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Adults' Health and Care

Provider newsletter

12 August 2025

Hampshire County Council to be assessed by the Care Quality Commission

The Care Quality Commission (CQC) has embarked on its assessment of the County Council's adult social care functions under part one of the Care Act 2014.

Whilst this is a single agency assessment, the CQC will be assessing the quality and effectiveness of our partnerships and integrated working arrangements, seeking to triangulate evidence through engagement with key external agencies.

The first phase of the assessment process is for the County Council to respond to the CQC's Information Return request. CQC will then analyse this return alongside other publicly available data and information and make enquiries directly with key stakeholders.

We now know that the CQC is contacting providers to invite you to share your views as part of our assessment through a short survey. The survey asks about your experiences of how well we work with you, for example to understand people's care and support needs and promote people's independence, and how well we support you, for example to support safeguarding and your workforce.

Not all providers will be contacted but if you are invited to respond, we would strongly encourage you to share your views and feedback with CQC.

We know from other councils' experiences that it could be several months before we are approached by CQC with notification of our on-site visit. We will advise you as soon as we know when this will be taking place.

Further information about the [CQC's Assessment Framework and links to published local authority assessment reports](#) are available. If you have any further questions, please don't hesitate to get back in touch via cg&qabusinesssupport@hants.gov.uk

If you were faced with someone experiencing suicidal thoughts, would you feel confident in knowing what to do?

Every day, people across our communities face silent struggles. Whether you're in a frontline role, supporting behind the scenes, or working within a voluntary or statutory service, your actions could make a life-saving difference.

Talking about suicide can feel uncomfortable, but silence reinforces stigma. And stigma can stop people from seeking the help they desperately need.

Hampshire Mind is offering FREE online workshops this year and next for anyone who works in Hampshire (not including Southampton, Portsmouth and Isle of Wight) to equip you with the skills, confidence, and tools to support someone in crisis. These sessions are designed for anyone working in public-facing roles, and no prior experience is needed.

[Sign up now](#)

What you'll gain:

- **Understanding Suicide and its causes:** Gain insights into the complex factors that can lead to thoughts of suicide and suicide behaviours, including mental health issues, emotional distress, and societal pressures.
- **Recognising signs:** Learn how to identify the verbal, behavioural, and situational indicators that someone may be thinking of suicide.
- **Effective communication techniques:** Develop skills to engage in sensitive and supportive conversations, helping to de-escalate crises and offer hope to those in need.
- **Immediate intervention strategies:** Acquire practical tools and approaches for providing immediate support, including how to refer individuals to mental health professionals and other resources.

● Ethical considerations: Understand the ethical responsibilities involved in suicide prevention, including confidentiality, consent, and the importance of self-care.

Your role matters. Your response could save a life.

[SIGN UP NOW](#)

Hampshire Safeguarding Adults Board (HSAB) and Hampshire Domestic Abuse Partnership (HDAP) Lunch and Learn: Domestic Abuse

A powerful one-hour session by the Hampshire Domestic Abuse Partnership (HDAP) designed to deepen your understanding of domestic abuse, challenge common myths, and equip you with the tools to respond confidently and compassionately. From recognising the signs and navigating disclosures, to safeguarding, risk assessment, and referral pathways for both victims and those causing harm—this session offers practical insights and key resources. Whether you're a frontline professional or simply want to know more, this is an essential learning opportunity to strengthen your awareness and response.

Click this link to book onto these sessions:

[Wednesday 17 Sep 2025 at 12:00 noon](#)

[Wednesday 28 Jan 2026 at 12:00 noon](#)

Booking information

Please note that only one ticket should be booked per person. If you are booking a place for other members of your team, please ensure that their names are accurately recorded. Links to online events will be sent out prior to the event being run.

Free training offer from Hampshire and IOW Fire and Rescue Service: Fire safety in the home awareness for professionals

We are pleased to invite professionals to participate in a free 1 hour 'Fire safety in the home awareness' training session.

This training is designed to enhance your knowledge of fire prevention and safety practices within the home and understand what a Safe & Well (home fire safety) visit entails, empowering you to better support the people and communities you work with.

Why Attend?

- Gain essential fire safety knowledge tailored to home environments and individual vulnerabilities
- Learn practical strategies to reduce fire risks and promote safer living conditions
- Enhance your ability to integrate fire safety advice within your professional area
- Learn how to refer clients/patients/service users to HIWFRS for a person-centred Safe & Well visit

By taking part, you'll strengthen your own practice and help prevent fire incidents through a partnership approach—saving lives and keeping homes and our communities safer.

To secure your place, click the Eventbrite link below for the date you wish to attend and register yourself for the online training.

[Tuesday 9 of September 2025 from 6:30 – 7:30pm](#)

[Wednesday 10 of September 2025 from 12 noon – 1:00pm](#)

[Tuesday 23 of September 2025 from 09:30 – 10:30am](#)

[Wednesday 8 of October 2025 from 6:30 – 7:30pm](#)

[Monday 13 of October 2025 from 09:30 – 10:30am](#)

[Friday 17 of October 2025 from 12 noon – 1:00pm](#)

[Wednesday 5 of November from 9:30 – 10:30am](#)

[Tuesday 18 of November from 6:30 – 7:30pm](#)

[Thursday 20 of November from 12 noon – 1pm](#)

[Tuesday 2 of December from 2:00 – 3:00pm](#)

[Monday 8 of December from 09:30 – 10:30am](#)

Please note – if you have more than 15 people in your team we are happy to come and deliver in-person training. Please email preventiondevelopment@hantsfire.gov.uk to book this in.

We look forward to your engagement and to strengthening our partnership in safeguarding our communities.

Free training from Inclusion Hampshire

You are invited to participate in two sets of FREE training sessions designed to support professionals working with adults and/or young people in Hampshire.

Ketamine Awareness Week in collaboration with our partner Catch22

Over the past year, Catch22, along with other drug services, have seen a significant increase in the number of referrals for young people who are using Ketamine. Because of this, we are holding a Ketamine Awareness week in September to educate and support people who may be using it. Catch 22 are running three online awareness sessions, which are free but private (accessible only via this invitation).

Session dates and registration links:

- [Monday 22 September 1pm–2pm](#)
- [Wednesday 24 September 5pm–6pm](#)
- [Friday 26 September 9:30am–10:30am](#)

Inclusion Hampshire Drug and Alcohol Treatment Information Sessions

Inclusion Hampshire is hosting a series of online sessions to help you understand our drug and alcohol treatment services in Hampshire. These sessions cover:

- The referral process
- Available treatment options
- Basic drug and alcohol awareness training

These sessions are ideal for professionals supporting individuals who may benefit from treatment or support, and for partner agency staff wanting to expand their knowledge.

Choose one of two sessions to attend:

- [Wednesday 8 October 2025 10am–12pm](#)
- [Tuesday 13 January 2026 10am–12pm](#)

If you have any issues with registration, please contact Kelly Pickard at: Kelly.Pickard@mpft.nhs.uk

Have your say on the location of future Hampshire Care Association (HCA) Network meetings

To help boost attendance and make the quarterly face-to-face network meetings

more accessible, HCA are considering holding them in one central location in

Hampshire instead of rotating each time.

Before making a decision, complete the 30 second pole to say your preferred

location:

The options include:

- Otterbourne
- Winchester
- Chandler's Ford
- Keep rotating between different locations

Effort is always made to ensure venues are accessible and offer free or low-cost

Parking.

[TAKE THE SURVEY](#)

Tickets now on sale for the Hampshire Care Awards 2025 on 18 September, Hilton Utilita Bowl

Tickets for the Hampshire Care Awards 2025 are now on sale, but be quick, spaces are limited and demand is high! Join Hampshire Care Association (HCA) for an unforgettable night of recognition, inspiration, and celebration.

Event Date: Thursday 18 September 2025

Venue: Hilton at Utilita Bowl, Southampton

Start Time: 6:00 PM

Dress Code: Smart evening wear

[Book your ticket](#)

Your ticket includes:

- Welcome drinks reception
- Three-course dinner
- Prestigious awards ceremony
- Live entertainment
- An evening filled with celebration and connection

Early Bird Offer:

Book before Sunday 18 August to secure our discounted early bird rate of £55.

From 19 August, tickets will be priced at £65 (subject to availability).

Important Membership Note:

Please ensure your membership remains valid through the event date – tickets will only be honoured if your membership is current. All memberships expired in April 2025.

If you have any questions please don't hesitate to reach out to the Events Manager, Erin, on events@hampshirecare.org.

We can't wait to celebrate the exceptional people and care providers who make Hampshire proud.

[BOOK YOUR TICKET](#)

Walking for Dementia - The Dementia Support Hampshire

Walk for Dementia – Sunday 14 September Warsash Harbour (Registration 10.30 to 11.30am)

Choose from a range of beautiful walking or running routes, from an accessible 0.5km to a challenging 12km, with several distances in between.

Enjoy a stroll along the River Hamble and join us afterward at the harbour to collect your medal, celebrate, and connect with others. Come together to share stories, honour loved ones, and support a meaningful cause.

The New Milton Mini Walk - Wednesday 27 August 2025 (Registration 1.30pm)

A shorter, accessible event held in New Milton, ideal for people living with dementia, carers, and community groups looking for a gentle, inclusive way to get involved.

You, your team, or the people you support are welcome to get involved — or help spread the word. Your involvement helps build stronger, more connected communities for those affected by dementia.

Every step helps local people living with dementia access vital services and live well for longer.

All walkers receive 12 months' free membership of The Lifestyle Card (worth £40pp).

Premium Ticket – £12.50 (includes t-shirt + medal)

Standard Ticket – £5.00 (includes medal only)

[FIND OUT MORE AND REGISTER](#)

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