

Public Health

Encouraging and supporting people to stay well and prevent ill health

What we do in a year

Promoting sexual health

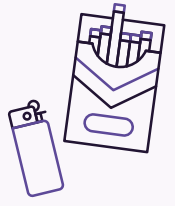
Over **30,000** unique patients accessed specialist sexual health services for **sexual health advice and STI testing** (2021).



Reducing tobacco use

5,300 people are **supported to quit**

Over 64% are successful after four weeks.



Reducing dependency

on drugs and alcohol. **Over 3,000 people currently being helped in drug and alcohol treatment** programmes with a further 4,100 receiving short term support.

Promoting healthy weight

More than **5,300** people were supported to **achieve a healthy weight** using Hampshire's adult weight management service.

Improving the public's health

Around **12,750** Hampshire residents have a **health check**.



Reducing violence

within communities. Some **3,000 victims were helped** on an ongoing basis by the domestic abuse support service.

Smokefree Hampshire

offer **free and accessible support** for residents who want to improve their health by quitting smoking.

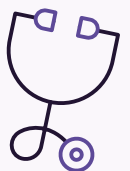


Supporting families, children and young people

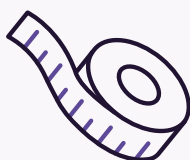
Every family with children (0–4 years old) can access Hampshire's Health Visiting Service – **currently supporting over 70,000 children**.



Over 215,000 children being educated in Hampshire can get help from the School Nursing Service.



In 2022, over 95% of Year R and Year 6 children have their **height and weight measured by school nurses** in Hampshire schools in our National Child Measurement Programme.



Over 7,600 new mothers in Hampshire supported to continue breastfeeding into the first two months after birth, giving their baby a healthy start.





Other key work

Championing innovation. This includes leading work to improve mental health and prevent number of suicides, including training for front line workers and

introducing digital service solutions, as well as ensuring the health of the public is taken into account when planning of major developments and spatial plans.



Programmes to support behaviour change and protect health. Leading county-wide and targeted programmes to improve and protect the public's health including losing weight, quitting

smoking, managing alcohol intake, falls prevention, mental health and childhood and flu immunisations and supporting management of infectious disease outbreaks.

Preparing and responding to Public Health emergencies (and outbreaks). Public Health worked with a wide range of partners across Hampshire, leading and

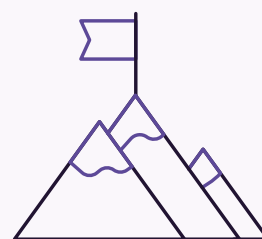
informing the local response to the Covid-19 pandemic through case surveillance, outbreak control, testing, vaccination and test and trace.



Our challenges

Enabling people to access services to improve their health ensuring that we meet the needs of the population including those who find it harder to make a positive change.

Hampshire's 1.42 million population are



living longer in poorer health

men spend nearly 15 years and women spend nearly 19 years of their lives in poor health.



becoming more unequal

in deprived areas men live nearly seven years less and women live nearly five years less than those in least deprived areas of Hampshire.

