



Hampshire
County Council

Fostering Service

Foster carers learning and development brochure

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Congratulations on beginning your learning journey

This learning brochure is intended to help you discover the many learning opportunities available to you as a Foster Carer. It will ensure you have the most up to date knowledge to equip you in caring for children whilst aiding in your personal development

Using your learning brochure



COURSE DURATION



ONLINE INSTRUCTOR LED



FACE TO FACE COURSE



E LEARNING



DIGITAL RESOURCES



VIRTUAL REALITY



SAFEGUARDING

HCC_CS_C
SWFD_
FRAD_0835
5CRS

LEARNING ZONE CODE

How to book a course

The Learning Zone is the Hampshire County Council's webpage for learning & development opportunities

To book a place on an event or to access any eLearning you need to create an account [here](#)

If you are having trouble booking onto a course or accessing the training team or your Supervising Social Worker will be happy to help

More information on training, development and course objectives can be found on our [website](#)



Pathways, progression and annual courses

On your way to becoming an approved foster carer (pre-approval) there are courses that need to be completed to give you the essential skills to confidently begin your fostering journey.

Additional courses will need to be completed within the first 3 years (post-approval) to make sure that your knowledge base stays up to date and that you continue to provide excellent care for the children in your home.

There is a continued expectation that all carers complete the following courses annually; Prevent, GDPR and Safeguarding. Within Hampshire we are pleased to offer a range of safeguarding courses but as with all learning you may wish to find additional courses from our training partners *e.g HSCP*.

Some courses are dependent on the age range that you are approved to care for. These are included in the main *Learning Pathway for newly Approved Foster Carers within HCC* available on the learning zone. If you are unsure with any course, please contact your Supervising Social worker or the training team.

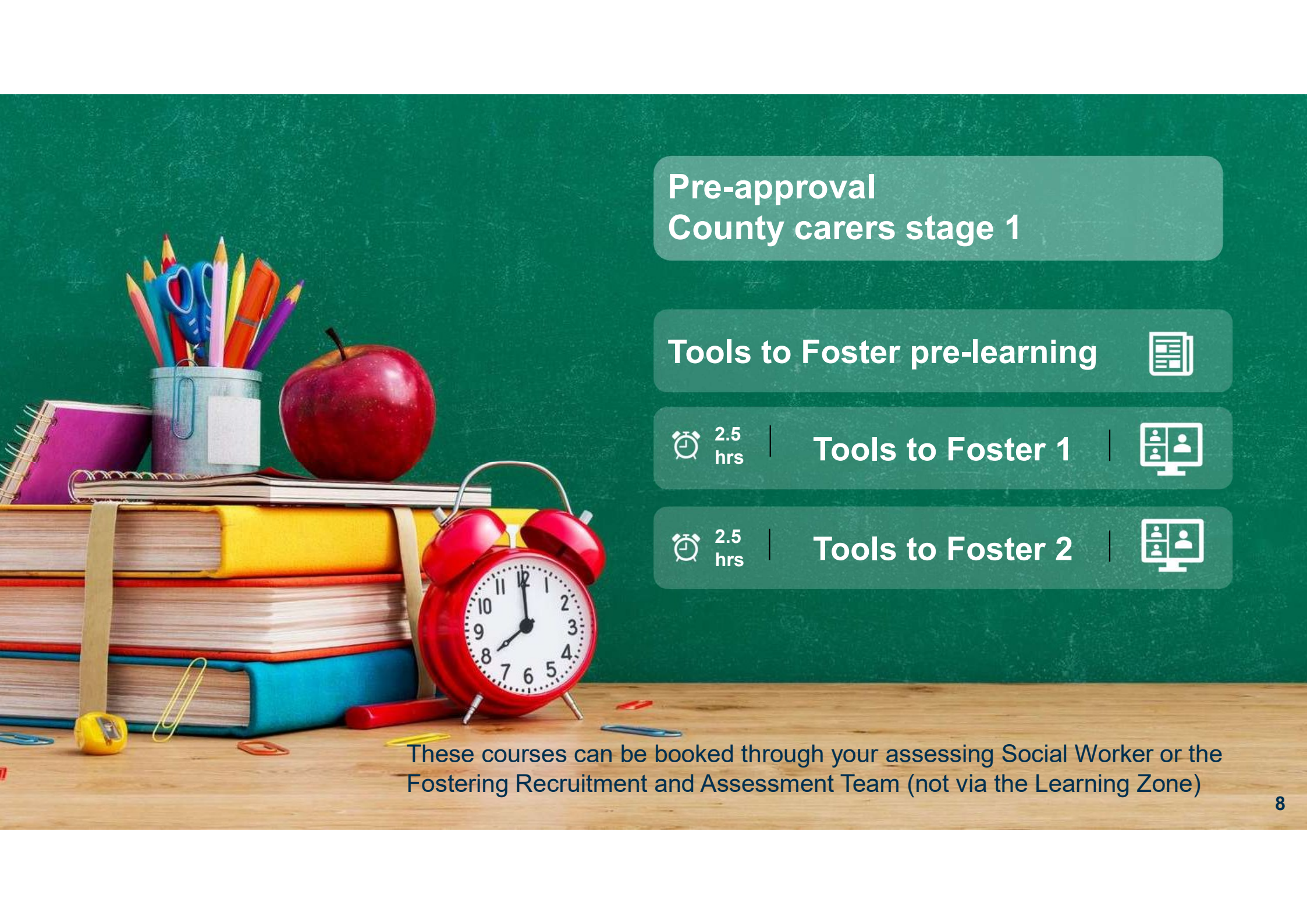
If you are interested in progressing to a higher skills level there are specific training and evidence requirements, please speak to your SSW if this is something that you would like to learn more about.



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Pre-approval learning



Pre-approval County carers stage 1

Tools to Foster pre-learning



2.5
hrs

Tools to Foster 1



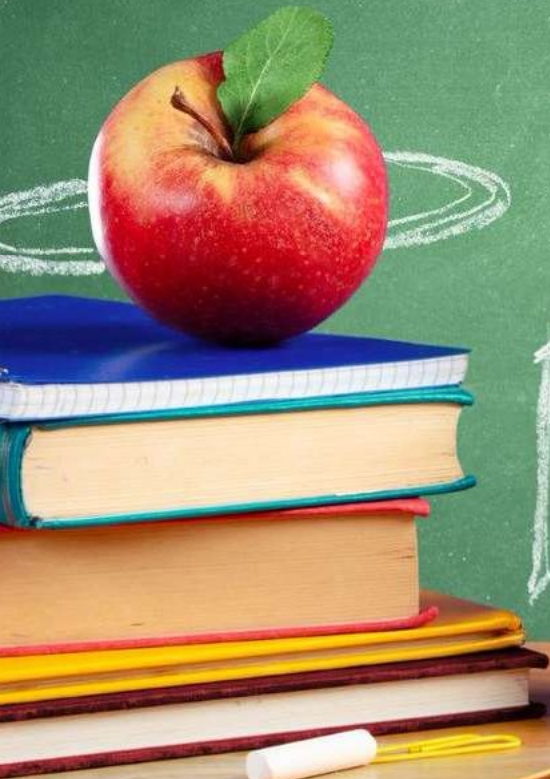
2.5
hrs

Tools to Foster 2



These courses can be booked through your assessing Social Worker or the Fostering Recruitment and Assessment Team (not via the Learning Zone)

Pre-approval County carers stage 2



Tools to Foster 3



Tools to Foster 4



Paediatric First Aid



HCC_CR_HWFD_OLRN_00025ELG

Prevent Duty



HCC_CR_HWFD_ORLR_00047ELG

Data Protection: GDPR





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Year 1 of your foster journey



Year 1 induction

During your first six months as a foster carer, you will have additional supervision sessions with your Supervising Social Worker who will cover the following topics.

Foster carer agreement

Fostering regulations and standards

Supervision and contact supervision

Modular file

Personal Development Plan (PDP)

Training support and development standards

Year 1 essential development

 3 hrs | HCC_CS_CSWFD_EDCC_00002VLS | 

**Education:
How you make a difference**

 2 hrs | HCC_CS_CSWFD_FSCR_00015VLS | 

**Introduction to equality,
diversity and inclusion**

 1 hr | HCC_CS_CSWFD_PRSK_00006ELG | 

**Introduction to the
Hampshire Approach**

 4 hrs | HCC_CS_CSWFD_FSCR_00009VLS | 

Strength based conversations

 2 hrs | HCC_CS_CSWFD_FSCR_08334VLS | 

Moving on and letting go

 3 hrs | HCC_CS_CSWFD_HLSF_00001ELG | 

**Level 2 Food Safety and
hygiene for catering**

 4 hrs | HCC_CS_CSWFD_SFG_00024ELG | 

 **E-Safety**

 3 hrs | HCC_CS_CSWFD_FSCR_08370CRS | 

Impacts of trauma



 2 hrs | HCC_CS_CSWFD_SFG_00039ELG | 



Medication awareness

 4 hrs | HCC_CS_CSWFD_SFG_00008ELG | 

 **Safeguarding in the children's
workforce**

 2 hrs | HCC_CS_CSWF_SCCH_00005VLS | 

**Promoting the health and well-being
of Looked After Children**

 2 hrs | HCC_CS_CSWFD_SFG_00012ELG | 

 **Gang/County lines
related issues**

Age specific essential learning - Year 1

Under 5's

 2 hrs | HCC_CS_CSWFD_SFG_00021ELG | 

Safer sleeping for babies

 2.5 hrs | HCC_CS_CSWFD_FSCR_08351VLS | 

Care of infants

10 Years +

 2 hrs | HCC_CS_CSWFD_SFG_00023ELG | 

Sexual health

 2 hrs | HCC_CS_CSWFD_SCCH_00001ELG | 

Return from missing – procedure for conversations with children and young people





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Year 2 of your foster journey

Year 2 essential development

 3 hrs | HCC_CS_CSWFD_SFG_00001EL | 

Trio of vulnerability

 2.5 hrs | HCC_CS_CSWFD_FSCR_00016VLS | 

**Equality, diversity and inclusion:
supporting with a difference**

 2 hrs | HCC_CS_CSWFD_SFG_12996ELG | 

**Keeping yourself safe – conflict and
challenging behaviour awareness**

 2 hrs | HCC_CS_CSWFD_SFG_00018ELG | 

Self harm

 1.5 hrs | HCC_CS_CSWFD_FSCR_00008VLS | 

Keeping memories and Life Stories

 2 hrs | HCC_CS_CSWFD_REUF_00002VLS | 

**Hampshire and Isle of Wight
reunification protocol**

 4 hrs | HCC_CS_CSWFD_FSCR_08371CRS | 

 **Exploitation:
A deeper dive (VR)** 

 2 day | HCC_CS_CSWFD_FSCR_08372CRS | 

Behaviour as communication

 2 hrs | HCC_CS_CSWFD_SFG_00005ELG | 

 **Child sexual exploitation**

A photograph of a man with a dark beard and hair, wearing a grey sweater, holding a baby in a blue and white striped shirt. The man is looking down at the baby, who is smiling slightly. The background is a plain, light-colored wall.

Age approval specific learning - Year 2

10 Years +



4 hrs

HCC_CS_CSWFD_SFG_00025ELG



Supporting teenagers and
young people



2.5
hrs

HCC_CS_CSWFD_FSCR_00001CRS



Relationships and sex education



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Year 3 of your foster journey

Year 3 essential development



2 day

HCC_CS_CSWFD_SWCS_12217CRS



Advanced attachment theory and intervention



4 hrs

LMS_ELGHCC_CS_CSWFD_SFG_00020ELG



FGM (Abused linked to faith or belief)



6 hrs

HCC_CS_CSWFD_SWCS_12215CRS



Supporting children and young people in dealing with bereavement and loss (blended)



2 hrs

LMS_ELGHCC_CS_CSWFD_SFG_00042ELG



Parental mental health





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Skills levels

Skills level 2 learning

In addition to completing Year 1 essential learning, including year 1 courses specific to the age range that you are approved to care for, you will need to complete these additional courses prior to skills panel.

 2 hrs | HCC_CS_CSWFD_SFG_00042ELG | 

Parental mental health

 6 hrs | HCC_CS_CSWFD_SWCS_12215CRS | 

Supporting children and young people in dealing with bereavement and loss

 2 hrs | HCC_CS_CSWFD_FSCR_08339CRS | 

Moving on and settling in

 3 hrs | HCC_CS_CSWFD_SFG_00001EL | 

Trio of vulnerability

Skills level 3 learning

In addition to completing both Year 1 and 2 learning, including all age specific learning, you will need to complete these additional courses prior to skills panel. You will need to make 'good' progress on the diploma, but you have 2 years to complete fully.

 4 hrs | HCC_CS_CSWFD_SFG_00020EL | 

FGM – Abuse linked to faith or belief

 2 Years | Register through your Supervising Social Worker | 

Level 3 Diploma in advanced skills in foster care

**Carers do not need to have completed the diploma in full but must have made good progress prior to panel.*



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Specialised fostering and ongoing development

We understand that every day comes with fresh opportunities for growth! Hampshire are proud to offer a wide range of needs specific development for foster carers covering a variety of subjects. If you feel that you need additional training on a subject not currently covered by our offer, please talk to your Supervising Social Worker who can work with the training team to provide resources and further training.

 2 hrs | [HCC_CS_CSWFD_FSCR_08339CRS](#) | 
Moving on and settling in

 4 hrs | [HCC_CS_CSWFD_FSCR_08356VLS](#) | 
Caring for children seeking refuge

 4 hrs | [HCC_CS_CSWFD_PRSK_13003CRS](#) | 
Parent and child arrangements

 4 hrs | **Coming soon!** | 
Supporting care experienced young people to independence

 5 hrs | [HCC_CS_CSWFD_SFG_00019ELG](#) | 
Working with children with learning difficulties and disabilities

Bitesize learning

HCC_CS_CSWFD_SWCS_12058DOC

Teenage psychology



HCC_CS_CSWFD_CNSP_00001DOC

Autistic spectrum conditions



HCC_CS_CSWFD_SWCS_12060DOC

Introduction to child development



HCC_CS_CSWFD_PRSK_00005DOC

Anxiety in children and young people



HCC_CS_CSWFD_SWCS_00001DOC

Top tips for managing ADHD



HCC_CS_CSWFD_PRSK_08231DOC

Hampshire Approach – motivational interviewing



HCC_CS_CSWFD_SWCS_12061DOC

Attachment and trauma – theory intervention



HCC_CS_CSWFD_SWCS_00002DOC

Eating disorders in children and adolescents



HCC_CS_CSWFD_SWCS_00003DOC

Self harm, risk assessment and risk management



HCC_CS_CSWFD_SWCS_00003DOC

Hampshire Approach – solution focused approaches



HCC_CS_CSWFD_SWCS_00003DOC

Cool, calm and connected



Additional services

Adult and Community Learning (ACL)

ACL offer an expanding and extensive range of courses foster carers can access for free! Fully funded courses include;

- Functional maths and English
- Emergency paediatric first aid
- Health and social care
- Motivation and confidence building
- Working in schools and childcare

For further information on ACL and what they offer visit them [here](#).

Additional services

Hampshire Safeguarding Children Partnership (HSCP) is a body that leads on keeping children safe and ensuring their wellbeing in Hampshire.

HSCP offer a huge variety of courses that are available to foster carers to extend your learning and development. To access courses, register [here](#) for free. These are varied between in person, webinar and online learning.

HSCP also offer a range of Tool Kits to help with difficult subjects such as neglect, FGM and Self Harm should you wish to explore the subjects in further detail.

FosterTalk is an independent service for foster carers to access support and advice. They provide resources that are outside of the Hampshire Childrens Services development programme including some further training courses. Find out more about their services [here](#).

Course feedback



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We are always looking to improve upon the courses and development pathways that we offer therefore feedback is so important to us. It is a small thing that can make a big difference!

You can offer feedback through the polls at the end of some virtually delivered courses, using the anonymous feedback form sent on completion or verbally to the trainer/Supervising Social Worker