

Isle of Wight HAF Signposting Offer

Dear HAF scheme provider,

It is a condition of your grant that your staff are able to provide information, signposting or referrals to other services and support that would benefit the children who attend your scheme/s, and their families.

The Department for Education has suggested that this could include either sessions or information provided by a range of organisations.

To help you we have detailed below the main topics of advice and information that your staff are required to be able to talk about to children and families as part of providing the HAF scheme. You may know of other sources of advice or want to go beyond this if you know additional guidance and advice would be of benefit to your particular participants.

The table below identifies main advice topics, key organisations and method of provision.

IsleFindIt is an incredibly useful resource and is mentioned numerous times below – find it here - [Directory of Services and Events on the Isle of Wight | Isle Find It](#)

Advice Topic Area (A-Z)	Key Organisations	Method of Provision
Adult and Family Learning	Isle of Wight Adult Learning Service offers a range of courses for learning and enjoyment. The Isle of Wight College provide a range of vocational courses.	Adult Community Learning Service - Service Details (iow.gov.uk) The Isle of Wight College (iwcollege.ac.uk)
Armed Forces	If a member of the family is in the Armed Forces there are many organisations that can offer support. Isle of Wight Council has signed an Armed Forces Covenant to ensure that local military personnel are not disadvantaged in any way.	Isle of Wight SSAFA Armed Forces Community Covenant - Service Details (iow.gov.uk)
Autism Support	This service is provided by People Matter, alongside support for people with support needs and their carers.	People Matter IW Independent living Isle of Wight User-led organisation Isle of Wight
Benefits Advice	Citizens Advice – Isle of Wight.	Citizens Advice Isle of Wight (citizensadviceiw.org.uk)
Careers Advice		
Careers Advice	For young people exploring post-16 options the Island Futures and Flying Start sites offer information on training, apprenticeships and employment.	Island Futures - Service Details (iow.gov.uk) Flying Start – Southern Universities Network (sunoutreach.org)

<p>Careers in the Armed Forces</p>	<p>The 11th Infantry Brigade</p> <p>Royal Air Force</p> <p>Royal Navy</p> <p>Young people might also want to consider joining Cadet branches of an armed service.</p>	<p>Careers The British Army (mod.uk) RAF Recruitment Home Regular & Reserve Royal Air Force (mod.uk) Royal Navy Jobs Careers in the Navy & Royal Marines (mod.uk)</p> <p>Hampshire And Isle Of Wight Army Cadets Army Cadets UK Hampshire & Isle of Wight Wing Air Training Corps (hantsatc.com) Unit Finder - Find Your Nearest Unit - Sea Cadets (sea-cadets.org)</p>
<p>Carers' Support</p>	<p>Young people can be carers too. Carers Isle of Wight provides support services.</p>	<p>Telephone: 01983 533173 – Tel Calls – 533173 (carersiw.org.uk)</p>
<p>Children's Services</p>	<p>Isle of Wight Council's Children's Services</p> <p>Provides safeguarding and social care services and information on childcare.</p>	<p>Childrens Services (iow.gov.uk)</p>
<p>Domestic Abuse</p>	<p>If you suspect domestic abuse you can contact Wight DASH (Domestic Abuse Support Hub). If you are concerned that a child is affected by domestic abuse please report this as a safeguarding concern. IsleFindIt lists other services that also provide domestic abuse support.</p>	<p>Home – Wight Dash</p> <p>You searched for domestic abuse Islefindit</p>
<p>Employment Advice</p>	<p>Jobcentre Plus</p> <p>Help to find work can be found on Gov.UK Find a Job – to search for current job vacancies</p> <p>Job Help – provides hints and tips on applying for jobs and job search ideas.</p> <p>Kickstart offers a six month paid work placement to 16-24 year olds who are in receipt of Universal Credit. For more information young people should send a journal message from their digital account to their work coach to express an interest in the scheme.</p>	<p>https://www.gov.uk/find-a-job</p> <p>https://jobhelp.campaign.gov.uk/</p> <p>https://jobhelp.campaign.gov.uk/kickstart/</p>

Family Support	<p>Isle of Wight Council's service for families with children aged 0–19 years (or up to 25 for young adults with learning difficulties and/or disabilities).</p> <p>Wight DASH provides a women's centre for women and children.</p>	<p>Support and Advice for Families - Service Details (iow.gov.uk)</p> <p>WOW! – Wight Dash</p>
Financial Advice and Education	<p>Citizens Advice (local)</p> <p>National Debtline (national)</p> <p>StepChange debt advice (national)</p> <p>Help Through Crisis – for residents in genuine hardship.</p>	<p>You searched for debt advice Islefindit</p> <p>Help Through Crisis (islehelp.me)</p>
Food poverty	<p>Isle of Wight Foodbank</p>	<p>Isle of Wight Foodbank Helping Local People in Crisis</p>
Health (physical)	<p>Oral health – keeping teeth healthy</p> <p>School Nurse Service</p> <p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p>Children's teeth - NHS (www.nhs.uk)</p> <p>Local Offer (iow.gov.uk)</p> <p>Signposting info below.</p>
Housing Advice	<p>Isle of Wight Council is responsible for Housing Services and there is helpful information on the website relating to various housing services. There are also contact details for support with adapting homes for children with disabilities.</p> <p>Housing Benefits advice - Citizens Advice. Applications for Housing Benefit are made to Isle of Wight Council - Housing Benefit - Service Details (iow.gov.uk)</p>	<p>Housing (iow.gov.uk)</p> <p>Citizens Advice Isle of Wight (citizensadviceiw.org.uk)</p>
Mental Health	<p>Community Mental Health Services are provided by the NHS.</p> <p>The Kooth and ThinkNinja mental health apps are available for young people aged 11 and above</p> <p>Youth Trust is the largest provider of youth mental health services on the Island.</p>	<p>Isle of Wight NHS Trust - Community Mental Health Services (iow.nhs.uk)</p> <p>Kooth - Home - Kooth</p> <p>ThinkNinja - NHS (www.nhs.uk)</p> <p>Isle of Wight Youth Trust (iowyouthtrust.co.uk)</p>

Nutritional Advice	Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.	Change4Life links are below
Online Safety	The Isle of Wight Safeguarding Children Partnership has a useful list of resources, including how to report online exploitation. ThinkUKnow is a national website that tailors information for children and young people of different ages on keeping safe online.	Online Safety : Isle of Wight Safeguarding Children Partnership (iowscp.org.uk) Thinkuknow - home
Reading and Literacy	Libraries are free to use and offer online services, learning sessions, events and clubs, as well as lending services for books and other material. Libraries offer the Summer Reading Challenge to prevent the dip in children’s literacy over the holidays.	Libraries, Culture & Heritage (iow.gov.uk) Book Trust links are in Appendix B below
Safety advice for young people	Hampshire Constabulary and partners have a comprehensive website, Safe4Me, with advice on topics such as sexting, knife crime, drugs with advice on how to talk to children and young people about specific issues and how to report concerns.	Resources – Safe4Me

Appendix A - Public Health England’s Change4Life campaign

PHE have kindly shared links to their Campaign Resource Centre where they have a range of digital resources, relating to their Change4Life campaign available for all to use.

The main Change4Life resource page includes both nutrition and physical activity resources: <https://campaignresources.phe.gov.uk/resources/campaigns/17-change4life/resources>

PHE also has the School Zone website which provides resources for teachers to use, focusing on a mix of healthy eating and physical activity. The first two links are to the main pages for Being active and Healthy eating and the links below that are to a selection of these resources within those pages. All contain printable resources that could be used by providers, including lesson plans, certificates, checklists and shareable information.

- [Being active | Overview | PHE School Zone](#)
- [Healthy eating | Overview | PHE School Zone](#)
- [Our Healthy Year: Reception take-home resources | PHE School Zone](#)
- [Our Healthy Year: Year 6 take home resources | PHE School Zone](#)
- [Recipe idea print-outs | PHE School Zone](#) (NB 5 recipe cards available)

- [Sugar Smart World take-home pack | PHE School Zone](#) (NB this is a game)
- [Play leader activity pack | PHE School Zone](#)
- [PE toolkit | PHE School Zone](#)
- [Classroom cooking toolkit | PHE School Zone](#)

Change4Life and the NHS also have a range of useful apps available for Android and Apple phones.

- Change4Life Food Scanner – The Food Scanner app brings food labels to life and helps you make healthier choices. Simply scan the barcode to see how much sugar, saturated fat and salt is in everyday food and drink.
- Active 10 – to motivate people to start walking briskly - [Active 10 - Home \(www.nhs.uk\)](#)

Appendix B – Book Trust

BookTrust is the UK's largest children's reading charity. We are dedicated to getting children reading. We get children reading in lots of different ways, but our priority is to get more children excited about books, rhymes and stories – because if reading is fun, children will want to do it. We reach millions of families across the country each year with books, resources and advice to encourage parents and carers to start reading with their babies right from the beginning.

Our books and resources are delivered via health, library, schools and early years practitioners, and are supported with guidance to encourage the reading habit. We offer free resources to families at a range of ages and stages, both universally and based on higher levels of need. To find out all about our programmes, from Free baby and Toddler packs through to packs for high school visit our programmes website:

<https://www.booktrust.org.uk/what-we-do/programmes-and-campaigns/>

We also have a website for practitioners and families packed full of help, advice and information, as well as an area specifically dedicated to FREE and exciting activities, called BookTrust HomeTime and it is full of fun for children and families i.e.

- story times with free online books and videos.
- Games
- Prizes
- Book-themed quizzes
- Draw along to learn to draw some of your favourite characters.

Visit: <https://www.booktrust.org.uk/books-and-reading/have-some-fun/>