Directory of services supporting children and young people in:

Hampshire County Council areas – Fareham and Gosport; Havant and East Hants (South)

Clinical Commissioning Groups areas – Fareham and Gosport and South East Hampshire

Child and Adolescent Mental Health Services area – South

Further information on services can be found in the Hampshire Family Information Directory, www.fid.hants.gov.uk

Directories can be found at: www.hants.gov.uk/ehcypf

Coding: (CSI) - Children’s Services Integrated Grant funding
(YSS) – Youth Support Services Grant funding
Sure Start Children’s Centres
Children’s Centres are places where children under 5 years old and their families can receive seamless holistic integrated services and information and can access multi-disciplinary teams of professionals.
www.hants.gov.uk/childrens-centres

Fareham area:
Keepsake Children’s Centre (Portchester), 023 9221 0070, admin@portchesterca.org.uk
Merryfields Children’s Centre (Fareham), 01329 829522, merryfields.cc@hants.gov.uk
Oak Meadow Children’s Centre (Fareham), 01329 841097, oakmeadow.cc@hants.gov.uk
Sovereign Children’s Centre (Sarisbury), 01489 577206, louise.hopwood@actionforchildren.org.uk
Strawberry Meadow Children’s Centre (Titchfield), 01329 847205, strawberrymeadow.cc@hants.gov.uk

Gosport area:
Haselbridge Children’s Centre (Gosport), 023 9238 0671, haselbridge@actionforchildren.org.uk
Haven Children’s Centre (Gosport), 01329 232095
Little Waves Children’s Centre (Gosport), 023 9252 3075, littlewaves@actionforchildren.org.uk
Sure Start Rowner Children’s Centre (Gosport), 023 9251 3777, reception@surestartrowners.co.uk
The Tree House Children’s Centre (Gosport), 023 9258 3208, thetreehouse@actionforchildren.org.uk

Havant area:
Branches Children’s Centre (Horndean), 07590 304856, brancheschildrencentre@actionforchildren.org.uk
Crookhorn Lane Children’s Centre (Purbrook), 023 9226 4701, crookhornlane@actionforchildren.org.uk
Mill Hill and Small Steps Children’s Centre (Waterlooville), 023 9224 0077, millhillandsmallsteps@actionforchildren.org.uk
Links Children’s Centre (Waterlooville), 023 9224 7370, links@actionforchildren.org.uk
Park Futures Children’s Centre (Leigh Park), 023 9242 4980
Starfish Children’s Centre (Hayling Island), 023 9246 3633, starfish@actionforchildren.org.uk
The Orchard Children’s Centre (Emsworth), 023 9248 5181, theorchard@actionforchildren.org.uk
Trosacc Children’s Centre (Leigh Park), 023 9249 8377, trosacc@actionforchildren.org.uk

East Hants (South) area:
Heath Children’s Centre (Petersfield), 01730 269663, heath@actionforchildren.org.uk
Hillside and Tree Top’s Children’s Centres (Petersfield), 01730 269663, hillside@actionforchildren.org.uk

Child Health Team
The Child Health Team includes Health Visitors and School Nurses. The Team aims to:
• Improve outcomes for children, young people and families at increased risk of poor health outcomes and identification of vulnerability.
• Support delivery of general education around health and well-being and supporting children with additional needs to access a full range of experiences and education.
• Strengthen the emotional and mental health/well-being of all children, young people and parents.
• Promote social inclusion through supporting engagement with local provision.
• Safeguard children and young people, to manage identified risks and provide timely and relevant health intervention.
Access: referrals from professionals only.

Havant Team
Southern Health NHS Foundation Trust, Fort Southwick, The Old Gymnasium, James Callaghan Drive, Fareham, PO17 6AR
023 9222 4588, fax 092 9222 2075

Fareham Team
Southern Health NHS Foundation Trust, Unit 4, Alpha Court, Segensworth Business Park, Segensworth, Fareham, PO15 5RQ
01489 554943

Gosport Team
Southern Health NHS Foundation Trust, Unit 4, Alpha Court, Segensworth Business Park, Segensworth, Fareham, PO15 5RQ
01489 554944

Waterlooville Boundaries Team
Southern Health NHS Foundation Trust, Waterlooville Health Centre, Dryden Close, Waterlooville, PO7 6AL
023 9224 0340, fax 023 9224 0934

The Area Inclusion Co-ordinator Service
The Area Inclusion Co-ordinator (Area InCo) service work support early years childcare practitioners to provide high quality inclusive practice. They assist with early identification of children who may require additional support. They provide regular training and group networking opportunities and sigh post referral routes to other agencies.
www.hants.gov.uk/childrens-services/childcare/providers/inclusion.htm

East Hants (South) area
Services for Young Children, Birch House, Barley Way, Fleet, GU51 2YB
01252 841770

Havant area
Services for Young Children, Mill Hill Children's Centre, Mill Road, Waterlooville, PO7 7DB
02392 259906

Fareham & Gosport area
Services for Young Children, Haven Children's Centre, Harris Road, Bridgemary, Gosport, PO13 0UY
01329 283498

Advice, support and counselling

Be Your Best Foundation – Rock Challenge 2013
A performing arts initiative that delivers positive, healthy lifestyle messages to young people, improving their team work skills and building on their talent, commitment and enthusiasm.
Access: via school.
www.rockchallenge.co.uk
Be Your Best Foundation, Wessex House, Upper Market Street, Eastleigh, SO50 9FD.
023 8061 7753, david.beal@bybf.org.uk
Facebook: The UK Rock Challenge. Twitter: @ukrockchallenge.
(CSI)
Elizabeth Foundation
The organisation supports the needs of babies and children of pre-school age 0-5 years who are hard of hearing or deaf, together with their parents and families.
Access: self referral and referrals from professionals.
www.elizabeth-foundation.org
The Elizabeth Foundation, Southwick Hill Road, Cosham, Portsmouth, PO6 3LL.
02392 372735, fax 02392 326155, info@elizabeth-foundation.org
Facebook: The Elizabeth Foundation. Twitter: @elizabeth_foundation.

Focus Youth Club - Lee on the Solent Residents Association
The centre runs Y Services for young people, a special needs youth club on Wednesdays 7-9pm for 13-21 year olds. The club also runs a summer programme called Teenscheme providing 10 sessions during the summer holidays from 10-3pm usually in the first two weeks of the school summer holidays.
Access: self referral and referrals from professionals.
www.yservicesforyoungpeople.co.uk
Focus Youth Club, Salisbury Terrace, Lee on the Solent, PO13 9DL
Text: 07585115022, info@yservicesforyoungpeople.co.uk

Groundwork Solent Mix-Up Seafield & Mix-Up Rowner
A youth group in Rowner and Gosport providing structured activities and positive experiences to enhance social, emotional, physical and environmental wellbeing.
Access: self referral and referrals from professionals.
www.groundwork-solent.org.uk
Groundwork Solent, 49 Stoke Road, Gosport, PO12 1LS
023 9261 7020, fax 023 9242 0418, solent@groundwork.org.uk

Groundwork Solent – Hub and Drop in Provision
Youth work in Petersfield, offering information, advice and guidance for young people.
Access: self referral and referrals from professionals.
www.groundwork-solent.org.uk
Groundwork Solent, 49 Stoke Road, Gosport, PO12 1LS
023 9261 7020, fax 023 9242 0418, solent@groundwork.org.uk

Havant Area Bereavement Group
Counselling service for bereaved people, usually on an individual basis. There is a children’s group which often works with bereaved children in a group setting and can incorporate the assistance of parents.
Havant Area Bereavement Group, PO Box 170, Havant, PO9 2WY
0845 051 0961

KIDS –Young Carers (Fareham and Gosport)
Provides age appropriate monthly support groups to children and young people aged 7-19 years who have a significant caring responsibility for a family member who has a long or short term disability or illness. One to one support can also be provided during times of crisis.
Access: self referral and referrals from professionals.
www.kids.org.uk/information
KIDS, Delta House, Salterns Lane, Fareham, PO16 0QS
01329 312312

(CSI)
**KIDS – Havant Young People’s Project**

The Havant Young People’s Project group is for disabled young people aged 14-25 years and meets weekly during term time.

Access: self referral and referrals from professionals.

www.parentvoice.info/en/kids:_havant_young_peoples_project

Kids, Havant Young People’s Project, South Downs College, College Road, Waterlooville, PO7 8AA

01329 312312, vicki.gates@kids.org.uk

(CSI)

**KIDS – 18 UP**

KIDS – 18 UP delivers opportunities for disabled young adults to be part of a social network, engaging in activities identified by the group and reduce the impact of isolation.

Access: self referral and referrals from professionals.

www.parentvoice.info/en/kids:_havant_young_peoples_project

Kids, 18 UP, South Downs College, College Road, Waterlooville, PO7 8AA

01329 312312, chris.clark@kids.org.uk

(CSI)

**Liss Youth Centre**

Crossover Youth Drop In Centre Liss. Opening Hours every week (except summer holiday – see below).

Monday 7-9pm for school years 11+ (up to 17 year olds only) - issue based activities and drop in.
Tuesdays 4-6pm for school years 5,6 and 7 - craft and drop in.
Tuesdays 6.30-8.30pm for school years 8,9 and 10 - crafts, issues and cooking.
Wednesdays 7-9pm for school years 11+ (up to 17 year olds only) - issue based activities and drop in.
Thursdays 4-6pm for school years 5,6 and 7 - age appropriate issue based stuff.
Thursdays 6.30-8.30pm for schools years 8,9 and 10 - issue based drop in.

Young women only on the Friday of half term holidays.

During the summer break Mondays 1-4pm all ages - various activities.
Tuesdays 6.30-8.30pm for school years 6, 7 and 8.
Wednesdays 7-9pm for school years 11+ (up to 17 year olds only) and Thursdays 4-6pm for school years 5, 6 and 7. Normal hours resume at the start of September.

Liss Youth Centre, 71 Station Road, Liss, Hampshire, GU33 7AD

01730 892981, crossover@btconnect.com

(YSS)

**Motiv8 Gosport and Havant areas**

Motiv8 Gosport delivers targeted individual and group positive activities for young people aged 13-19 years. Centre based youth work and detached work.

Access: self referral and referrals from professionals.

www.motiv8south.org.uk

Motiv8 Gosport, Unit 29, Toronto Place, Gosport, PO12 4UZ
023 9252 5026, info@motiv8south.org.uk

Motiv8 Havant, The Hub, Greywell Heights, 39 Park Parade, Leigh Park, Havant, PO9 5AA
023 9247 0484, info@motiv8south.org.uk

Facebook: Motiv8 South.

(CSI) (YSS)
Moving On Project
www.the-mop.org
The I-Stop, St Vincent College, Mill Lane, Gosport, PO12 4QA, 01329 822331
X-perience Young Persons’ Centre, Trinity Street, Fareham, PO16 7SJ, 01329 822331
Facebook: Moving On Project.
(YSS)

No Limits – Youth information, advice and counselling service
Free and confidential information, advice, counselling and support for 11-25 year olds in Southampton, Basingstoke, Fareham, Winchester, Brune Park and Bridgemary areas. Access: self referral and referrals from professionals.
www.nolimits-southampton.org.uk
No Limits, 24a Bernard Street, Southampton, SO14 3AY
023 8023 6237, young people 023 8022 4224, enquiries@nolimits-southampton.org.uk
No Limits, 278 Shirley Road, Shirley, Southampton, SO15 3HL
023 8077 8448, young people 023 8051 1051, enquiries@nolimits-southampton.org.uk
No Limits, 406-408 Portsmouth Road, Sholing, Southampton, SO19 9AT
023 8043 4455, young people 023 8043 5000, enquiries@nolimits-southampton.org.uk
Facebook: No Limits. Twitter: @nolimitshelp
(YSS)

Oasis Youth Centre – Titchfield Community Association
The Oasis Youth Centre meets one evening a week for young people aged 10-16 years. Titchfield Youth Project, Titchfield Community Centre, Mill Street, Titchfield, PO14 4AB
01329 232242
(CSI)

Ocean Youth Trust
The service allocates voyage places to vulnerable young people via bursaries. Bookings also accepted from young people who do not require bursaries. Access: self referral and referrals from professionals.
www.oysouth.org
Ocean Youth Trust, 8 North Meadow, Weevil Lane, Gosport, PO12 1BP.
02392 602278, office@oysouth.org
Facebook: John Laing Sailing.
(CSI)

Off The Record
A free, confidential support service to young people offering counselling, information, and befriending to any young person in difficulty. Both short and longer term support can be offered. Also limited support (up to 6 sessions) for parents/carers. All the support is offered by trained and supervised volunteers. Ages 11-25 years. Support for young carers in Havant. Access: self referral and referrals from professionals.
www.off-the-record.org.uk
Off The Record, Threeways, 138 Purbook Way, Leigh Park, Havant, PO9 3SU
023 9247 4724, e-mail@off-the-record.org.uk
250 Fratton Road, Portsmouth, PO1 5HH, 023 9281 5322
Facebook: Off The Record Hampshire. Youthtube: http://www.youtube.com/otrhampshire
(CSI)
**Relate Portsmouth and District**
The service provides an early intervention service for families, parents, carers and young people across Havant, Fareham and Gosport.
Access: self referral and referrals from professionals.
www.relateportsmouth.org.uk
Relate Portsmouth and District, 32 Chaucer House, Isambard Brunel Road, Portsmouth, PO1 2DR
02392 827026, fax 02392 828730, relate@relateportsmouth.org.uk
Facebook: Relate Portsmouth. Twitter: @Relate_charity.

**Rowan’s Meerkat Service**
Rowan’s Meerkat Service offers support to children and young people up to the age of 18 who have either been bereaved of a significant adult or have a significant adult with a life-limiting illness. A significant adult may be a parent or grandparent for example. The service is open to families who are receiving or have received, in the case of bereavement, a service from the Rowan’s Hospice or the NHS Specialist Palliative Care Teams for Portsmouth PCT and Hampshire PCT. The service offers advice, liaison with schools and other agencies and where appropriate one to one support with children and young people. The service also facilitates groups for children and young people who have been bereaved.
Access: self referral and referrals from professionals.
www.rowanshospice.co.uk
Rowans Meerkat Service, The Rowans Hospice, Purbrook Heath Road, Purbrook, Waterlooville, PO7 5RU
023 9225 0001, meerkats@rowanshospice.co.uk

**The King’s Arms Youth Project – Drop in Provision**
Youth work offering information, advice and guidance for young people.
Access: self referral and referrals from professionals.
www.thekingsarmsyouthproject.co.uk
The King’s Arms Youth Project, The Courtyard Buildings, Heath Road, Petersfield, GU31 4DX
01730 231292
Facebook: The King’s Arms Youth Project. Twitter: @kingsarmstweets.

**The Legacy Project - Odyssey**
The programme for the hubs is under The Legacy Partnership and is made up of:
Y-Services for young people, years 8 and 9 open access drop in session Monday 7-9pm, which provides young people with somewhere safe to meet their friends, get involved in positive activities, address issues which are important to them and access support from youth workers; after school special needs project run in partnership with Portchester Community School and year 10+ project Friday 7-9pm;
Legacy Project - community projects for young people; and
Music Fusion - developing confidence and leadership skills through music and media – Jammit on Thursday 7-9pm for young people aged 13-19 years.
For young people aged 12-16 years in Portchester, Fareham, Gosport and Locks Heath.
Access: accepts referrals for the advice and guidance sessions and applications for involvement in Legacy Projects from groups of 5 or more young people if they meet weekly and are led by a responsible adult.
www.legacypartnership.org
07973 612451, staff2@yservicesforyoungpeople.co.uk for Y-services.
www.legacypartnership.org.uk, tiffany@legacypartnership.org, 07825 304204 for Legacy Project
Jinx@legacypartnership.org for Music Fusion
02392 290992
Facebook: The Legacy Project
Young Carers Project – East Hants
The project meets monthly and offers one-to-one support for young carers as needed, including family mediation. Young people acting as full-time carers also have the opportunity to go on trips and residential to enable them to enjoy and benefit from social activities with their peers. The one-to-one sessions work to raise confidence and self esteem and helps the young people to develop strategies to support them in situations both at home and school. The service also provides them with the opportunity to gain support from each other who have an understanding of their experiences and family circumstances.
Access: self referral and referrals from professionals.
East Hants Youth Carers Project, The Kings Arms, The Courtyard Buildings, Heath Road, Petersfield, GU31 4DX
01730 231292
(CSI)

Young Carers Project – Havant
This project offers support to young people whose lives are affected by caring for a family member. Monthly group meetings, regular activities and some individual support. Ages 10-19 years.
Access: referrals from professionals.
Young Carers Project – Havant, Off The Record, 138 Purbrook Way, Leigh Park, Havant, PO9 3SU
023 9247 4724, e-mail@off-the-record.org.uk

Youth Support Services
Youth Support Services (YSS) is a collection of teams within the Children’s Services Department that provides services for 13-19 year olds.
Access: referrals from professionals.
http://www3.hants.gov.uk/youthtube

Havant: Children’s Services Department, Public Service Plaza, (Floor 2 A), Civic Centre Road, Havant PO9 2AX
023 9244 1452, havant.youth@hants.gov.uk

Fareham and Gosport: District Youth Team Office, 2nd Floor, Xperience Young Persons Centre, Trinity Street, Fareham, PO16 7SJ
01329 222600
Family and Parent Support

Care For the Family
On-line advice and support helplines.
www.careforthefamily.org.uk

Cowplain Family Support – Wecock Community Association
Counselling and advice project to support deprived and vulnerable children and families in the Cowplain area in a number of local schools.
Access: referrals from professionals.
www.acorncentre.org.uk
The Acorn Centre, 3 The Kestrels, Wecock Farm, Waterlooville, PO8 9UB
023 9225 8423, admin@acorncentre.org.uk
Facebook: The Acorn Centre
(CSI)

Family Lives
Family Lives offers a free and confidential 24 hour telephone support service, offering advice, information and support for parents in Hampshire.
http://familylives.org.uk/
Family Lives, Unit 5 Basepoint Southampton, Anderson’s Road, Southampton, SO14 5FE.
023 8068 2499, helpline 0808 800 2222.

Hampshire Autistic Society
Hampshire Autistic Society is an Independent Regional Charity providing services and support for people with autism, and those connected to them across Hampshire and the surrounding areas. Services include: Outreach, Children’s Services, Autism Specialist School, Adult Services, Domiciliary Care Services, Supported Living Services, University Support Services, Training and Development, Fundraising.
www.has.org.uk
Hampshire Autistic Society, 1634 Parkway, Solent Business Park, Whiteley, Fareham, PO15 7AH
01489 880881, info@has.org.uk
(CSI)

Hampshire Ethnic Minority and Traveller Achievement Service
The service aims to support schools and families across Hampshire in raising minority achievement, through projects, training and advisory support.
Access: referrals from professionals.
Polish phone lines Wednesday 2.30-4.30pm, 01256 330195 and Thursday 2.30-4.30pm (number to be advised).
Portuguese phone line Wednesday 1.00-3pm, 01256 330195.
Nepali phone line Friday 2.30-4.30pm, 01256 330195.
www.hants.gov.uk/ema
Hampshire Ethnic Minority and Traveller Achievement Service, Aldworth Science College, Western Way, Basingstoke, RG2 6HA
01256 330195
**Home-Start**
The aim is to provide parents with the support they need to give their children the best possible start in life. It offers friendship, support and practical help. Home visiting and weekly family groups. Any age but one child must be under 5 years.
Access: referrals from professionals.

Home-Start Fareham and Gosport, Delta House, Salterns Lane, Fareham, PO16 0GS
01329 825858, homestartgandf@tiscali.co.uk

Home-Start Havant, Mill Hill Children’s Centre, Mill Road, Waterlooville, PO7 7DB
023 9224 1234, info@homestart-havant.org.uk

**italk**
italk is an Improving Access to Psychological Therapies (IAPT) service which is delivered as a partnership between Solent Mind and Southern Health NHS Foundation Trust. Italk is for anyone living in the Test Valley area experiencing mild to moderate depression/anxiety.
Access: self referral and referrals from GPs.

www.italk.org.uk
italk, 3rd Floor, Black Horse House, 8-10 Leigh Road, Eastleigh, Hampshire, SO50 9FH.
023 8038 3920, fax 023 8061 3391, info@italk.org.uk
Facebook: Solent Mind.

**Parent Partnership Service**
The Parent Partnership Service provides impartial advice, information and support to parents/carers of children and young people with special educational needs (SEN) throughout Hampshire. The service is available to all families for whom special educational needs plays a part.

The Parent Partnership Service aims to ensure that parents/carers play an informed part in planning provision to meet their child’s special educational needs. The services aims to build partnerships between parents/carers, the LEA and schools and also encourage parents/carers to be involved in the development of local SEN policy and practice.

The services provides information, advice and support to parents/carers at all stages of their child’s school life (0 to 19 years), from pre-school early diagnosis through to leaving school. The Service offers:
- a confidential helpline
- general information on special educational needs
- help for parents/carers to express their views
- support through the statutory assessment process
- help to complete forms and to understand complex documents and reports
- home visits and support at meetings
- presentations to support groups
- special needs information days
Access: self referral and referrals from professionals.

www.hants.gov.uk/parentpartnership
01962 845870, enquiries.pps@hants.gov.uk

**Parent Support Advisers**
A school based service offering support to parents with school based issues including behaviour and school attendance. Ages 5-16 years.

www.hants.gov.uk/parentsupport
Parent Voice

Parent Voice is an information and participation service for parents and carers of disabled children in Hampshire. Parent Voice provides a single point of contact for the information and advice for children aged 0-19 and a real opportunity to develop and shape services in Hampshire.

Membership benefits of Parent Voice include:

- A weekly update of all events, activities, training and news across Hampshire. Access to the Parent Voice informative website packed full of useful signposts, organisations, factsheets and latest news articles.
- Dedicated Parent Participation Workers in every district of Hampshire providing local information and advice tailored to individual needs. Details of local workers can be found: [http://www.parentvoice.info/en/Who To Contact](http://www.parentvoice.info/en/Who To Contact)
- Chat on facebook: Parent Voice Hampshire or follow on twitter: @Parent_Voice

New for 2012: Parent Voice Bridging Workers. Bridging workers will work with families and activity providers to support inclusion of disabled children and further develop activities in the local community. There is a dedicated bridging worker in every district of Hampshire so to find out more go to [www.hampshire-gateway.info](http://www.hampshire-gateway.info).

Facebook: Parent Voice Hampshire. Twitter: @Parent_Voice.
Domestic Abuse Services

**Bridges Support Project – Drum Housing Association**
One-to-one consultation and support to vulnerable children and young people who have witness or experienced domestic abuse. The sessions take place in various venues which best meet the needs of the individual child. Ages 5-18 years.
Access: self referral and referrals from professionals.
[www.housingnet.co.uk/housingnet-news-html/bridges_support_project2497.html](http://www.housingnet.co.uk/housingnet-news-html/bridges_support_project2497.html)
East Hants Locality Team, 01730 403005, sue.collis@hants.gov.uk, therapeutic_art@yahoo.co.uk
(CSI)

**Fareham & Gosport Family Aid – Children and Young People Domestic Abuse Service**
The service provides support for children and teenagers who have witnessed or experienced domestic abuse. The service is free, confidential and non judgmental and is available to all children and teenagers living within the boroughs of Fareham and Gosport.
Where children are concerned, the ethos of the service is that Parents know their children best. They will listen to Parents and Professionals to ascertain their concerns and work closely with them to ensure children receive the best possible support. Services include: behaviour issues; contact issues; emotional support; parent/child relationship issues; anger management; confidence and self-esteem building; support with school and pre school and keeping safe. The aim is to build and maintain relationships through play and to deal with all the problems listed above in a fun and age appropriate way. Signposting to other support services is also offered. FGFA CYPT are able to work with any Child or Young Person whose parent has received Support from their Floating Support Team.
Access: self referral and referrals from professionals.

Fareham & Gosport Family Aid Children and Young Persons’ Service
At Community Action Fareham,163 West Street, Fareham, PO16 0EF
01329 285375, fgfa@btconnect.com
(CSI)

**Hampton Trust Turnaround Project**
Turnaround is a programme run by The Hampton Trust for young people that have been affected by domestic abuse.
[www.hamptontrust.org.uk](http://www.hamptontrust.org.uk)
The Hampton Trust, Fairways House, Mount Pleasant Road, Southampton, SO14 0QB.
07779 999 949, 023 8021 3520, fax 023 8021 3530, turnaround@hamptontrust.org.uk
(CSI)

**Hampton Trust ADAPT (Domestic Abuse Prevention Programme)**
ADAPT aims to increase the safety of women and children at risk from domestic abuse by offering a prevention mode.
[www.hamptontrust.org.uk](http://www.hamptontrust.org.uk)
The Hampton Trust, Fairways House, Mount Pleasant Road, Southampton, SO14 0QB.
023 8021 3520, fax 023 8021 3530
(CSI)
<table>
<thead>
<tr>
<th><strong>Havant Women’s Aid – Domestic Abuse Services including A19 Young People’s Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides services in Havant for men, women and children who have experienced or are experiencing emotional, physical or sexual abuse. Also A19 youth group for children and young people aged 9-16 years.</td>
</tr>
</tbody>
</table>

**www.hwaid.org**

Havant Women’s Aid, PO Box 53, Havant, PO9 1UA

023 9248 0246, admin@hwaid.org

(CSI)

<table>
<thead>
<tr>
<th><strong>One 2 One 4U</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Domestic abuse service for young people.</td>
</tr>
</tbody>
</table>

023 9248 0246, one2one4u@hwaid.org
Drug and alcohol services

Hampshire DAAT Drug and Alcohol Action Team
Information and support for adults and young people in Hampshire who are experiencing problems with drugs or alcohol, or concerned about their own or somebody else’s drug or alcohol use. Ages 18+.
Access: self referral and referrals from professionals.
www.hants.gov.uk/education/dat

Havant Team, The Orion Centre, Dunsbury Way, Leigh Park, Havant, PO9 5BG
023 9245 1500
Fareham Team, Avalon Centre, Fareham Health Centre, Civic Way, Fareham, PO16 7ER
01329 235353

Substance Misuse – Catch 22: 24/7 Hampshire
Catch22 Hampshire 24/7 is the confidential specialist substance misuse treatment service for young people under 18 years of age, who live in Hampshire. Catch22 will see anyone under 18 who:
• Has a problem with drugs, alcohol, legal highs or solvents
• Is living in Hampshire (excluding Portsmouth or Southampton)
• Has concerns about what they are taking, how it is affecting them and wants to make changes to reduce their use or stop altogether.
The team of experienced drug/alcohol workers specialise in working with young people, at a place that is comfortable and relaxed and is local such as school, college or youth project.
Access: self referral, parents/carers, or anyone who already is working with or is worried about the young person. The person making the referral will be asked whether agreement has been given to the referral as young people cannot work with young people who have not given their consent.

Catch22 can also see young people aged 11-16 years old in educational settings, who are at risk of using:
• Drugs
• Alcohol
• Legal Highs
• Solvents
or is at risk of exclusion due to their drug or alcohol use.
Access: school staff and school nurses.
www.catch-22.org.uk/247
0845 4599405, fax 0844 2640771

The PRISM Network (Processing Referrals Involving Substance Misuse)
The PRISM Network aims to increase social inclusion and promote improved educational outcomes for vulnerable pupils who may be involved in substance misuse. The substances include solvents, alcohol and illegal drugs. The PRISM Network provides specialist advice and consultation to school staff on the management of pupils with substance misuse related problems, within a school setting; and specialist support at a targeted level for young people engaged in substance misuse. Ages 10-16 years.

Please note that from 1 April 2013 the service will have a new name.

The PRISM Network, c/o Nicola Fogg, Support Services Manager, Educational Psychology, Hampshire County Council Children’s Services, Havant Public Services Plaza, Civic Centre Road Havant, PO9 2AX
023 9244 1496
Targeted Services

Behaviour Support Team
Working together to support children in school. The Behaviour Support Team works proactively to support children with behavioural, emotional and social difficulties in school. The Team works predominantly at primary school level and one transition from KS2 to KS3 and works with children, families and schools. Requests for support are taken from schools. Parents can request support from their child’s school.
Access: requests for support are taken from schools. Parents can request support from their child’s school.
Havant Behaviour Support Team, c/o Padnell Infant School, Padnell Avenue, Cowplain, Waterlooville, PO8 8DS
023 9226 1843

Fareham and Gosport Behaviour Support Team, c/o Woodcot Primary School, Tukes Avenue, Bridgemary, Gosport, PO13 0SG
01329 286750, fax 01329 289652

Educational Psychology Service
The service responds to requests for involvement/assistance in meeting the needs of children and young people with a wide range of learning and emotional needs. The service works in partnership with schools, parents/carers, voluntary organisations, health service and Local Authority departments. Approaches involve consultation with relevant adults and may include direct work with the child or young person. The informed consent of parents/carers or the young person is required. Services are also provided to support the development of practice in schools, pre-schools and other organisations. 0-19 years.
Access: requests for support are taken from schools.
Havant and Fareham & Gosport Community Teams, Children’s Services Department Local Office, River Way, Havant, PO9 2EL
023 9244 1496

Education Inclusion Service
Full time provision for permanently excluded pupils at Education Centres. Provision and support for emotionally unwell and physically sick children. Intervention programmes to prevent primary and secondary exclusion. Virtual Learning IT team.
Access: referrals from professionals.
Children’s Services Department, Local Education and Inclusion Office, Alton Health Centre, Anstey Road, Alton GU34 2QX.
02392 441507, fax 02392 498174, Area Strategic Manager, David Retter, david.retter@hants.gov.uk

Education Welfare Service and Locality Teams
The Education Welfare Service is now incorporated within the locality teams across Hampshire and provides a service for children where there are concerns about attendance. Locality teams advise and assist agencies on the Common Assessment Framework (CAF) and Team Around the Child (TAC) processes.
Access: self referral and referrals from professionals.
Havant Locality Team, Oakleigh Family Centre, 200 Dunsbury Way, Havant, PO9 5BG
023 9247 5503, Locality Team Manager, Lorraine Spacey, lorraine.spacey@hants.gov.uk
NSPCC
The NSPCC is running three new services under the themes of ‘Neglect’ and ‘Physical Abuse in high risk families’.

Improved Parenting, Improved Partnership (IPIP)
- For children aged 4-10 where there are concerns of neglectful parenting.
- Triple P Pathways@ 10 week parenting programme 1:1 with parents in the home.
- Video Interactive Guidance: short video of parent/child interactions (6-8 sessions) identifying strengths and positives to reverse neglectful behaviours.

Family SMILES (Simplifying Mental Illness plus Life Enhancing Skills)
- For children aged 8-14 whose parent/carer has a mental illness.
- 8 weeks of group sessions for child and 6 individual sessions with parents alongside, development of a ‘Family Safety Plan’ at end of group.

Evidence Based Decisions
- Time limited assessments using North Carolina Assessment Scale (+2 to -3) identifying action plan and capacity to change.
- For children 0-18 who are subject to a child protection plan, or complex needs, regarding significant concerns of neglectful parenting to assist the Local Authority in decision making and to prevent delay/drift in the system.

Access: referrals from professionals.
www.nspcc.org.uk
NSPCC Southampton Service Centre, 21 The Avenue, Southampton, SO17 1XL
023 8024 8180

The Hampshire Portage service

Core Portage
Core Portage is a home visiting service for children who have significant delay in at least two areas of their development. An individual, flexible package of support will be provided depending on the needs of the child and family through regular home visits. The Portage service recognises that parents and carers know their children best and the Portage home visitor builds on that knowledge. The Portage home visitor will work with families to plan activities so that the child learns new skills in small achievable steps. Portage home visitors will also liaise with early years settings and schools to ensure a smooth transition for children when appropriate.

Portage Plus
Portage Plus is for families of pre-school children with significant behaviour difficulties. This support includes visits to the child’s early years setting as well as to the home environment. These visits are designed to identify specific areas of concern and support with suggested strategies. If appropriate, prior to school entry, the Portage practitioner will link with the child’s receiving school and other agencies to ensure a smooth transition.

Portage Outreach service
Portage Outreach is a service offered to early years settings for any child whose development causes concerns at Early Years Action Plus stage. Some children will meet the developmental criteria for Core Portage, but may not receive home visits because they receive a high number of hours at the setting or it is agreed that the focus of support should be in the setting due to preparation for school.
For more information on Portage services go to [www.hants.gov.uk/childcare/portage](http://www.hants.gov.uk/childcare/portage)

Access: referrals from professionals.

Havant area
Hampshire Portage service, Mill Hill Children’s Centre, Mill Road, Waterlooville, PO7 7DB
023 9226 1057

Fareham & Gosport area
Hampshire Portage service, Haven Children’s Centre, Harris Road, Bridgemary, Gosport. PO13 0UY
01329 283498

East Hants (South) area
Hampshire Portage Service, Bushey Leaze Children Centre, Eastbrooke Road, Alton, GU34 2DR
01420 80862

<table>
<thead>
<tr>
<th>Youth Crime Prevention Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Youth Crime Prevention Team works with children and young people who are at risk of getting involved with crime and anti-social behaviour. Children are identified by a wide range of agencies and a multi-agency panel agrees the support required. It is voluntary and the children and parents must agree to the support. One-to-one support is available for parents as well as parenting programmes. Ages 10-16 years. Access: referrals from professionals.</td>
</tr>
</tbody>
</table>

| Havant Team, Oakleigh Family Centre, 200 Dunsbury Way, Leigh Park, Havant, PO9 5BG |
| 023 9247 5503, Case Workers – Gina O’Neill 07841 492521, Emma Bailey 07912 341135 |

| Fareham and Gosport Team, Children’s Services, Neville Lovett School Site, St Anne’s Grove, Fareham, PO14 1JJ |
| 01329 820330, Case Workers – Liz Hubbuck 07872 827235, Tanya Leigh 07872 827239 |

| Petersfield Team, East Hants District Council, Penns Place, Petersfield, GU31 4EX |
| 01730 234189, Case Workers – Sophie Kynoch 07872 827237, Laura Crassweller 07872 827321 |
Specialist Services

Hampshire Specialist CAMHS – Primary Mental Health Service
For children and young people who are experiencing mild to moderate worries or problems including disruptive behaviour, depression, anxiety, eating disorders or developmental problems. The service offers short-term (6-8 sessions) usually delivered through home visits. Ages 0-18 years.
Access: referrals from professionals.

Hampshire Primary Mental Health Service, Havant and Petersfield, Children’s Services, The Old Gymnasium, Fort Southwick, James Callaghan Drive, Fareham, PO17 6AR
023 9222 4560

Hampshire Primary Mental Health Service, Fareham and Gosport, 2nd Floor, Osborn Centre, Osborn Road, Fareham, PO16 7ES
01329 822220, hamp-pct.camhs-oc@nhs.net

Hampshire Specialist CAMHS
For children and young people who are experiencing severe worries or problems, including disruptive behaviour, depression, anxiety, eating disorders or developmental problems. The service focuses on the most serious or complex situations, which can be managed on an ‘out patient’ basis.
Access: referrals from professionals.

Hampshire Specialist CAMHS Havant, Children’s Services, The Old Gymnasium, Fort Southwick, James Callaghan Drive, Fareham, PO17 6AR
023 9222 4560

Hampshire Specialist CAMHS Fareham and Gosport, 2nd Floor, Osborn Centre, Osborn Road, Fareham, PO16 7ES
01329 822220, hamp-pct.camhs-oc@nhs.net

Clinical Psychology
Assesses and advises on emotional, behavioural and learning difficulties and help the child or young person develop new ways of thinking and behaving. Ages 0-18 years.
Access: referrals from professionals.

Clinical Psychology, 2nd Floor, Osborn Centre, Osborn Road, Fareham, PO16 7ES
01329 822220, fax 01329 282136
Early Intervention in Psychosis Service
The Early Intervention in Psychosis Service aims to engage people who are experiencing their first episode of psychosis. The service offers evidence based clinical interventions centred around education about psychosis, alongside pharmacological, psychological, social and family based interventions. The service also aims to increase the knowledge about early signs of psychosis for staff working in primary care, schools and all public and voluntary sectors who may come into contact with individuals who may be at risk of first episodes. Ages 14-35 years.
Access: referrals from professionals, voluntary organisations, friends and family members, self referral.

Early Intervention in Psychosis Service, Access and Assessment Team, Osborne Centre, Osborne Road, Fareham, PO16 7ES
01329 288331
Team Leader, John Hartill, john.hartill@nhs.net

Paediatrics
For children and young people experiencing psychological difficulties as a result of an underlying medical condition. Also a clinic for pre-schol and Year R children with social communication disorders such as Autism or Aspergers. Ages 0-18 years.
Access: referrals from professionals.

Paediatrics, Children’s Services, The Old Gymnasium, Fort Southwick, James Callaghan Drive, Fareham, PO17 6AR
023 9222 4538