Short breaks enable children and young people with disabilities and/or additional needs to join in with safe, fun and interesting activities, and give parents and carers a break from caring.

Short break activities include:

• specialist play schemes
• supported places on mainstream activities
• community buddies
• activities for the whole family.

The Gateway Card gives you access to short break activities. Find out more at:

• 01962 846399
• shortbreaks@hants.gov.uk
• www.hants.gov.uk/shortbreaks