



EXPEDITION

1.6 What's The Point?

- Aim: To help participants identify areas of personal interest which can lead to decisions about the purpose of an expedition.
- Resources: Books, articles, maps and pamphlets for the area of the expedition (see below).
- Plan: This activity should be carried out as soon as trainers know the area for the expedition, and before route planning is started.

Timing	Section	Activity
Session 1		
Before the first session	Trainers Preparation	The trainer needs to contact the expedition panel/Award Officer for the area to check out the specific conditions for the area (e.g. no-go areas, firing ranges, forestry work etc.) The trainer needs to gather together the following: <ul style="list-style-type: none"> • Maps of the area for the expedition • General tourist information about the area • Contact details for organisations that can provide more detailed information e.g. The Forestry Commission and Tourist Information Offices.
20 minutes	Work in Pairs	Ask participants to interview each other around the following questions (this can also be used to practice listening skills): <ul style="list-style-type: none"> • "What are your hobbies and activities outside work/school?" • "What subject areas are your favourites?" • "What are you reading, finding out about, excited by, involved in at the moment?"
10 minutes	Group Activity	Participants then have to report back to the group on what they have found out about their interviewee.
10 minutes	Group Discussion	Facilitate a general discussion to help participants recognise what interests they have in common and what special skills they have in the group e.g. drawing, photography, video skills etc.)

10 minutes	Trainers Presentation	Give an introductory chat about the expedition area, touching very briefly on the following areas: <ul style="list-style-type: none"> • Where it is in terms of distance and direction from group base. • The sort of landscape • What goes on in that region i.e. industry, farming, regional specialties • Any general history you want to know about
20 minutes	Group Work	<ul style="list-style-type: none"> • Invite participants to explore maps of the area, seeing what they can find out about the area from reading the maps, and whether there are any unusual symbols (tumuli, standing stones etc.) • Make books and tourist information available and invite participants to spend a few minutes exploring areas of interest.
5 minutes	Preparation for the next session	For the next session, ask participants to think about what aspect of the expedition area they might like to explore while journeying, and to see what else they can find out about it (the Web is likely to be useful here).
Session 2		
15 minutes	Group Discussion	Discuss the aspects chosen and help participants to come up with realistic ideas that meet the following criteria: <ul style="list-style-type: none"> • Must be able to accomplish the purpose whilst journeying, something easy to observe and record, that you are likely to see and is not too wide ranging. • Must require some thought and analysis, not just counting features! • Must be environmentally friendly • Must be reasonably compatible with what other group members want to do
	Follow up	Encourage participants to follow up contacts to find out more information and identify places they particularly want to visit.
		Start to look at route planning.