



GUEST CLIMBERS SIGNING IN FORM.

SUPERVISING MEMBER READ & COMPLETE THIS SIDE.

A Full Member can bring a **MAXIMUM of two** guests into the centre.

Please read the following before answering the questions below.

As the supervising member when you sign in any other adult or junior to climb you:-

- are taking full responsibility for their safety and behaviour at all times within the climbing area regardless of their level of experience.
- must make them aware of the dangers involved, draw their attention to the conditions of use and rules, and make sure they adhere to these.
- should be capable and willing to take responsibility for them, supervise them at all times and provide full instruction for them in the following basic techniques:- correct use of a climbing harness, correct attachment of climbing rope to climbing harness, correct belaying technique and any other climbing techniques required to ensure their safety and the safety of others around them.
- should ensure that inexperienced belayers are **directly supervised** at all times when belaying and lowering. We **do not** recommend that you climb belayed by an unsupervised novice belayer.
- must make them aware of the dangers involved in bouldering and supervise them where appropriate.
- must ensure that if anyone you are signing in is under 18, that their parent or legal guardian has given permission for them to climb with you and has been made fully aware of the dangers involved.
- should not be receiving financial reward for doing so either directly or as part of your job. Nor should you be doing so as a volunteer leader with an organised group. To bring **any** number of people in, in these circumstances requires you to be a qualified instructor registered with us and should be booked in advance.

Supervising Member (please complete and clearly answer YES or NO to all relevant questions)

Name: _____

| | |
|--|---|
| As the supervising person do you agree to be responsible for the safety and behaviour of your guest(s) during their visit to the centre? | Please write YES, NO or N/A <input style="width: 100%; height: 20px;" type="text"/> |
| Are you able and willing to assist your guest(s) in the correct use of a climbing harness? | <input style="width: 100%; height: 20px;" type="text"/> |
| Are you able and willing to assist your guest(s) in tying into their harness correctly using an appropriate knot? | <input style="width: 100%; height: 20px;" type="text"/> |
| Will you allow your guest(s) to belay without direct supervision? | <input style="width: 100%; height: 20px;" type="text"/> |
| As the Supervising Person do you agree to draw your guest(s) attention to the conditions of use and rules and ensure that they adhere to these? | <input style="width: 100%; height: 20px;" type="text"/> |
| If either of your guest(s) are under 18, are you their parent or legal guardian? | <input style="width: 100%; height: 20px;" type="text"/> |
| If you answered NO to the previous question. Have you made their parent or legal guardian aware of the potential dangers involved in climbing and do you have their permission for them to climb with you? | <input style="width: 100%; height: 20px;" type="text"/> |
| Are you receiving financial reward for this directly, as part of your job, or are you doing this as a volunteer leader with an organised group? | <input style="width: 100%; height: 20px;" type="text"/> |

Signature: _____ **Date:** _____

(Some information on this form will be electronically processed in accordance with the Data Protection Act 1998)

CAC use. Form checked : Signed: _____ Date: _____



GUEST(S)*

READ & COMPLETE THIS SIDE

Please read the following before answering the questions below.

All climbers must understand and accept the British Mountaineering Council (BMC) participation statement: "The BMC recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement"

As the guest(s) of a member of this climbing wall you :-

- will be under the supervision of the member at all times.
- should be aware that climbing is a potentially dangerous sport and have read and understood the BMC participation statement above.
- should read and adhere to the conditions of use and rules attached.
- must follow any instructions given to you by the member signing you in. If you are unsure about anything you are asked to do you must ask for clarification before proceeding. Incorrect use of the equipment could lead to the injury or death of yourself or others.
- must not belay (hold the rope for) another climber without direct supervision until you and the member signing you in are sure you are competent to do so.
- should understand that the soft Matting under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **THE SOFT MATTING DOES NOT MAKE THE CLIMBING ANY SAFER.** Broken and sprained limbs are common on this type of climbing wall despite the soft landing. **Uncontrolled falls are likely to result in injuries to yourself or others.**

Guest 1 * (please complete and clearly answer YES or NO to all questions)

Name: _____ Age: _____ Date of birth: _____

Address: _____

Post code: _____

Have you read and understood the BMC participation statement, the notes above, the conditions of use and the rules?

Do you agree for the supervising member named overleaf to be responsible for your safety and instruction during your visit to this facility?

Signed: * _____ Date: _____

Guest 2 * (please complete and clearly answer YES or NO to all questions)

Name: _____ Age: _____ Date of birth: _____

Address: _____

Post code: _____

Have you read and understood the BMC participation statement, the notes above, the conditions of use and the rules?

Do you agree for the supervising member named overleaf to be responsible for your safety and instruction during your visit to this facility?

Signed: * _____ Date: _____

* When guest is under 16 the supervising member must ensure that the guest is aware of the dangers and conditions of use & rules and then complete and sign this side of the form for them.

CLIMBING WALL CONDITIONS OF USE

RISKS -

“The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”

Although the climbing centre is an artificial environment the risks involved are **no less serious than when climbing outside** on a crag or mountain. There is an additional risk that bolt-on holds can spin or break.

Climbing **beyond your capabilities** on any wall is likely to result in a **fall**. Any fall may result in an **injury** despite the safety systems in place to avoid it. You must make your **own assessment of the risks** whenever you climb.

MATTING -

The soft Matting under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **THE SOFT MATTING DOES NOT MAKE THE CLIMBING ANY SAFER.** Broken and sprained limbs are common on this type of climbing wall despite the soft landing.

Uncontrolled falls are likely to result in injuries to yourself or others.

OUR DUTY OF CARE -

The **rules** of the climbing centre set out overleaf are not intended to limit your enjoyment of the facilities. They are part of the **duty of care that we, as operators, owe to you, the customer, by law.** As such they are **not negotiable** and if you are not prepared to abide by them then the staff must politely ask you to leave.

YOUR DUTY OF CARE -

You also have a duty of care to act responsibly towards the other users of the centre. Statements of ‘Good Practice’ are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would **normally be expected to behave** towards each other.

UNSUPERVISED CLIMBING -

Before you climb without supervision the centre expects you to be competent in the use of a safety harness, a suitable knot to attach a rope to the harness and a belay device to secure a falling climber and lower a climber from the wall using a rope. You are required to register to say that you know how to use the equipment, that you are prepared to abide by the Rules below and that you understand the risks involved in your participation.

Anyone who has not registered is classed as a **novice** and **must not** climb without supervision.

Unsupervised climbing is just that! Staff will provide whatever help and advice they can, but instruction in the use of equipment or climbing techniques will only be provided where it has been booked and paid for in advance. If you are not **confident** in the use of any climbing equipment or technique then **do not** attempt to use it without the supervision of someone who is competent to do so.

SUPERVISED CLIMBING -

An adult who has registered at the centre and demonstrated a satisfactory level of competence may supervise up to **two** novice climbers as long as **they are prepared to take full responsibility for the safety** of those people. When taking responsibility for novice climbers **we recommend you do not climb belayed by a them** unless they have another competent climber with them to assist if they get into trouble.

Groups of three or more novices must only be supervised by an instructor holding the relevant Hampshire or Mountain Leader Training Board instructor qualification.

UNDER 18'S -

All under 18's in the centre **must be supervised by a registered adult unless** they have been assessed by the management and registered for unsupervised climbing (16 and 17 year olds only).

Helmets are compulsory for all Under 18's.

CLIMBING WALL RULES

GENERAL SAFETY

- Report to the visitor centre or climbing wall kiosk on each visit before you climb.
- You must exercise care, common sense and self preservation at all times.
- Report any problems with the walls, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing or belaying.
- Stand well back from the climbing walls unless you are belaying or spotting a climber. Never stand directly under someone who is climbing.
- There is a risk of broken holds or other objects falling from the wall. Calshot recommends all climbers wear helmets. Helmets are compulsory for all Under 18's.

TOP ROPING

- Many of the climbs in the centre have top ropes already in place. Do not take them down to use on other routes.
- Do not use your own 'quick draws' to lead the top rope walls.

LEADING

- When using the lead walls you must supply your own appropriately rated dynamic rope. Do not use the centre's top ropes for lead climbing.
- 'Quick draws' are already provided at intervals on the lead walls, you do not need your own 'quick draws'.
- You must clip **all** the runners on the route you are climbing.

WHEN BELAYING

- Always use a belay device attached to your safety harness with a locking karabiner. 'Traditional', or 'body' belaying is not acceptable.
- The attachment points on the floor are provided to give support to people belaying a climber who is much heavier than they are. Direct belays from the attachment points on the floor are not acceptable.
- Always pay attention to what the climber is doing.
- Always stand as close to the climbing wall as is practical unless you are using one of the attachment points on the floor. Sitting or lying down are not acceptable.

WHEN CLIMBING

- The tall walls are designed to be climbed using a rope for protection. Solo climbing is not acceptable on these walls. Always use a rope to protect yourself on these climbs.
- Always use a safety harness to attach yourself to the rope.
- Always tie the rope directly into the harness using a suitable climbing knot. Clipping in with a karabiner is not acceptable.

BOULDERING

- Always climb within your capabilities and descend by down climbing, jumping or, at the very least, a controlled fall.
- Never climb directly above or below another climber.