



Services for Young Children

Next steps for Healthy Early Years and Schools in Hampshire

You are invited to join us and other colleagues from across Hampshire's nurseries and schools, to inform and shape our approach to health in all 0 - 19 educational settings, building on the previous healthy early years and schools work.

During this FREE half-day interactive workshop you can share your thoughts and experiences of health-related issues (such as emotional wellbeing and mental health, healthy weight, being active, and sleep) and highlight how staff and settings can be further supported with these, including any training needs.

Workshop:	Resilient Children, Positive Futures - Health in Educational Settings
Target audience:	This event is open to any Early Years setting staff you feel would benefit from being involved, from any type of Early Years educational setting – nursery, pre-school, childminder
Date:	Monday 26 November 2018
Venue:	Ashburton Hall, Hampshire County Council, Elizabeth II Court, Winchester, SO23 8UJ
Sessions available:	Morning session: 9:45 – 12:30 OR Afternoon session: 13:30 – 16:15
Registration:	9:15 OR 13:00
'Hot Topic' session:	As part of the workshop there will be a 60min session for you to share your thoughts on 3 'Hot Topics' (20mins each). These are: <ul style="list-style-type: none">• Navigating Transition: Phonics, School Readiness• Special Needs, Behaviour, and Care Plans• Health, Educational Attainment and the Curriculum Links• Mental Health and Emotional Wellbeing• Statutory Relationship and Sex Education (including Health)• Supporting Families and Early Help• Social media (including gaming behaviours and impact on sleep)

Booking:	Book your place via EventBrite by 19 November 2018
Further information:	<p>Hot Topics:</p> <p>Once you have booked you will be asked to select 3 topics from the 'hot topics' list, which you would like to contribute to. If we don't get a reply by Monday 19 November we will randomly assign you to groups.</p> <p>Getting to the venue:</p> <p>The venue is accessible from the Winchester Park and Ride bus stops and can be found opposite HCC. We are a short walk from Winchester Train Station. Paid parking can be found in the Tower Street car park.</p>
Contact:	<p>If you have any questions about the event, please contact: Megan Saunders, Health in Educational Settings Public Health Practitioner on either:</p> <ul style="list-style-type: none"> • Email:- megan.saunders@hants.gov.uk • Telephone: - 02380 383319.

<https://www.eventbrite.co.uk/e/resilient-children-positive-futures-health-in-educational-settings-tickets-50686745420>