

# Adults' Health and Care

## Provider newsletter

23 May 2023

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### What's new on National Capacity Tracker

Find out the [recent changes and updates](#) to National Capacity Tracker.

### Nutrition support tools and advice for care providers

Nutrition plays a vital role in helping people to stay healthy and recover from illness. See the information from Hampshire and Isle of Wight Integrated Care Board (ICB) on how to support people in care homes, and having care at home, who require nutrition support.

[READ MORE](#)

### Hoarding Awareness Week – 15-19 May

Hampshire and Isle of Wight Fire and Rescue Service (HIWFRS) is supporting [National Hoarding Awareness Week on 15-19 May](#). Hoarding is thought to affect 2-5% of the UK population, and the effects can be devastating as they present additional fire risks in the home which include:

- Escape routes may become blocked
- Fire spread and intensity can be accelerated by hoarded materials
- Materials can increase smoke development
- Those with hoarding behaviours may not want people to access their space meaning essential repairs on property and utilities are not reported and fixed
- Hoarding creates additional risks for firefighters.

The Fire Service offers [free home fire safety visits](#) to support individuals affected by hoarding. A [Multi-Agency Fire Safety Framework](#) is also available to support frontline

staff on the HIWFRS website. This provides guidance for the effective management of fire risks (including hoarding) within the home or residential setting.

## World Hand Hygiene Day

Each year the SAVE LIVES: Clean Your Hands campaign aims to raise awareness on the importance of hand hygiene in health care.

Hand hygiene helps prevent and control the contraction and spread of infections, particularly in healthcare settings. Regular hand washing or sanitising can significantly reduce the risk of viruses and infections, such as COVID-19, and protects patients, visitors and healthcare workers from harmful bacteria.

[FIND OUT MORE](#)

## Scalding and hot water guidance

See [the guidance](#) created by the Quality Assurance team in Adults' Health and Care. The document aims to be a one-stop-shop for advice and links to resources but does not replace any of your own internal policies and procedures.



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