

1.8 Walking With Your Eyes Open

- Aim: To encourage participants to observe the environment they are journeying through and to stimulate choice of purpose for assessed venture.
- Resources: This exercise is used on a practice/training expedition, having mentioned the need to observe the environment.
- Plan: Recording sheet (sample included) and pencil.

Timing	Section	Activity
10 minutes	Group Brief	<p>Each person in the group is given a recording sheet and pencil and asked to choose an item on which they are to concentrate: e.g. gates, stiles, cloud types etc. They must each find and record five different types of their item during the expedition.</p> <p>The Leader may need to assign an item to individuals in order that each participant has a different thing.</p>
Duration of Walk	Individual Activity	During the day participants should complete their recording sheets as and when they observe an appropriate item.
10 minutes per group	Group Work	Participants prepare a group presentation of their observations using their recording sheets. This is best done in the evening, on a practice expedition.
	Evaluation	<ul style="list-style-type: none"> • Was the group more aware of the environment as a result of recording data? • Have they developed ideas for the purpose of their qualifying venture? • Have the group gained ideas for the format of their final presentation?

■ Recording Sheet

Date: / /	Topic:	Observer:
Drawing	Description	