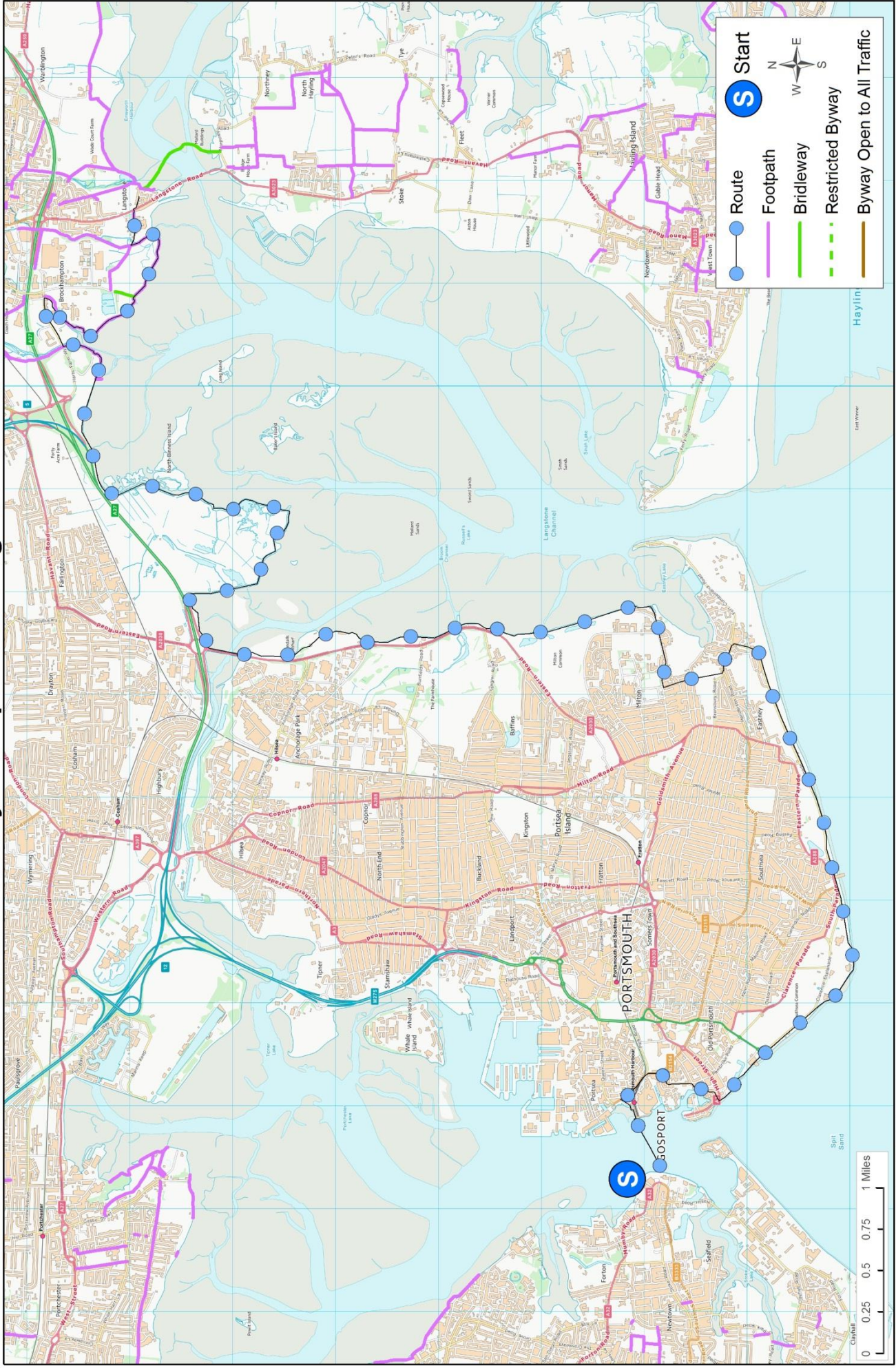
#### **Gosport to Langstone**

To the west of the path are the historic docks and three fantastic maritime museums and many other attractions in the City of Portsmouth.

Back to the water's edge, the Way goes past the neck of the harbour then Clarence Pier, with its bright lights and arcades, and along to Southsea.

Leave the deckchairs and candy-floss behind and enter the calm of Langstone Harbour and the wild Farlington Marshes. This expanse of coastal grassland is a haven for migrating birds.

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