

Below are some videos you may find useful around Fostering, Birth Children & Trauma. Please take a look at the video yourself first before sharing with your child, depending on age and stage!

<p><b>My Family Foster</b></p> 	<p>An insight into what it is like for a child, who's family foster with Hampshire County Council. Please note that family placement workers are now referred to as supervising social workers.</p> <p><a href="#">My family foster (child's view) - YouTube</a></p>
<p><b>Siblings in a Foster Family</b></p> 	<p>Every member of the family plays a part when it comes to fostering, including the children of foster parents. Come hear the stories from 3 pairs of siblings who shared what it is like having a foster child staying with them!</p> <p><a href="#">3 Pairs of Siblings Tell Us What Having A Foster Sibling Is Like - YouTube</a> -</p>
<p><b>How will Fostering affect my child?</b></p> 	<p>Charlie and Lily have both become foster siblings through Community Foster Care. We asked how life has changed for them, what the best thing about fostering is, what things have been hard and what could have helped them feel prepared in welcoming fostered children into their families.</p> <p><a href="#">How Will Fostering Affect my Child?   Birth Children   Community Foster Care (youtube.com)</a></p>
<p><b>Foster Care Stories</b></p> 	<p>Cara tells her story of being in foster care so others can understand what it is like.</p> <p><a href="#">Foster Care Stories: Cara (youtube.com)</a></p>
<p><b>ACES and Trauma</b></p> 	<p>Adverse Childhood Experiences (ACEs) are traumatic events that affect children while growing up. This short, animated film has been developed to raise awareness of ACEs, their potential to damage health across the life course and the roles that different agencies can play in preventing ACEs and supporting those affected by them.</p> <p><a href="#">Adverse Childhood Experiences (ACEs) - YouTube</a> .</p>
<p><b>Trauma &amp; The Brain</b></p> 	<p>A general introduction to what happens in the brain after children face traumatic experiences in childhood, like abuse and neglect.</p> <p><a href="#">Childhood Trauma and the Brain   UK Trauma Council - YouTube</a></p>