Your local guide to information, advice and support for young people

FAREHAM
Victim Support
A national charity that helps people affected by crime.
www.victimsofcrime.org.uk

Crimestoppers
0800 555 111
Call Crimestoppers anonymously.
www.crimestoppers-uk.org

National Domestic Violence Freephone Helpline
This service is for anyone affected by, concerned with, or experiencing domestic violence.
www.nationaldomesticviolencelhilpline.org.uk

Fareham and Gosport Family Aid
Provides support for women and children who have experienced domestic violence.
www.familyaidfghampton.org.uk

BullyUK
0808 800 2222
www.bully.org.uk

Youth Counselling
0845 600 2516
(service phone number)

KIDS - Young Carers Project
Support and advice for young people caring for a family member.
www.kids.org.uk

Children in Care Team
0845 603 5620
Advice and support for young people, up to the age of 18, in care.

Youth Support Service
01329 824084
Advice and support for young people leaving care at age 16.
X-perience Young Persons Centre, Trinity Street, Fareham PO16 7SJ

Childline
0800 1111
24 hour helpline for children and young people to call to talk about any problem.
www.childline.org.uk

NSSPC
Child Protection Helpline
Helpline for adults if you are concerned about a child.
www.nsspc.org.uk

Work, training, and education

Motiv8
023 9252 5026
Not in education, employment or training drop in and appointment service.
X-perience Young Persons Centre, Trinity Street, Fareham PO16 7SJ

Catch22 Route to Work Programme
Supports young people aged 16 to 24 years old to gain experience, skills and qualifications to succeed in education, training or employment.
Call 02392 222 770 or 7734 022 409

Wheathead Trust
02392 528084
Wheathead Trust supports 16-19 year olds in Fareham and Gosport with employability skills and personal matters, to encourage progression into education, employment or training.
For more information please contact Donna on 07791160621 or the above number.
Fareham
0845 604 3719

Jobsearch Helpline
Jobsseeker.direct.gov.uk
0845 606 0234

Apprenticeships
www.apprenticeships.org.uk

National Careers Service
0800 100 900
www.nationalcareersservice.direct.gov.uk

Fareham College
01329 815200
Over 100 courses including full and part-time, college-based and work-based.
www.fareham.ac.uk

St Vincent College
023 9258 8311
(Gosport)
Range of courses including A Levels, GCEs, BTEC First and National, and childcare courses.
www.stvincent.ac.uk

Gosport College
01329 236697
Offers training opportunities that help students acquire real skills directly related to the jobs available in the local area.
www.gosport.ac.uk

Fireport Training
01329 825805
Apprenticeships, essential skills, work based training and bespoke courses available.
www.fireport.co.uk

Academy No 5 Ltd
01329 286250
Work based apprenticeships in hairdressing.
www.academy5.co.uk

Paragon
01329 245300
Apprenticeships, essential skills and 14 - 19 courses.
www.paragonskills.co.uk

Steve Willis Training
023 921 0910
Apprenticeships in gas and electrical from the Porterchester area, and plumbing in the West Sussex area.
www.stevewillis.co.uk

Military Mentor Training
0785 6973576
Military Mentors specialise in getting 16-19 year olds into the Armed Forces. Courses are delivered by ex-servicemen with training taking place in Gosport.

Military Preparation
02392 691344
College training provider for young people aged 16 - 18 interested in a career in the Armed Forces.
www.mptc.co.uk

PETA Training and Consultancy Services Ltd
Cosham
023 9253 8700
Havant
023 9245 4445
Offers young people aged 16 - 24 opportunities in engineering, business administration, customer services, ICT, and warehousing/storage apprenticeships, and essential skills in developing career pathways.
www.peta.co.uk

Care to Learn:
0800 121 8889
Leaver Support Helpline. The Care to Learn scheme can help with childcare costs while you study. You must be aged under 20 at the start of your training:
www.direct.gov.uk/caretolearn

UCAS
01734 680468
Search and apply for university courses.
www.ucas.com

Student Finance
0845 300 50 90
England
www.gov.uk/student-finance

Accommodation
Resource Centre
Housing advice, mediation and homelessness support for 16 - 25 year olds.
www.choicementor.co.uk

Two Saints Direct
01329 281995
Access Hostel
101 Gosport Road, Fareham.
Fareham Borough Council
www.fareham.gov.uk

Missing People
01329 236100
Missing People is a free confidential service for anyone who has run away from home or care, or has been forced to leave home.
116000@missingpeople.org.uk
Shelter
0800 800 4444
The housing and homeless charity
www.shelter.org.uk

Homeless UK
Online database, with an advanced search function for local services.
www.homeless.org.uk

BullyingUK
0800 800 2222
www.bullying.co.uk

Sexual Health Promotion services
Integrated Contraception, GU Medicine and Sexual Health Promotion services
Hampshire, Portsmouth and Southampton Free Chlamydia screening service, information, advice, testing and treatment for sexually transmitted infections.
www.getit.on.hants.gov.uk

Smoking 
Quitting Helpline
www.quitforlife.org.uk

Quitting
www.nhs.uk/stopsmoking

Al-Anon
www.al-anon.org.uk

Alcoholics Anonymous
0857 769 5555
Confidential help and advice for anyone with a drink problem.
www.alcoholics-anonymous.org.uk

Drinkline
0300 123 1110
www.nhs.uk/alcohol

Alateen (for under 18s)
020 74007025
Support for family and friends of alcoholics.
www.al-anon.org.uk/alateen

NHSGen
0800 022 4 332
www.smokefree.nhs.uk

Quitting for Life – Hampshire Stop Smoking Service
Text QUITS to 60123
www.quitforlife.hants.ac.uk

Health Services
Integrated Contraception, GU Medical and Sexual Health Promotion Services
Hampshire, Portsmouth and Southampton
Free Chlamydia screening service, information, advice, testing and treatment for sexually transmitted infections.
www.getiton.hants.gov.uk

Solent Sexual Health Services
0300 300 2016
www.ssth.southampton.nhs.uk

Healthcare
Integrated Contraception, GU Medical and Sexual Health Promotion Services
Hampshire, Portsmouth and Southampton
Free Chlamydia screening service, information, advice, testing and treatment for sexually transmitted infections.
www.getiton.hants.gov.uk

Get involved and active

Fareham Youth
01329 236100
Council
Fareham Youth Council represents the views of young people and discusses projects and issues concerning them. Come along to meetings and help make changes to the things that matter to you.
youcouncil@fareham.gov.uk

Prince's Trust
0800 842 842
Helps young people aged between 13 - 30 to develop confidence and skills through a range of programmes.
www.princes-trust.org.uk

Duke of Edinburgh (DofE) Award
0845 602 4663

100% - Hampshire Police
Remember in an emergency always call 999

National Insurance Card Helpline
0845 915 7006

First Hampshire Bookings Office
www.firstgroup.com

Traveline – public transport information
www.traveline.info

National Rail Enquiries
www.nationalrail.co.uk

National Express
0871 200 2333
www.nationalexpress.com

Fareham Library
0845 603 5631
www.hants.gov.uk/library

Fernham Hall
01329 231942
www.hants.gov.uk/library

Ashcroft Arts Centre
Professional theatre, music, comedy, film, dance, visual arts, and arts activities/workshops available for all ages.
www.ashcroft.org

Fareham Leisure Centre
01329 233652
www.everyonereactive.com

Real Cinema
www.realicinemas.co.uk

Fareham Magistrates Court
023 9281 9421
Youth Clubs

Whiteley Youth Club
Whiteley Community Centre
Gull Coppice, Whiteley, Fareham, PO15 7LA
Email: enquiries@whiteleyyouthclub.co.uk
www.whiteleyyouthclub.co.uk

Crofton Youth Project
Stubbington Lane, Stubbington, Fareham, PO14 2PP

The Milk Bar
Portchester Community Centre
Westlands Grove, Portchester, Fareham, PO16 9AD
Youth Club for years six and seven.
Call: 02392 321787
Email: admin@portchesterca.org.uk
www.portchestercommunitycentre.co.uk

Fareham Community Church 'Fuel'
Youth Club
Information, advice and guidance on self-esteem, bullying, eating disorders, alcohol and substance misuse, and risky behaviour.
Call: 01329 829121

Broadlaw Walk Youth Club
Broadlaw Community Centre, Bishopsfield Road, Fareham, PO14 1FE.
Advice, information and activities for young people aged 13-17 in a friendly supportive environment. For more information please email fi@yservices.co.uk
www.yservicesforyoungpeople.co.uk

Fareham Park Youth Hut
Fareham North West Community Centre, Henry Cort Drive, PO15 6TL.
Advice, information and activities for young people aged 13-17 in a friendly supportive environment. For more information please email keith@yservices.co.uk

Detached Youth Work
We will be out and about working with young people in your territory to find out about your needs. For more information please contact detached@yservices.co.uk

Services provided by My Partnership.
For more information, visit www.mypartnership.org

Titchfield Community Centre, Mill Street, Titchfield, PO14 4AB
Email: oasisyouthclub@hotmail.co.uk
susie@yservices.co.uk 07814307012

Odyssey Young Persons Centre
White Hart Lane, Portchester, Fareham, PO16 9BD
Call: 07973 612 451
Email: abi@yservices.co.uk

X-perience Young Persons Centre
Trinity Street, Fareham, PO16 7SJ
Call: 07903 353 636
Email: dawn@yservices.co.uk

Genesis Young Persons Centre
Centre Way, Locks Heath, Southampton, SO31 6DX
Call: 07415 713 111
Email: lorna@yservices.co.uk

Not in education, employment or training? Want help with writing a CV or finding out about your options at 16?
Looking for information and advice on drugs and alcohol, or sexual health, such as contraception, pregnancy, Chlamydia testing and condom distribution?
Want to hang out with your friends, meet new people and take part in fun activities?
These services are here to help you:

Information in the Pocket Guide is correct at time of printing - July 2014.
Contact the service in advance or find out the latest information at www.hants.gov.uk/youthtube to avoid disappointment.

Post 16…
You decide.

From 2013, all young people have had to stay in education or training until the end of the academic year in which they turn 17. From 2015, all young people will stay in learning until their 18th birthday.

For Twitter updates follow @hantsfutures

There are lots of options available once you finish secondary education, including full-time education at college or sixth form, work-based learning, such as an apprenticeship or part-time training, if you are employed, self-employed or volunteer for more than 20 hours a week.

Staying in education or training means that you will be more qualified, with better job prospects and opportunity for higher earnings.

Find out more, including information on all the options and the support available, at www.hants.gov.uk/youthtube
YouthTube

The website for young people in Hampshire

www.hants.gov.uk/youthtube

- Support in your area
- Writing a CV
- Youth clubs and drop-in’s
- Apprenticeships
- Careers and qualifications
- Finding a job
- Volunteering

...for young people in Hampshire