



Services for Young Children

Hart and Rushmoor Family Support Service News

The Family Support Service can offer free parenting courses and workshops to support families at both Level 2 and Level 3. The courses are designed to meet the challenges faced by all parents on the journey of a child's lifetime from birth to teenager.

The workshops can range from an hour to 12 week courses, our courses cover early communication, challenging behaviours, understanding teenagers, sexual health and healthy eating. For details of dates, times, venues and referral forms please email hartandrushmoor.earlyhelp@hants.gov.uk.

We also have our duty consultation line which is open to professionals only, Monday to Friday 8.30am to 12.30pm on 01252 796324 for advice and guidance on what support is available for families or how to refer to one of our parenting programmes.