

Directory of services supporting children and young people in:

**Hampshire County Council areas –
Winchester and Eastleigh; New Forest
and Test Valley (South)**

**Clinical Commissioning Groups area –
West Hampshire**

**Child and Adolescent Mental Health
Services area – West**

Further information on services can be found in the Hampshire Family Information Directory,
www.fid.hants.gov.uk

Directories can be found at: www.hants.gov.uk/ehcypf

Coding: (CSI) - Children's Services Integrated Grant funding
(YSS) – Youth Support Services Grant funding



Hampshire
County Council

Universal Services

Sure Start Children's Centres

Children's Centres are places where children under 5 years old and their families can receive seamless holistic integrated services and information and can access multi-disciplinary teams of professions.

www.hants.gov.uk/childrens-centres

Eastleigh area:

Aviary Children's Centre (Eastleigh), 023 8062 6960, theaviary@actionforchildren.org.uk

Caterpillar Hill Children's Centre, (Hiltingbury), 023 8026 6763,

caterpillarhill@actionforchildren.org.uk

Chamberlayne Children's Centre (Eastleigh), 023 8068 4990,

chamberlayne@actionforchildren.org.uk

Hop-a-long Children's Centre (Botley), 01489 781652, kate.isham@actionforchildren.org.uk

Little Coppice Children's Centre (Bishopstoke), 023 8060 2799, littlecoppice.cc@hants.gov.uk

The Nest Children's Centre (Hedge End), 01489 796395, kirsty.reed@childrenssociety.org.uk

The Windmill Children's Centre (Bursledon), 023 8040 5189, windmill.cc@hants.gov.uk

West End Gateway Children's Centre (West End), 023 8046 2182, westend.cc@hants.gov.uk

New Forest area:

All Season's Children's Centre (Pennington), 01590 678390, allseasons@actionforchildren.org.uk

Cadland Children's Centre (Holbury), 023 8089 0877, cadland@actionforchildren.org.uk

Forest First Children's Centre (Fawley), 023 8089 4425, forestfirst@actionforchildren.org.uk

Pathways Children's Centre (Fordingbridge), 01425 472545, pathways@actionforchildren.org.uk

Seedlings Children's Centre (Brockenhurst), 01590 624489, seedlings@actionforchildren.org.uk

The Bridges Children's Centre (Fordingbridge), 01425 654193,

thebridges@actionforchildren.org.uk

The Harbour Children's Centre (Eling), 023 8066 8683, theharbour@actionforchildren.org.uk

The Patch Children's Centre (Calmore), 023 8066 8047, thepatch@actionforchildren.org.uk

The Phoenix Children and Young People's Centre (New Milton), 01425 612113,

thephoenix@actionforchildren.org.uk

The Waterside Children's Centre (Hythe), 023 8084 5247, thewaterside@actionforchildren.org.uk

Winchester area:

Happy Valley Children's Centre (Denmead), 023 9226 9695, happyvalley@actionforchildren.org.uk

Lanterns Children's Centre (Winchester), 01962 893602, adminoffice@lanterns.hants.sch.uk

Little Petals Children's Centre (Bishop's Waltham), 01489 893314,

littlepetals@actionforchildren.org.uk

Merry-Go-Round Children's Centre (Wickham), 01329 834874,

merrygoround@actionforchildren.org.uk

Reign and Shine Children's Centre (Kings Worthy), 01962 889083,

reignandshine@actionforchildren.org.uk

Sunbeams Children's Centre (Alresford), 01962 736852, sunbeams@actionforchildren.org.uk

Sparklers Children's Centre (St Bartholomew), 01962 861403, sparklers@actionforchildren.org.uk

The Carroll Children's Centre (Stanmore), 01962 840022, somersclose@actionforchildren.org.uk

Test Valley (South) area:

Little Oaks Children's Centre (Romsey), 01794 834740, littleoaks@actionforchildren.org.uk

Sunshine Children's Centre (North Baddesley), 023 8073 6013, sunshine@actionforchildren.org.uk

Child Health Team

The Child Health Team includes Health Visitors and School Nurses. The Team aims to:

- Improve outcomes for children, young people and families at increased risk of poor health outcomes and identification of vulnerability.
- Support delivery of general education around health and well-being and supporting children with additional needs to access a full range of experiences and education.
- Strengthen the emotional and mental health/well-being of all children, young people and parents.
- Promote social inclusion through supporting engagement with local provision.
- Safeguard children and young people, to manage identified risks and provide timely and relevant health intervention.

Access: referrals from professionals only.

New Forest area

Southern Health NHS Foundation Trust, Ashurst Child & Family Centre, Lyndhurst Road,
Southampton, SO40 7AR
023 8074 3043

Romsey area

Southern Health NHS Foundation Trust, Ashurst Child & Family Centre, Lyndhurst Road,
Southampton, SO40 7AR
023 8074 3043

Eastleigh and Southern Parishes

Southern Health NHS Foundation Trust, Eastleigh Health Centre, Newtown Road, Eastleigh, SO50
9AG
023 8067 3966

Winchester area

Southern Health NHS Foundation Trust, Unit 3, Tidbury Farm, Bullington Cross, Sutton Scotney,
Winchester, SO21 3QQ
01962 763997

The Area Inclusion Co-ordinator Service

The Area Inclusion Co-ordinator (Area InCo) service support early years childcare practitioners to provide high quality inclusive practice. They assist with early identification of children who may require additional support. They provide regular training and group networking opportunities and sign post referral routes to other agencies.

www.hants.gov.uk/childrens-services/childcare/providers/inclusion.htm

Eastleigh & Winchester

Services for Young Children, The Aviary Children's Centre, Blackbird Road, Eastleigh, SO50 9JW
02380650034

New Forest area

Services for Young Children, Calmore Infant School, Calmore Drive, Southampton, SO40 2ZZ
023 8066 7360

Test Valley (South) area

Services for Young Children, Beech Hurst, Weyhill Road, Andover, SP10 3AS
01264 368000

Advice and counselling for young people

ASBOC Youth Café Project

Youth café in New Milton.

info@newmiltontowncouncil.gov.uk

(YSS)

Beat – Eating Disorders Family and Friends' Support Group

Support and information for family and friends of anyone with an eating disorder. Meet second Wednesday of month 7.30-9pm.

www.b-eat.co.uk

Winchester and District b-eat Family and Friends' Support Group, Bradbury House, Durngate Place, Winchester, SO23 8DX

07900 490609, b-eatwinchester@tiscali.co.uk

Be Your Best Foundation – Rock Challenge 2013

A performing arts initiative that delivers positive, healthy lifestyle messages to young people, improving their team work skills and building on their talent, commitment and enthusiasm.

Access: via school.

www.rockchallenge.co.uk

Be Your Best Foundation, Wessex House, Upper Market Street, Eastleigh, SO50 9FD.

023 8061 7753, david.beal@bybf.org.uk

Facebook: The UK Rock Challenge. Twitter: @ukrockchallenge.

(CSI)

Community First New Forest Young Carers Service

Information, support, advice and counselling for young carers.

Access: self referral and referrals from professionals.

www.cfnf.org.uk/content/young_carers_project.html.

Community First New Forest, Archstone House, Pullman Business Park, Pullman Way, Ringwood, BH24 1HD

01425 482773, fax 01425 482666, marie.shotbolt@cfnf.org.uk

Facebook: New Forest Young Carers Service

(CSI)

Cruse Bereavement Care

Free information, advice and 1-2-1 counselling for children and young people. All ages from pre-school to adult.

New Forest 01425 628375

Fordingbride & District Community Association – Hub Provision

www.avonway.org

36 Shaftesbury Street, Fordingbridge, Hampshire, SP6 1JF

01425 652706, avonway@BTconnect.com

(YSS)

Groundwork Solent – Hub and Drop in Provision

Youth work in Ringwood and Eastleigh, offering information, advice and guidance for young people.

Access: self referral and referrals from professionals.

www.groundwork-solent.org.uk

Groundwork Solent, 49 Stoke Road, Gosport, PO12 1LS

023 9261 7020, fax 023 9242 0418, solent@groundwork.org.uk

(YSS)

It's Your Choice – advice and counselling for young people

Free and confidential information, advice and counselling for young people in the New Forest.

Ages 12-25 years.

Access: self referral.

www.iyc.org.uk

It's Your Choice, 37 Salisbury Road, Totton, SO40 3HX

023 8086 4231, 0800 515819, manager.itsyourchoice@ukgateway.net

Twitter: @itsyourchoiceso

(CSI) (YSS)

New Forest Nightstop

New Forest Nightstop provides the only emergency overnight accommodation for homeless 16-24 year olds in the homes of trained and approved host households around the New Forest. New Forest Nightstop was established in 2003 and is a team approach to homelessness. Nightstop is free to young people. If suitable, a young person is able to stay 1-5 nights in a Nightstop household while receiving further advice from their housing advice worker who will discuss their options with them and put their case forward to the Supported Housing Panel.

The primary aim of Nightstop is to enable homeless young people to access safe, free, emergency accommodation in host households at the beginning of their homelessness when their need is most acute, then to support them into longer term housing through local housing providers. The support given by Nightstop improves not only young people's self-esteem but also their life chances, and their outcomes for employment, training, health and housing are much improved.

Access: A young person visits a local agency and if suitable, the agency will make a referral to Nightstop. Young people cannot self-refer to Nightstop. The young person must be able to show proof of identity or give the name of a referee.

The agency will go through a standard checklist with the young person to establish their suitability before contacting the staff at Nightstop. Anyone under the influence of drugs or alcohol or acting in a violent or anti-social manner will not be accepted for Nightstop nor will a young person with a previous history of alcohol, drug or solvent abuse, violence or arson be accepted.

Many local agencies are participating in the scheme:

- It's Your Choice - youth advice service
- NFDC Housing Needs
- Citizens' Advice Bureau
- Colleges & Schools
- Youth Support Services/Youth Clubs
- Social Services
- Job Centres
- Police
- Church organisations

www.newforestnightstop.org.uk

New Forest Nightstop, Community First New Forest, Archstone House, Pullman Business Park, Pullman Way, Ringwood, BH24 1HD
01425 478391, nightstop@cnf.org.uk
Facebook: www.facebook.com/newforestrnightstop. Twitter: https://twitter.com/nf_nightstop.
YouTube: <http://www.youtube.com/user/NewForestNightstop>.
Pinterest: <http://pinterest.com/nfnightstop/>

No Limits – Youth information, advice and counselling service

Free and confidential information, advice, counselling and support for 11-25 year olds in Southampton, Basingstoke, Fareham and Winchester.

Access: self referral and referrals from professionals.

www.nolimits-southampton.org.uk

No Limits, 24a Bernard Street, Southampton, SO14 3AY

023 8023 6237, young people 023 8022 4224, enquiries@nolimits-southampton.org.uk

No Limits, 278 Shirley Road, Shirley, Southampton, SO15 3HL

023 8077 8448, young people 023 8051 1051, enquiries@nolimits-southampton.org.uk

No Limits, 406-408 Portsmouth Road, Sholing, Southampton, SO19 9AT

023 8043 4455, young people 023 8043 5000, enquiries@nolimits-southampton.org.uk

Facebook :No Limits. Twitter:- @nolimitshelp

(YSS)

Ocean Youth Trust

The service allocates voyage places to vulnerable young people via bursaries. Bookings also accepted from young people who do not require bursaries.

Access: self referral and referrals from professionals.

www.oigtsouth.org

Ocean Youth Trust, 8 North Meadow, Weevil Lane, Gosport, PO12 1BP.

02392 602278, office@oigtsouth.org

Facebook: John Laing Sailing.

(CSI)

One Community – Eastleigh Young Carers Project

One Community provides flexible support for young carers within the Eastleigh Borough including information, signposting, regular activity evenings, day trips, life skill workshops and mentoring. Ages 11-18 years.

Access: self referral and referrals from professionals.

Eastleigh Young Carers Project – One Community, 16 Romsey Road, Eastleigh, SO50 9AL

023 8090 2465, jnewcome@1community.org.uk

Twitter: @1comm

(CSI)

Pennington Community Action Group – Hub Provision

Centre based and detached youth work offering information, confidential advice and guidance for young people aged 13-19 years. The aim is, over time, to pointer young people towards opportunities for apprenticeships, work experience and volunteering.

Access: Self referral and referrals from professionals. The sessions take place from 7pm to 9pm on Wednesday evenings in Pennington Sports Pavilion. The provision is open to all young people resident in Pennington and Lymington in the target age range to socialise and enjoy recreational activities. The Pavilion is at Pennington Recreation Ground, behind the Sports and Social Club in Lodge Road, off Ramley Road.

Pennington Community Action Group, North Lodge, 11 North Street, Pennington, Lymington, SO41 8FY.

01590 673357 or 07939 540145; Email: ph@sca.co.uk
(YSS)

Pilands Wood Centre – Pilands Wood Youth Club

A youth club offering a safe environment for young people, 9-15 years, in Eastleigh.

Access: self referral.

www.pwca.hampshire.org.uk

Pilands Wood Centre, Chamberlayne Road, Bursledon, Southampton, SO31 8DT

023 8040 5119, pwca@btconnect.com, Amanda Greenfield.

Facebook: Youthclub Pilands
(CSI)

Rape & Sexual Abuse Counselling – RASAC

Face-to-face counselling service and a telephone crisis service for victims of rape and sexual abuse. Face-to-face counselling for people 18 and over who live in the Winchester area.

Access: self referral and referrals from professionals.

<http://rasac.org.uk>

RASAC, Colebrook Centre, Colebrook Street, Winchester, SO23 9LH

01962 871716, helplines 01962 871717 / 01962 871718, rasac@waca.org.uk

Relateen/Utalk Service

Counselling service for young people who are experiencing difficulties with family conflict or family change. Ages 11-25 years.

Access: self referral and referrals from GPs, health and youth professionals and schools.

www.relate.org.uk

Relateen/Utalk Service, Westbury, 13 City Road, Winchester, SO23 8SD

01962 861336

Ringwood Young People's Drop-in - The Former Tennis Pavilion Carver's Recreation Ground

In partnership with Groundworks Solent, the Ringwood Young People's Drop-in service is an open access provision for young people. The target age range is 13–19 years old but nobody is turned away. It offers a safe place to be and meet with mates, a listening ear, together with signposting and the opportunity to participate in the development of an exciting new space for young people.

Opening times – Monday 6:00pm–9:00pm; Wednesday 6:00pm–9:00pm and Friday 8:00pm–10:30pm. Meet at the former tennis pavilion carver's recreation ground.

Jenny Critchlow (Ringwood Youth Co-ordinator) – 07971 533301.

Jenny.critchlow@ringwood.gov.uk

Or please ask at Ringwood Gateway.

Romsey and District Young Carers

Information, support, advice and counselling for young carers.

Access: self referrals and referrals from professionals.

www.romseyyoungcarers.org.uk

Romsey Young Carers, 9 Love Lane, Romsey, SO51 8DE

01794 515908, yccordinator@romseycarers.org.uk

(CSI)

Simon Says Child Bereavement Support

Bereavement support for children, young people and their families in Hampshire. Simon Says offers a helpline; support groups for children under 11 years and young people 11-18 years; befriending and counselling; information, resources and advice; support and training for professionals working with bereaved children and young people. Ages up to 18 years.

Access: self referral and referrals from professionals.

www.simonsays.org.uk

Simon Says Child Bereavement Support, PO Box 485, Eastleigh, SO50 0BA

023 8064 7550, info@simonsays.org.uk

Facebook: Simon Says Child Bereavement Support. Twitter: @simonsayscbs.

Solent Youth Action – SLAMS Supported Youth Club, J’s Youth Group, Open Access Youth Clubs and Holiday Programmes

Open access youth clubs – for young people aged 13-19 years to take part in fun activities.

Hiltingbury Community Centre, Wednesday and Thursday 6-9pm.

SLAMs Youth Club – for young people with additional needs to take part in fun activities.

Hiltingbury Community Centre, Tuesday 6.30-8.30pm.

J’s Youth Group – for young people with additional needs to take part in fun activities.

Hiltingbury Community Centre, Saturday 11am-1pm.

Holiday Programmes – for young people with additional needs to take part in fun activities during the holidays.

www.solentyouthaction.org.uk

Solent Youth Action, Unit 1, 32-34 Leigh Road, Eastleigh, SO50 9DT

023 8065 0514, Joanna Quinn, joanna@solentyouthaction.org.uk

Facebook: Solent Youth Action. Twitter: @syavolunteer.

(CSI) (YSS)

TADIC Teenage Drop In Centre

Confidential and free drop-in centre for teenagers.

Access: self referral and referrals from professionals.

www.teenagedrop-inhedgeend.co.uk

TADIC, Lower Northam Road, Hedge End, Southampton, SO40 4FL

01489 782727 (answered during clinic Wednesday 3-6pm), text 07879761660,

eycounselling@gmail.com (for counselling)

tadic@btinternet.com

(YSS)

The Carroll Centre – Primary age work at The Carroll

The Carroll provides a comprehensive service for 5-11 year old children, offering a wide range of events and activities. The service includes primary youth, play schemes in all holidays, primary youth events, trips, inclusion work in primary feeder schools and Poppins after school club targeting and supporting some of the most vulnerable children and young people in the Stanmore area of Winchester.

Access: self referral and referrals from professionals.

www.thecarrollcentre.org

The Carroll Centre, Somers Close, Stanmore, Winchester, SO22 4EJ

01962 840022, fax 01962 840812, c.y.c@btconnect.com

Facebook: Carroll Children's Centre.

(CSI) (YSS)

The Garage Youth Centre

The Garage youth centre provides both centre based and outreach youth work services for young people aged 9-21 years living in the Totton and Eling area. The centre provides a safe environment to socialise and have fun and obtain needs based information, confidential advice and guidance on a range of issues from person and social skill development, self worth, healthy lifestyles, fitness and sports development, relationship and sexual health. The Garage provides free condoms, Chlamydia test kits and free pregnancy testing as a 'Get it on' NHS service provider. Free membership to young people 11-21 years Monday, Wednesday and Thursday evenings from 6-9.30pm, and 9-21 years Saturday 12-4pm. The Garage operates an extended open access 'drop in' service on Thursdays from 2-5pm providing a tailor made 1-1 needs based support service for young people aged 16-21 years to access the full range of services plus career and education IAG.

Access: self referral and referrals from professionals.

www.garageyouthclub.net

The Garage Youth Centre, Eling Recreation Ground, Eling, Totton (off Totton by-pass).

c/o Totton & Eling Town Council, Civic Centre, Totton, SO40 3AP

023 8066 9908, 07884 153275, 07955 380416, thegarageufi@live.co.uk,

info@garageyouthclub.net

Facebook: The Garage Ufi.

(YSS)

The Handy Trust (Hythe & Dibden Youth Trust)

The Handy Trust (Hythe & Dibden Youth Trust) provides information, advice and activities, youth support service, free and confidential information, advice and support for 0 -25 year olds in the parishes of Hythe & Dibden and Marchwood.

Access: self referral and referrals from professionals.

The Handy Trust, The Grove, 25 St John's Street, Hythe, SO45 6BZ.

023 80841411, candy.huxham@btconnect.com

Contact the workers: Candy Huxham 07584572019 Ann McDonald 07734423809 Derek Hawkins 07908860786 All workers have Facebook page in their name and provide a confidential messaging service.

(YSS)

The Prince's Trust

The Prince's Trust works with people with low self-esteem, aggression, drugs, alcohol or involvement in crime. A combination of long-term personal support with practical learning experiences enable young people to develop personal, social and life skills. Ages 13-25 years.

Access: self referral and referrals from professionals.

www.princes-trust.org.uk/southampton

The Prince's Trust, 61-64 The High Street, Southampton, SO14 2NS

023 8023 1666, fax 023 8023 1109, southamptoncentre@princes-trust.org.uk

Facebook: The Prince's Trust Southampton Centre

(CSI)

Trinity Winchester

Drop-in service offering support to people experiencing personal problems, such as mental health, substance misuse, family/relationship breakdown, homelessness and social exclusion. Parenting courses are also available. Ages 16 years upwards.

Access: self referral and referrals from professionals.

www.trinitywinchester.org.uk

Trinity Winchester, Bradbury House, Durngate, Winchester, SO23 8DX
01962 622220, fax 01962 890309, dropin@trinitywinchester.org.uk

Trinity Women's Services

A direct access day service for women. The freedom group for women who have experienced domestic abuse, mental ill-health, isolation, relationship issues and financial difficulties. A range of services are offered including individual support, counselling, adult education groups, relaxation, hand massage and yoga. For 18 years upwards.

Access: self referral and referrals from professionals.

Trinity Women's Services, Bradbury House, Durngate Place, Winchester, SO23 8DX
01962 828632, women@trinitywinchester.org.uk

Winchester Detached Youth Project – Street Reach

The project delivers positive activities and provides support to those who are most at risk and in need. Youth workers visit and support young people on the streets, in parks and other areas.

Access: through detached youth work on the streets, in parks and other areas.

www.streetreach.co.uk

Winchester Detached Youth Project, Bradbury House, Durngate Place, Winchester, SO23 8DX
01962 828621 / 07754 5489403, winch.youth@gmail.com

Facebook: Street Reach Winchester.

(YSS)

Winchester Young Carers

The service helps children and young people whose lives are affected by caring for a family member. Group activities and befriending – evenings and weekends. Ages 8-17 years.

Access: self referral and referrals from professionals.

www.wycp.org.uk

Winchester Young Carers, Kayac, Winnall Valley Road, Winchester, SO23 0LD
01962 808339, 07736 006428, office@wycp.org.uk

(CSI)

Winchester YMCA

The service supports young people in a huge variety of ways to ensure they fulfil their potential. It offers youth work, information, advice and support. Ages 12-19 years. Activities include:

Re:refresh youth café drop in facility.

Re:mix health lifestyle project for young people (including tackling misuse of drink/drugs).

Re:think supporting young people into employment, education and training.]

Professional youth counselling.

'Directions' groups for 15-16 year olds to motivate and empower young people's choices.

Support work in secondary schools for those at risk of exclusion or who need additional pastoral support.

Partnerships with churches providing quality youth and children's work in their communities.

Youth Hopes and Dreams annual arts programme including workshops and exhibition.

Youth exchange with Bethlehem YMCA.

Access: open access and referrals from professionals.

www.ymcawinchester.org.uk

Winchester YMCA, St John's House, Broadway, Winchester, SO23 9BE
01962 864234, winchester.ymca@btconnect.com
Facebook: Winchester YMCA. Twitter: @winchesterymca.

Winchester Youth Counselling

Free confidential counselling service for young people. Information and advice to parents and professionals. Ages 11-25 years. A De-Stress, Relax and Chill project is also provided on a one to one basis aimed at helping young people reduce levels of stress, anxiety etc.

Access: self referral and referrals from professionals.

www.winchesteryouthcounselling.org

Winchester Youth Counselling, Jubilee House, 1-3 Swan Lane, Winchester, SO23 7AA

01962 820444, 14-25counselling@btconnect.com

(CSI) (YSS)

YMCA Fairthorne Group

Information, advice and support service for children, young people and families.

www.ymca-fg.org

01489 785228, info@ymca-fg.org

Facebook: YMCA Southampton, Fairthorne Manor, Portsmouth and Isle of Wight. Twitter:

@ymcafg.

(YSS)

Youth in Romsey Project

Information, advice and support service for young people. Ages 11-25 years.

www.yir.org.uk

Youth in Romsey Project, 23 Bell Street, Romsey, SO51 8GY

01794 500581, wendy.yir@gmail.com

(CSI) (YSS)

Youth Options – Positive Activities and Support Services

A targeted service to vulnerable children and young people in the New Forest. The Positive Activities Programme (PAP) is targeted at 'at risk' NEET young people aged 12-18 who are not fully engaged in either education or work, young carers and those at risk of exclusion and/or offending.

Access: referrals from professionals.

www.youthoptions.co.uk

Youth Options, 2 Eastwood Court, Broadwater Road, Romsey, SO51 8JJ

01794 525510, admin@youthoptions.co.uk

Facebook: Youth Options. Twitter: @youthoptions.

(CSI) (YSS)

Youth Support Services

Youth Support Services (YSS) is a collection of teams within the Children's Services Department that provides services for 13-19 year olds.

Access: self referral and referrals from professionals.

<http://www3.hants.gov.uk/youthtube>

New Forest: Youth Office, Claypit Lane, Applemore, Dibden, Hampshire, SO45 5TN

02380 877960, newforest@youth.hants.gov.uk

Winchester and Eastleigh: Winchester and Eastleigh District Office, Rookwood Centre, Penhurst Way, Boyatt Road, Eastleigh, SO50 4RJ

023 8068 4930, eastleigh.youth@hants.gov.uk

Access All Areas Drop In Service

Delivered through 'It's Your Choice', Access All Areas provides free and confidential information, advice and guidance for young people:

- aged 15 to 19 (up to 25 with additional needs) with support getting into work, education or training.
- aged 15 to 19 (up to 25 with additional needs) needing advice on sexual health & contraception or at risk of drug or alcohol misuse.
- aged 16 to 19 (up to 25 with additional needs) at risk of becoming homeless or are homeless.

Drop-ins for all of the above are on the following days:

Mon	10am – 1pm	Lillington House, New Street, Lymington. SO41 9BJ
Tue	1pm – 4pm	Jobcentre Plus, 20-22 Southampton Road, Ringwood, BH24 1HY
Tue	2pm – 5pm	NF Youth Support Service, Applemore Centre, Dibden, Southampton, SO45 5TN
Wed	2pm - 5pm	Empire Skate Youth Café, Whitefield Rd, New Milton, BH25 6DE
Wed	2pm – 5pm	Rainbow Centre, 39 Salisbury Street, Fordingbridge, SP6 1AB
Thu	10am - 1pm	Colors Youth Centre, Long Lane, Holbury, SO45 2PA
Fri	10am – 1pm	It's Your Choice, 37 Salisbury Rd, Totton, SO40 3HX
Fri	1pm – 4pm	Jobcentre Plus, 15-17 Pylewell Rd, Hythe, SO45 6ZL

www.aaanf.org.uk

02380 864231

Accommodation Advice Service

Delivered through 'It's Your Choice', the Accommodation Advice Service advisors are able to offer confidential information, advice and guidance for young people aged 16-19, up to 25 with additional needs, on the following:

- Housing advice, including your rights and options
- Ongoing one to one support
- Housing assessments and housing panel representation
- Signposting and referral to partner agencies and organisations
- Mediation between family and partner agencies

HUB Service

The HUB is a centre based, open access provision targeting young people aged 11 to 19 but can include up to age 25 with specified additional needs. The provision offers a wide range of services including:

- Tier 2 sexual health service including information, advice and guidance, condom distribution, pregnancy testing and Chlamydia testing.
- Tier 2 drug and alcohol support
- Working with young people who are NEET
- Personal and social development, including building self esteem and confidence.
- One to one and group settings with young people at risk of entering the youth justice system, young people who are pregnant or young parents.
- Support of young people homelessness, mental health problems and domestic violence.
- Access to HUBs can be by self referral and through direct referral by professionals. Professionals are encouraged to signpost young people to HUB provisions.

HUBs are provided by the following organisations:

- Totton - Youth and Families Matter: Delivery from Totton Youth Centre, Testwood Lane, Totton, situated in the grounds of Testwood School on a Wednesday 4.30pm to 6.30pm. Contact: Kelly Price - kelly@youthandfamiliesmatter.org.uk
- Holbury - Parent Link: Delivery from Colors Youth Club, Long Lane, Holbury on a Thursday 6.30pm to 9pm. Contact: Sam Nash - snash@btinternet.com
- Ringwood - Groundwork Solent: Delivery from tennis pavilion on Carvers sports ground, Ringwood on a Monday, Wednesday 3.30pm to 6pm & 6.30pm to 8.30pm. Contact: Becky Spake - becky.spake@groundwork.org.uk

- Pennington/Lymington - Pennington Community Action Group: Delivery from The Pavilion, Pennington Recreation Ground, Lodge Road, Pennington on a Wednesday 7pm to 9.30pm. Contact: Martina Humber - martina.humber@btinternet.com
- New Milton - ASBOC Youth Cafe: Delivery from the Phoenix Children's Centre, New Milton on a Tuesday 6pm to 9pm. Contact: Charlie Taylor - charlie.taylor26@hotmail.co.uk
- Fordingbridge - Fordingbridge and District Community Association: Delivery from the Avonway Community Centre, Shaftesbury Street, Fordingbridge. Delivery Friday, 7pm to 9pm. Contact: Eli Connah – youthatavonway@hotmail.co.uk

Family and Parent Support

Care For the Family

On-line advice and support helplines.
www.careforthefamily.org.uk

Families Matter

Support groups for parents and families of children and young people in the Waterside area with ADHD, autism, mental health issues, additional needs or school transition. Also an adoptive parents' support group, parenting courses and anger management for parents.

Access: self referral and referrals from professionals.

www.families-matter.org.uk

Families Matter, Cornerstone, Hythe Reformed Church, New Road, Hythe, Southampton, SO45 6BR

023 8020 7623, familiesmatter@cornerstonehytheurc.org.uk

(CSI)

Family Lives

Family Lives offers a free and confidential 24 hour telephone support service, offering advice, information and support for parents in Hampshire.

<http://familylives.org.uk/>

Family Lives, Unit 5 Basepoint Southampton, Anderson's Road, Southampton, SO14 5FE.

023 8068 2499, helpline 0808 800 2222.

Facebook: FamilyLives. Twitter: @FamilyLives.

Forest Bus – Children and Families Gypsy Traveller Project

Support and advice for people living in isolated communities, including circle time, parenting skills, family learning, play therapy and after school sessions.

Access: self referral and referrals from professionals.

www.forestbus.co.uk

Forest Bus, Unit AA.2, North Road, Marchwood Industrial Park, Normandy Way, Marchwood, Southampton, SO40 4BL

023 8066 3866, fax 023 8066 3948, jane.peacock@forestbus.co.uk

(CSI)

Hampshire Autistic Society – Advice, Guidance, Signposting

Hampshire Autistic Society is an Independent Regional Charity providing services and support for people with autism, and those connected to them across Hampshire and the surrounding areas.

Services include: Outreach including support, advice, autism training, Autism Alert Programme, information, library and resources; Children's Services; Autism Specialist School; Adult Services; Domiciliary Care Services; Supported Living Services; University Support Services; Training and Development; Fundraising.

Access: self referral and referrals from professionals.

www.has.org.uk

Hampshire Autistic Society, 1634 Parkway, Solent Business Park, Whiteley, Fareham, PO15 7AH
01489 880881, info@has.org.uk

Hope Lodge School and College Services 023 8063 4346

Adult Services 01489 880881 / 023 9252 4243,

Outreach Services 023 8063 3951, outreach@has.org.uk

Facebook: Has Charity. Twitter: @HampshireAutism

(CSI)

Hampshire Ethnic Minority and Traveller Achievement Service

The service aims to support schools and families across Hampshire in raising minority achievement, through projects, training and advisory support.

Access: referrals from professionals.

Polish phone lines Wednesday 2.30-4.30pm, 01256 330195 and Thursday 2.30-4.30pm (number to be advised).

Portuguese phone line Wednesday 1.00-3pm, 01256 330195.

Nepali phone line Friday 2.30-4.30pm, 01256 330195.

www.hants.gov.uk/ema

Hampshire Ethnic Minority and Traveller Achievement Service, Aldworth Science College, Western Way, Basingstoke, RG2 6HA

01256 330195

Home-Start

The aim is to provide parents with the support they need to give their children the best possible start in life. It offers friendship, support and practical help. Home visiting and weekly family groups*. Any age but one child must be under 5 years.

Access: referrals from professionals.

Home-Start Winchester and District, Lanterns Children's Centre, Bereweke Road, Winchester, SO22 6AJ

01962 893604, anne@home-startwinchester.org.uk

*Please note the family group is for current Home-Start families, families who have recently been supported by a volunteer but now no longer need one and families on the waiting list.

Home-Start Eastleigh, 16 Romsey Road, Eastleigh, SO50 9AL

023 8061 2310, office@homestarteastleigh.co.uk

Home-Start New Forest, c/o Home-Start Eastleigh, 16 Romsey Road, Eastleigh, SO50 9AL

07925 926019, office@homestartnewforest.co.uk

(CSI)

italk

italk is an Improving Access to Psychological Therapies (IAPT) service which is delivered as a partnership between Solent Mind and Southern Health NHS Foundation Trust. Italk is for anyone over 16 years living in the Eastleigh, Winchester and New Forest areas experiencing mild to moderate depression/anxiety.

Access: self referral and referrals from GPs.

www.italk.org.uk

italk, 3rd Floor, Black Horse House, 8-10 Leigh Road, Eastleigh, Hampshire, SO50 9FH.

023 8038 3920, fax 023 8061 3391, info@italk.org.uk

Facebook: Solent Mind

Parent Link

Parent Link, Jubilee Hall, The Square, Fawley, Southampton. SO45 1DF

023 8089 1640, parentlink@fawleyparishcouncil.org.uk

(YSS)

Parent Partnership Service

The Parent Partnership Service provides impartial advice, information and support to parents/carers of children and young people with special educational needs (SEN) throughout Hampshire. The service is available to all families for whom special educational needs plays a part.

The Parent Partnership Service aims to ensure that parents/carers play an informed part in planning provision to meet their child's special educational needs. The services aims to build partnerships between parents/carers, the LEA and schools and also encourage parents/carers to be involved in the development of local SEN policy and practice.

The services provides information, advice and support to parents/carers at all stages of their child's school life (0 to 19 years), from pre-school early diagnosis through to leaving school. The Service offers:

- a confidential helpline
- general information on special educational needs
- help for parents/carers to express their views
- support through the statutory assessment process
- help to complete forms and to understand complex documents and reports
- home visits and support at meetings
- presentations to support groups
- special needs information days

Access: self referral and referrals from professionals.

www.hants.gov.uk/parentpartnership

01962 845870, enquiries.pps@hants.gov.uk

Parent Support Advisers

A school based service offering support to parents with school based issues including behaviour and school attendance. Ages 5-16 years.

www.hants.gov.uk/parentsupport

Parent Voice

Parent Voice is an information and participation service for parents and carers of disabled children in Hampshire. Parent Voice provides a single point of contact for the information and advice for children aged 0-19 and a real opportunity to develop and shape services in Hampshire.

Membership benefits of Parent Voice include:

- A weekly update of all events, activities, training and news across Hampshire. Access to the Parent Voice informative website packed full of useful signposts, organisations, factsheets and latest news articles.
- Dedicated Parent Participation Workers in every district of Hampshire providing local information and advice tailored to individual needs. Details of local workers can be found: http://www.parentvoice.info/en/Who_To_Contact
- Chat on facebook: Parent Voice Hampshire or follow on twitter: @Parent_Voice

New for 2012: Parent Voice Bridging Workers. Bridging workers will work with families and activity providers to support inclusion of disabled children and further develop activities in the local community. There is a dedicated bridging worker in every district of Hampshire so to find out more go to www.hampshire-gateway.info.

Facebook: Parent Voice Hampshire. Twitter: @Parent_Voice.

Romsey Family Support Group

The group provides support to the most vulnerable families with child/ren aged 0-5 years in the Romsey and surrounding area. Group meets on a Monday 9-11am, 11.30am-1.30pm and Friday 9am-12pm term time only.

Access: self referral and referrals from professionals.

www.rfsg.org.uk

Romsey Family Support Group, Appletree Centre, Princes Road, Romsey, SO51 8DS

01794 511927 (Monday morning) / 023 8081 4195, joandstallwood@hotmail.co.uk

(CSI)

Turn Up For Fun - TUFF

Parenting support, workshops and courses for parents and carers of children from aged 18 months to teens, as well as sessions about alcohol and drugs, fussy eaters, homework ideas, surviving holidays and more. Activities are also run for children, young people and families during school holidays.

Access: self referral and referrals from professionals.

<https://sites.google.com/site/turnupforfun>

Turn Up For Fun (TUFF), Glasshouse Studios, Fryern Court Road, Fordingbridge, SP6 1QX

Contact Mandy Robbins, 07595 704359, turnupforfun@live.com

Youth & Families Matter

Variety of parenting courses for parents of children aged 0-16 years; One-to-one support for children in local primary and secondary schools; Family support Groups; Youth Drop-In Sessions; Streetwise Project (mobile youth bus).

Youth & Families Matter, c/o Testwood Baptist Church, 283a Salisbury Road, Totton, SO40 3LZ

023 8086 0320, info@youthandfamiliesmatter.org.uk

(CSI)

Domestic Abuse Services

Hampton Trust Turnaround Project

Turnaround is a programme run by The Hampton Trust for young people that have been affected by domestic abuse.

Access: self referral and referrals from professionals.

www.hamptontrust.org.uk

The Hampton Trust, Fairways House, Mount Pleasant Road, Southampton, SO14 0QB.

07779 999 949, 023 8021 3520, fax 023 8021 3530, john.bennett@hamptontrust.org.uk
(CSI)

Hampton Trust ADAPT (Domestic Abuse Prevention Programme)

ADAPT aims to increase the safety of women and children at risk from domestic abuse by offering a prevention mode.

Access: self referral and referrals from professionals.

www.hamptontrust.org.uk

The Hampton Trust, Fairways House, Mount Pleasant Road, Southampton, SO14 0QB.

023 8021 3520, fax 023 8021 3530

(CSI)

Stonham – New Forest & Eastleigh Domestic Abuse Services

Stonham offers holistic support to people experiencing domestic abuse incorporating both accommodation and an outreach service to those who require support at home within the New Forest and Eastleigh areas.

Access: self referral and referrals from professionals.

<http://www.homegroup.org.uk/careandsupport/stonhamservices>

Stonham, 12 Hazel Road, Woolston, Southampton, SO19 7GA

023 8042 5350 / 02380 425355, donna.cullimore@homegroup.org.uk

Twitter: @wearehomegroup

(CSI)

Drug and Alcohol Services

Hampshire DAAT Drug and Alcohol Action Team

Information and support for adults and young people in Hampshire who are experiencing problems with drugs or alcohol, or concerned about their own or somebody else's drug or alcohol use. Ages 18+.

Access: self referral and referrals from professionals.

www.hants.gov.uk/education/dat

New Forest Team, Oaktree House, Off Christchurch Road, Ringwood, RG24 1DN
01425 482252

Eastleigh Team, The Bridge, 75 Leigh Road, Eastleigh, SO50 9DG
023 8061 2465

Winchester Team, Spencer House, 63 Romsey Road, Winchester, SO22 5DE
01962 825071

Options – Alcohol Advice, Information and Counselling Service

A free counselling service for anyone concerned about their own or someone else's drinking. Ages 18+.

Access: self referral and referrals from professionals.

www.optionscounselling.co.uk

Options, 147 Shirley Road, Southampton, SO15 3FH

023 8063 0219, southampton@optionscounselling.co.uk

Facebook: Options Counselling. Twitter: @Options_Plus

Options – Gambling Advice, Information and Counselling Service

In partnership with GamCare provides free counselling for anyone concerned about their own or someone else's gambling. Ages 16+.

Access: self referral and referrals from professionals.

www.optionscounselling.co.uk

Options, 147 Shirley Road, Southampton, SO15 3FH

023 8063 0219, southampton@optionscounselling.co.uk

Facebook: Options Counselling. Twitter: @Options_Plus

STAR Project (Start Tackling Alcohol Responsibly)

Alcohol awareness initiative educating young people and parents about the consequences of alcohol misuse.

www.eastleigh.gov.uk/alcohol

STAR Project, Eastleigh Borough Council Civic Offices, Leigh Road, Eastleigh, SO50 9YN

023 8068 8367, 07789 943451, star@eastleigh.gov.uk

Facebook: Star Stacey

Substance Misuse – Catch 22: 24/7 Hampshire

A free confidential service for anyone under 18 who is experiencing problems with drugs, alcohol or solvents. Services include one-to-one support, group work, advice and information, activities etc.

Access: self referral and referrals from professionals.

www.catch-22.org.uk/247

0845 4599405, fax 0844 2640771

The PRISM Network (Processing Referrals Involving Substance Misuse)

The PRISM Network aims to increase social inclusion and promote improved educational outcomes for vulnerable pupils who may be involved in substance misuse. The substances include solvents, alcohol and illegal drugs. The PRISM Network provides specialist advice and consultation to school staff on the management of pupils with substance misuse related problems, within a school setting; and specialist support at a targeted level for young people engaged in substance misuse. Ages 10-16 years.

Please note that from 1 April 2013 the service will have a new name.

The PRISM Network, c/o Nicola Fogg, Support Services Manager, Educational Psychology,
Hampshire County Council Children's Services, Havant Public Services Plaza, Civic Centre Road
Havant, PO9 2AX
023 9244 1496

Winchester Remix

One-to-one support for young people affected by, or vulnerable to, the misuse of alcohol or drugs. Also work with young people affected by other people's alcohol or substance misuse, eg siblings or parents. Preventative education about alcohol. Ages 12-18 years.

Access: self referral and referrals from professionals.

Winchester Remix, St John's House, Broadway, Winchester, SO23 9BE
01962 864232, esther.winchester.ymca@btconnect.com

Targeted Services

Behaviour Support Team

Working together to support children in school. The Behaviour Support Team works proactively to support children with behavioural, emotional and social difficulties in school. The Team works predominantly at primary school level and one transition from KS2 to KS3 and works with children, families and schools.

Access: requests for support are taken from schools. Parents can request support from their child's school.

New Forest Behaviour Support Team, The Clifford Centre, Calmore Drive, Calmore, Southampton, SO40 2ZX
023 8066 1777

Winchester and Eastleigh Behaviour Support Team, Clarendon House, Monarch Way, Winchester, SO22 5PW
01962 876201

Educational Psychology Service

The service responds to requests for involvement/assistance in meeting the needs of children and young people with a wide range of learning and emotional needs. The service works in partnership with schools, parents/carers, voluntary organisations, health service and Local Authority departments. Approaches involve consultation with relevant adults and may include direct work with the child or young person. The informed consent of parents/carers or the young person is required. Services are also provided to support the development of practice in schools, pre-schools and other organisations. Ages 0-19 years.

Access: requests for support are taken from schools.

Eastleigh & New Forest and Winchester & Test Valley Teams, Children's Services Department
Local Office, Clarendon House, Romsey Road, Winchester, SO22 5PW
01962 876239, fax 01962 870495

Education Inclusion Service

Full time provision for permanently excluded pupils at Education Centres. Provision and support for emotionally unwell and physically sick children. Intervention programmes to prevent primary and secondary exclusion. Virtual Learning IT team.

Access: referrals from professionals.

Education Inclusion Service, Children's Services Department Local Office, Clarendon House, Romsey Road, Winchester, SO22 5PW
01962 876263, fax 01962 876328, Area Strategic Manager, Dave Harvey,
dave.harvey@hants.gov.uk

Education Welfare Service and Locality Teams

The Education Welfare Service is now incorporated within the locality teams across Hampshire and provides a service for children where there are concerns about attendance. Locality teams advise and assist agencies on the Common Assessment Framework (CAF) and Team Around the Child (TAC) processes.

Access: self referral and referrals from professionals.

New Forest Locality Team, New Forest Local Office, Winsor Road, Bartley, Southampton, SO40 2HR
023 8081 2113, Locality Team Manager, Debra Cusack, debra.cusack@hants.gov.uk

Winchester and Eastleigh Locality Team, Hampshire House, 4th Floor, 84-98 Southampton Road, Eastleigh, SO50 5PA
023 8049 8137, Locality Team Manager, Julie Alden, julie.alden@hants.gov.uk

NSPCC

The NSPCC is running three new services under the themes of 'Neglect' and 'Physical Abuse in high risk families'.

Improved Parenting, Improved Partnership (IPIP)

- For children aged 4-10 where there are concerns of neglectful parenting.
- Triple P Pathways@ 10 week parenting programme 1:1 with parents in the home.
- Video Interactive Guidance: short video of parent/child interactions (6-8 sessions) identifying strengths and positives to reverse neglectful behaviours.

Family SMILES (Simplifying Mental Illness plus Life Enhancing Skills)

- For children aged 8-14 whose parent/carer has a mental illness.
- 8 weeks of group sessions for child and 6 individual sessions with parents alongside, development of a 'Family Safety Plan' at end of group.

Evidence Based Decisions

- Time limited assessments using North Carolina Assessment Scale (+2 to -3) identifying action plan and capacity to change.
- For children 0-18 who are subject to a child protection plan, or complex needs, regarding significant concerns of neglectful parenting to assist the Local Authority in decision making and to prevent delay/drift in the system.

Access: referrals from professionals.

www.nspcc.org.uk

NSPCC Southampton Service Centre, 21 The Avenue, Southampton, SO17 1XL
023 8024 8180

The Hampshire Portage Service

Core Portage

Core Portage is a home visiting service for children who have significant delay in at least two areas of their development. An individual, flexible package of support will be provided depending on the needs of the child and family through regular home visits. The Portage service recognises that parents and carers know their children best and the Portage home visitor builds on that knowledge. The Portage home visitor will work with families to plan activities so that the child learns new skills in small achievable steps. Portage home visitors will also liaise with early years settings and schools to ensure a smooth transition for children when appropriate.

Portage Plus

Portage Plus is for families of pre-school children with significant behaviour difficulties. This support includes visits to the child's early years setting as well as to the home environment. These visits are designed to identify specific areas of concern and support with suggested strategies. If appropriate, prior to school entry, the Portage practitioner will link with the child's receiving school and other agencies to ensure a smooth transition.

Portage Outreach service

Portage Outreach is a service offered to early years settings for any child whose development causes concerns at Early Years Action Plus stage. Some children will meet the developmental criteria for Core Portage, but may not receive home visits because they receive a high number of hours at the setting or it is agreed that the focus of support should be in the setting due to preparation for school

For more information on Portage services go to www.hants.gov.uk/childcare/portage

Access: referrals from professionals.

Eastleigh and Winchester area

Hampshire Portage service, The Aviary Children's Centre, Blackbird Road, Eastleigh, SO50 9JW
023 8065 1983

New Forest Area

Hampshire Portage service, Ashurst Child and Family Centre, Ashurst Hospital, Lyndhurst Road,
Ashurst. SO40 7AR
023 8029 3768

Test Valley (South) area

Hampshire Portage service, Beech Hurst, Weyhill Road, Andover, SP10 3AS
01264 368000

Youth Crime Prevention Team

The Youth Crime Prevention Team works with children and young people who are at risk of getting involved with crime and anti-social behaviour. Children are identified by a wide range of agencies and a multi-agency panel agrees the support required. It is voluntary and the children and parents must agree to the support. One-to-one support is available for parents as well as parenting programmes. Ages 10-16 years.

Access: referrals from professionals.

Eastleigh and Winchester Team, 4th Floor, Hampshire House, Southampton Road, Eastleigh,
SO50 5PA

023 8049 8162, fax 023 8062 9373, Case Workers – Marcia Calvino 07872 827492. Vicki Lees
07540 238228 and Claire Alldis 07872 827291

New Forest Team, New Forest Local Office, Winsor Road, Winsor, Southampton, SO40 2HR
023 8081 2113, Case Workers – Felix Page 07793 759193 and Gemma Snow 07545 735634

Specialist Services

Hampshire Specialist CAMHS

For children and young people who are experiencing severe worries or problems, including disruptive behaviour, depression, anxiety, eating disorders or developmental problems. The service focuses on the most serious or complex situations, which can be managed on an 'out patient' basis.

Access: referrals from professionals.

Hampshire Specialist CAMHS Eastleigh, Eastleigh Health Centre, Newtown Road, Eastleigh, SO50 9AG

023 8067 3984, weh-tr@family-guidance.nhs.uk

Hampshire Specialist CAMHS New Forest, Romsey, Ringwood and Fordingbridge, Ashurst Child and Family Centre (0-14), Ashurst Hospital, Lyndhurst Road, Ashurst, Southampton, SO40 7AR

023 8074 3000, fax 023 8074 3033

Brookvale Totton Youth Mental Health Services (14-18), Totton Health Centre Community Building, Testwood Lane, Totton, Southampton, SO40 3ZN

023 8074 3250

Hampshire Specialist CAMHS Winchester, Friarsgate Medical Centre, Friarsgate, Winchester, SO23 8EF

01962 828355, spnt.specialist-winchester-camhs@nhs.net

Clinical Psychology

Assesses and advises on emotional, behavioural and learning difficulties and help the child or young person develop new ways of thinking and behaving. Ages 0-18 years.

Access: referrals from professionals.

Clinical Psychology, Ashurst Child and Family Centre, Ashurst Hospital, Lyndhurst Road, Ashurst, Southampton, SO40 7AR

023 8074 3000, fax 023 8074 3033

Early Intervention in Psychosis Function

The Early Intervention in Psychosis Function aims to engage people who are experiencing their first episode of psychosis. The function offers evidence based clinical interventions centred around education about psychosis, alongside pharmacological, psychological, social and family based interventions. Vocational advisor services for service users in the programme and carer's worker support for family and carers. The function also aims to increase the knowledge about early signs of psychosis for staff working in primary care, schools and all public and voluntary sectors who may come into contact with individuals who may be at risk of first episodes. Ages 14-35 years.

Access: referrals from professionals.

Early Intervention in Psychosis Function, Access and Assessment Team, West Area, Old School House, Southampton Road, Cadnam, Southampton, SO40 2NF.

EIP Lead, Laura Tasker, 02380 816650, laura.tasker@southernhealth.nhs.uk

Early Intervention in Psychosis Function, Access and Assessment Team, College Keep, 4-12 Terminus Terrace, Southampton SO14 3DT

Informal enquiries or to request a presentation phone 02380 717204

Team Manager, David Butler, david.butler@southernhealth.nhs.uk

Team covers Southampton City only and works collaboratively with other young person's services and universities, colleges and schools.

Paediatrics

For children and young people experiencing psychological difficulties as a result of an underlying medical condition. Also a clinic for pre-schol and Year R children with social communication disorders such as Autism or Aspergers. Ages 0-18 years.

Access: referrals from professionals.

Paediatrics, Ashurst Child and Family Centre, Ashurst Hospital, Lyndhurst Road, Ashurst, Southampton, SO40 7AR
023 8074 3000, fax 023 8074 3077

Perinatal Service

Specialist advice and assistance to women with antenatal or postnatal mental health problems.

Access: referrals from professionals.

Hampshire Perinatal Mental Health Service, Melbury Lodge, Romsey Road, Winchester, SO22 5DG.
01962 825529, fax 01962 824875, suewallis@nhs.net