

Services for Young Children

Parents/ Carers Update – December 2018

Included this month: Apply or re-confirm for 30 hours childcare/Tax-Free Childcare, National Parent Support Service, and Helpful Guide for Families with Disabled Children.

Looking to apply for 30 hours childcare or Tax-Free Childcare?

Time is running out if you want to access 30 hours childcare for your child from January 2019. Apply now at [Childcare Choices](#) to ensure you have your code in time.



If your child is already receiving 30 hours childcare or Tax-Free Childcare make sure you re-confirm your information for the funding to ensure that your child continues to receive their entitlement. To re-confirm your details visit [Childcare Choices](#). Parents must access their childcare account to re-confirm details.

Just applied for funding and have your code? Make sure you have given your childcare provider your eligibility code so they can offer you a funded place for your child.

This includes codes for children who are eligible for the **2 Year Old Early Years Education**.



Building stronger families

National Parent Support Service

Being a parent or carer to a child or young person can often be difficult without emotional support and guidance there to help. Many parents feel confused by what information is available or struggle to access services

close to home. The [Family Action](#) free National Parent Support Service tackles these issues in a new and innovative way by using a network of 'virtual' [volunteers](#) from across the country to support parents and carers through telephone calls, email and text message. The service is open weekdays 6pm to 10pm and weekends 10am to 1pm. Longer-term support is also available through the free befriending and counselling services.

Contact the National Parent Support Service:

Freephone 0808 802 0222

Text: 07537 404 282

Email NDPSS@family-action.org.uk

Helpful Guide for Families with Disabled Children

contact For families with disabled children

Contact has published *The Helpful Guide for Families with Disabled Children*, a comprehensive companion for all parents about the many ways Contact can support you. If you'd like a copy of their guide, simply [complete their online application form](#). They will send you a copy within a couple of weeks. If you care for a disabled child and need advice, support or information, please call Contact's free helpline on 0808 808 3555 to talk to one of our expert advisers who can offer detailed, one-to-one advice to families with disabled children.