

# Adults' Health and Care

Update for care providers



30 September 2021

## Inclusion Week Resources

Dear Provider

Inclusion Week is about celebrating everyday inclusion in all its forms. The theme this year is United For Inclusion.

You can get involved in Inclusion Week by registering for free on the [Inclusive Employers website](#). The website has a wide range of resources you can use with your staff to raise awareness of inclusion in the workplace, including a tool kit, top tips and podcasts.

The following resources may be useful to share with your teams to start a conversation on Inclusion:

Race:

[Slay In Your Lane: The Black Girl Bible](#)

[TEDx Talk – Jay Smooth – How I learned to stop worrying and love discussing race](#)

[When were white people invented?](#)

[Black Cyclists Network: 'Why I thought this group was needed'](#)

Religion:

[BBC iPlayer series: Being...](#)

[They by Sarfraz Manzoor](#)

Gender inequality:

[Everyday Sexism – book recommendation](#)

[Kate McWilliams: UK's youngest female airline captain and other female firsts](#)

[Fears the coronavirus pandemic will hit women hardest](#)

[What happened when a man and woman switched names at work for a week](#)

Disabilities:

[The Social Model of Disability](#)

[Sensory Overload – The National Autistic Society](#)

[TED Talk – I'm not your inspiration, thank you very much – Stella Young](#)

[Alex Brooker – 'What if my kids are scared of me?'](#)

LGBT+:

[Why LGBT people are disproportionately impacted by COVID-19](#)

[The Song of Achilles](#)

[How it feels to float](#)

[TED Talk – What it feels like to be transgender](#)



Hampshire  
County Council