

Photograph

My One Page profile

Name DOB

My strengths, gifts and talents

- I can ask for help, saying 'help me'
- I can use the computer and iPad
- I can use up to 6 words in a sentence when I'm playing
- I can understand instructions up to 3 word level
- I can understand instructions when accompanied by a gesture or a Makaton signs
- I can count to 10
- I can name colours
- I can name some shapes
- I can take myself to the toilet, when reminded
- I can ask my key worker to put my 'shoes on' and 'shoes off'
- I can explore all the activities at pre-school
- I can sit on a chair at song time and will copy the actions for the songs
- I can sit with an adult for 'special time' in a quiet room
- I can take turns with an adult.
- I can take turns with one other child with adult support
- I can sit and eat my snack, when reminded and I'm beginning to choose my snack food using pictures

What is important to me

- I have a comfort toy named Thumper, which I like to have with me, especially when I'm anxious or upset
- I need to develop a strong bond with my key worker, this makes me feel safe
- I need a quiet space to go to when I'm feeling overwhelmed
- I need to have routine and for my environment to be predictable.
- Its important for me that adults understand that I need space to work, being in crowded areas prevents me from working to the best of my ability
- I enjoy playing with construction toys computers and gadgets
- I like problem solving, exploring how things work or how they can be fixed
- I enjoy sensory play, especially sand and water
- I love playing outside
- I like working with adults I know well, it makes it easier for me to learn when I'm relaxed.

Things I need help with

- I need help to learn the daily routine
- I need reminders to keep me on task
- I need help to learn to play
- I need my day to be predictable
- I need adults to remind me to go to the toilet
- I need to be told when to have snacks
- I need help at transition times
- I need help to explore new and unfamiliar activities and places
- I need help to make requests or initiate interactions

Ways to help me

- I need adults to use photographs to help me understand what is happening next, this helps me to finish what I'm doing and move on to the next activity
- I need adults to use timers to help me understand that my activity is coming to an end.
- I need adults to use now and next to help me cooperate with adult led activities
- I need a choosing board to help me show you what I want.
- I need 'Special Time' as it makes me feel valued and I enjoy the 1:1. It also helps me develop my speech and language.
- It helps me when adults use Makaton, it helps me tune into you and supports me to understand what you are saying.
- I need help to extend my imaginative play, you can help me by giving me play scripts and modelling what I need to do
- I need the same adult to play with me and support me, I need time to get to know people and feel comfortable with them
- I need adults to help me find activities, I can sometimes stay too long at an activity or I move on to quickly.
- I need adults to tell me when to eat snack, sometimes I don't realise I'm hungry till I'm really hungry
- I need a quiet space, where I can be on my own, to help me stay calm