



# Services for Young Children

## Hampshire Healthy Families School Readiness Offer

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Are you wondering about what you can do to prepare your child for school?

The thought of your child starting school might be daunting. This big milestone can be an emotional time not only for them, but for you and the rest of your family. Whether you are feeling excited, or worried (or both!), you may be wondering...

- Will my child be ready for school when the time comes, physically and emotionally?
- What will I need to do to make sure my child and the family are prepared?
- What does school readiness actually mean?
- What resources will my child need for starting school?
- How will I cope when my child starts school?
- How will the school help me and my family to settle and feel included?

You may just be starting to think about this, or perhaps you have a long list of questions! Hampshire Healthy Families are here to help. We offer a variety of sessions to help you feel prepared and ready for when your child starts school, through informative workshops, courses, and a pre-recorded webinar.

[School Readiness : Hampshire Healthy Families](#)

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[School admissions | Hampshire County Council \(hants.gov.uk\)](#)