

# Adults' Health and Care

## Supporting and caring for vulnerable adults across Hampshire

### Who we support

Over **250,000** people use **Connect to Support Hampshire** online directory for information, advice and guidance.



Some **29,000** people receive some form of **support helping them** back on their feet.



Over **6,500** **carers** receive support.

Around **1,500** **people are cared for** in our nursing and residential homes.



We provide **long term support** to over **18,400 residents**:

**66%** Older people



**15%** Learning disability



**11%** Physical disability



**11%** Mental health



### What we do in a year

Some **360,000** **Meals on Wheels** lunches are provided.



Some **4,750** **falls prevention classes** are held.



Nearly **4 million** **hours of** **homecare** are provided.



Over **130,000** items of **support equipment** are delivered to people in their homes.

Over **2,220** of those leaving hospital, are supported into **bed-based short term services**.



More than **860** **Extra Care apartments** are enabling older people to continue **living independently** in a home of their own, with care on site 24/7.

**Some 14,000 adults** are currently provided with **care technology** to help them live **independently**.

Nearly **10,500** **Occupational Therapy interventions** are delivered.



Some **22,000** people are **assessed**.

**11,000** people are **supported to leave hospital**.



### Our challenges

**1 in 10**

Hampshire residents are **over 75**.



**Over the next five years...**

... the number of people aged 18–64 years **predicted to have a moderate to serious physical disability** is projected to increase by

**3%**

... the number of people aged 18 years and over **predicted to have a learning disability** is projected to increase by

**11%**

... the number of **residents aged 75 or over** will increase by

**19%**